

## DISTRICT HEALTH AND WELLNESS POLICIES

Peaster ISD has adopted policies in compliance with Education Code 28.004 organizing a School Health Advisory Committee. See District Policy BDF

1. District policy EHAA, EHAB, and EHAC provides explanation of the minimum requirement for physical activity.
2. The SHAC meets four times annually. For dates and times of meetings please contact Samantha Seli at (817)341-5000 extension 1022 or [sseli@peaster.net](mailto:sseli@peaster.net)
3. District policies concerning compliance with nutrition standards and student access to vending machines are found in District policy FFA and CO.
4. District policies and procedures concerning tobacco products are located in District policy FNCD, GKA, and in the student code of conduct.

Students in grades 3-12 participate in a physical fitness assessment. Parents may request, in writing, their child's physical fitness results at the end of the school year.