

**Return to:** Guidance Office

WAHCONAH REGIONAL HIGH SCHOOL  
**STUDENT ACTIVITY SHEET**

NAME:

SCHOOL ACTIVITIES: (include position(s)/contributions):

ATHLETIC PARTICIPATION: Cheerleading 2020-2021

COMMUNITY ACTIVITIES:

WORK EXPERIENCE:

HONORS/ AWARDS: (School/Community)

SPECIAL INTERESTS/HOBBIES:

Comment on the value of these experiences to you:

LONG RANGE GOALS: What are your plans for after high school graduation? (select one).

College

Vocational/Technical Program

Employment

Military

Other

WAHCONAH REGIONAL HIGH SCHOOL

**Parent "Brag Sheet"**

Student Name:

1. If you had to describe your son or daughter in five adjectives or short phrases, what would they be?

2. What do you consider to be your son or daughter's outstanding traits? What makes your child special?

3. In what areas has your son or daughter shown the most development and growth during the past three or four years?

4. What do you consider to be the outstanding accomplishments of your son or daughter in their high school years?  
Why did you select these as most important?

5. Are there any circumstances which have affected your son or daughter's educational or personal experiences?

6. Additional comments (optional):

Parent Signature:

WAHCONAH REGIONAL HIGH SCHOOL  
**Student "Brag Sheet"**

Student Name:

Dear Senior:

The responsibility of the person who will write your recommendation letter is to provide a summary of your academic and extracurricular achievement. The letter presents some sense of your promise for further personal and intellectual growth. Conveying your "unique" qualities is not an easy task. Therefore, we would appreciate your giving us an honest evaluation of yourself, what you have done, and what you have left to do. Please take the time to think about who you are, and where you are headed. Do not limit your responses to what has happened to you in school: include experience drawn from any part of your life.

Thank you,  
WRHS Guidance Department

1. What are possible academic majors or career choices for you? Why have you made these choices? (It's fine not to know, but discuss why and tell of your plans to decide on a major/career).

2. What project/learning activity have you learned the most from at WRHS?

3. What circumstances, if any, have affected your academic performance?

4. List five adjectives or short phrases that could be used to best describe you in a letter of recommendation.

5. What is the best decision you have ever made? What makes that so?

6. How have you grown or changed in high school?

7. What is your proudest academic accomplishment?

8. Describe your most meaningful personal experience/activity and why this is so.

9. In writing this letter of recommendation, what can I say about you that you feel will be helpful, and truthful, in support of your application?