

**AMHERST STEELE FOOTBALL**  
**2023 PARENT MEETING**  
**JUNIOR HIGH : 4/18/2023**



**PASSION, COMMITMENT, EXECUTION**



# 2023 JUNIOR HIGH COMETS

ALL GAMES PLAYED AT HIGH SCHOOL

PASSION.COMMITMENT.EXECUTION



**NORTH ROYALTON**  
8/15/23



**MIDVIEW**  
9/5/23



**AVON**  
9/26/23



**AVON**  
8/22/23



**BEREA-MIDPARK**  
9/12/23



**ELYRIA**  
10/3/23



**AVON LAKE**  
8/29/23



**NORTH RIDGEVILLE**  
9/19/23



**OLMSTED FALLS**  
10/10/23

# COMMUNICATION



- **COACH LIMPert**

- **EMAIL: [jon\\_limpert@amherstk12.org](mailto:jon_limpert@amherstk12.org)**

- **REMIIND 101:**

- **7TH TEXT 81010 - @AJH7THFB**

- **8TH TEXT 81010 - @AJHFB23**

- **COACH THOME → VARSITY**

- **[tom\\_thome@amherstk12.org](mailto:tom_thome@amherstk12.org)**





# PASSION

**PASSION FOR WHO WE ARE, WHAT WE DO, AND WHO WE ARE DOING IT WITH. WE CONTROL OUR ATTITUDE AND MUST DO EVERYTHING WITH GREAT ENERGY.**

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**I WILL WORK HARD AND FOCUS ON THE PROCESS, NOT AS A RESULT OF OBLIGATION, BUT OUT OF A TRUE DESIRE TO IMPROVE AND BECOME THE BEST VERSION OF ME POSSIBLE.**







# COMMITMENT

BEING A "COMET" FOOTBALL PLAYER IS AN ALL THE TIME  
THING. WE CONTROL THE TYPE OF TEAMMATE WE WANT TO  
BECOME. I WILL HOLD MYSELF AND MY TEAMMATES  
ACCOUNTABLE TO THE STANDARDS OF BEING A COMET.

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# EXECUTION

**WORK TO FINISH. WE CONTROL OUR EFFORT. I WILL HELP  
ME AND MY TEAMMATES REALIZE OUR DREAMS OF  
GREATNESS THROUGH HUMAN ACTION.**

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# FORMS

**ALL FORMS DUE JULY 31 to COACH OR JH AD Draga: PACKET CAN BE FOUND**

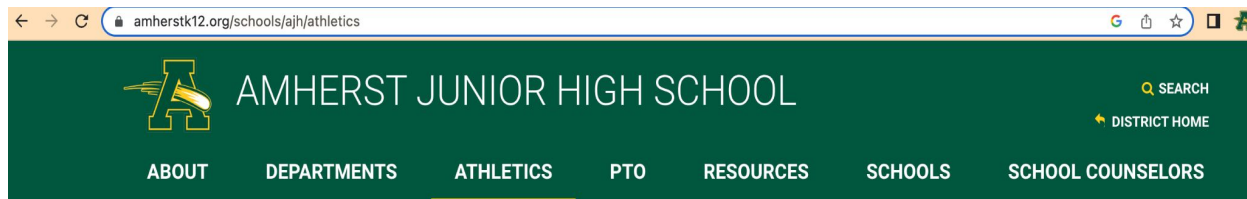
## ONLINE

### 1. PHYSICAL

### 2. PAY TO PARTICIPATE

### 3. INSURANCE WAIVER

### 4. EMA



## ATHLETICS

### Athletic Documents

All students who intend to try out for extra-curricular athletics must have a current OHSAA physical on file prior to trying out. Physical packets can be downloaded from this page or picked up in the AJH office.

2022-2023 AJH Athletics Packet

2022-2023 OHSAA Physical Form

- AJH Athletic Handbook

AJH Athletic Handbook

+ OHSAAA Preseason Meeting Presentation - IMPORTANT

+ SWC Event Locations and Addresses

+ Transportation Forms



# June 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> LAST DAY OF SCHOOL EARLY RELEASE	<b>2</b>	<b>3</b>
<b>4</b>	<b>5</b> JH WORKOUTS 11:00AM-12:30PM	<b>6</b> JH WORKOUTS 11:00AM-12:30PM	<b>7</b>	<b>8</b> JH WORKOUTS 11:00AM-12:30PM	<b>9</b>	<b>10</b>
<b>11</b>	<b>12</b> JH WORKOUTS 11:00AM-12:30PM	<b>13</b> JH WORKOUTS 11:00AM-12:30PM	<b>14</b>	<b>15</b> JH WORKOUTS 11:00AM-12:30PM	<b>16</b>	<b>17</b>
<b>18</b>	<b>19</b> JH WORKOUTS 11:00AM-12:30PM	<b>20</b> JH WORKOUTS 11:00AM-12:30PM	<b>21</b>	<b>22</b> JH WORKOUTS 11:00AM-12:30PM	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b> JH WORKOUTS 11:00AM-12:30PM	<b>27</b> JH WORKOUTS 11:00AM-12:30PM	<b>28</b>	<b>29</b> JH WORKOUTS 11:00AM-12:30PM	<b>30</b>	
		<b>Notes: SUBJECT TO CHANGE, CHANGES WILL BE POSTED ON REMIND:7TH TEXT 81010 - @AJH7THFB            8TH TEXT 81010 - @AJHFB23</b>				

# July 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Forth of July	5	6 JH WORKOUTS 11:00AM-12:30PM	7	8
9	10 JH WORKOUTS 11:00AM-12:30PM	11 JH WORKOUTS 11:00AM-12:30PM	12	13 JH WORKOUTS 11:00AM-12:30PM	14	15
16	17 JH WORKOUTS 11:00AM-12:30PM	18 YOUTH CAMP 11:00-1:00pm	19 YOUTH CAMP 11:00-1:00pm	20 JH WORKOUTS 11:00AM-12:30PM	21	22
23	24 JH WORKOUTS 11:00AM-12:30PM	25 JH WORKOUTS 11:00AM-12:30PM	26	27 JH WORKOUTS 11:00AM-12:30PM	28	29
30	31 MANATORY PRACTICE 7:30 AM-9:30 AM arrive no later than 7:15	Notes: SUBJECT TO CHANGE, CHANGES WILL BE POSTED ON REMIND:7TH TEXT 81010 - @AJH7THFB 8TH TEXT 81010 - @AJHFB23				



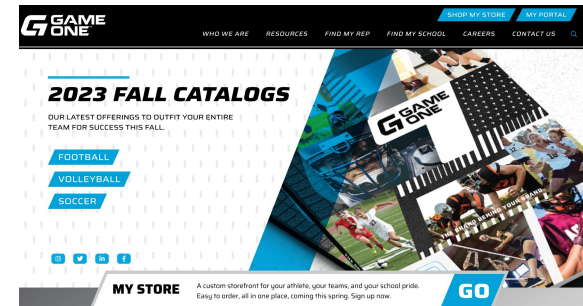
# August 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Practice 7:30 AM-9:30 AM arrive no later than 7:15	<b>2</b> Practice 7:30 AM-9:30 AM arrive no later than 7:15	<b>3</b> Practice 7:30 AM-9:30 AM arrive no later than 7:15	<b>4</b> Practice 7:30 AM-9:30 AM arrive no later than 7:15	<b>5</b>
<b>6</b>	<b>7</b> Practice 7:30 AM-9:30 AM arrive no later than 7:15	<b>8</b> Practice 7:30 AM-9:30 AM arrive no later than 7:15	<b>9</b> Practice 7:30 AM-9:30 AM arrive no later than 7:15	<b>10</b> Practice 7:30 AM-9:30 AM arrive no later than 7:15	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b> Practice 7:30 AM-9:30 AM arrive no later than 7:15	<b>15</b> 8th Scrimmage (H) N. Royalton MS TBA 7th Scrimmage (A) N. Ridgeville MS TBA	<b>16</b> Practice 7:30 AM-9:30 AM arrive no later than 7:15	<b>17</b> Practice 3:00pm-5:00pm	<b>18</b> Practice 3:00-4:30pm	<b>19</b>
<b>20</b>	<b>21</b> Practice 3:00pm-5:00pm	<b>22</b> 8th (A) Avon MS Purple 4:30 7th (H) Avon MS Purple 4:30	<b>23</b> Practice 2:30pm-5:00pm	<b>24</b> Practice 2:30pm-5:00pm	<b>25</b> Practice 2:30pm-4:30pm	<b>26</b>
<b>27</b>	<b>28</b> Practice 2:30pm-5:00pm	<b>29</b> 8th (H) AL Learwood 4:30 7th (A) Learwood 4:30	<b>30</b> Practice 2:30pm-5:00pm	<b>31</b> Practice 2:30pm-5:00pm		
		<b>Notes: SUBJECT TO CHANGE, CHANGES WILL BE POSTED ON REMIND:7TH TEXT 81010 - @AJH7THFB</b> <b>8TH TEXT 81010 - @AJHFB23</b>				

# Summer Events

1. Standard Times
2. WEEKENDS OFF
3. FUNDRAISING
  - a. WINNING EDGE COUPON BOOK !!!!
4. Spirit Gear Sale: Twice Once end of May and again July
  - a. GAME ONE
5. YOUTH CAMP
  - a. JULY 18TH-19TH







# AMHERST STEELE FOOTBALL

YOUTH AND JUNIOR HIGH FOOTBALL CAMP

**JULY 18TH-19TH**

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**PASSION . COMMITMENT . EXECUTION**



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**DATES:** JULY 18TH AND 19TH

**TIMES:** GRADES 1-4 (9:00 AM-11:00 AM)

GRADES 5-6 (11:00AM-1:00PM)

GRADE 7-8 (11:00AM-1:00PM)

**\* REGISTRATION BEGINS 15 MINS BEFORE CAMP START TIME/WALK-UPS WELCOMED**

# Player Expectations

## Player Expectations

- Players will attend and be on time to all team practices, study halls, and meetings.
- Players will be prepared for every practice and meeting.
- Players will be expected to maintain good academic standing.
- Players will attend and be on time to all scheduled classes.
- Players will exhibit exemplary behavior on campus, in the classroom, and in the community.
- Players will treat other players and staff with respect at all times.
- Players will act as ambassadors of the Amherst Steele Football Program.
- Players will give 100% effort at all times.
- Players will value what is the best for the TEAM above individual desires.

## The Team Rules

*Do Right!*

*Be Dependable!*

**When faced with a decision, a player should ask:**

- Is this going to help me graduate?
- Is this going to help me be a better football player?

**All players should know the answers to:**

- Why do you play?
- What does this team mean to you?



# Amherst Steele ATTENDANCE POLICY

- Practices, Meetings and Games are mandatory, and your attendance is required at all times. It is recommended that all appointments be scheduled accordingly to not miss practice. The attendance policy for the Football program is as follows: IF YOU DON'T PRACTICE YOU DON'T PARTICIPATE
  - If an athlete chooses to miss practice a first time, they will serve a  $\frac{1}{4}$  game suspension
  - If the athlete chooses to miss a second time, they will serve a  $\frac{1}{2}$  game suspension.
  - If the truancy from practice continues a third time a meeting will be scheduled with the athlete and parent/guardian to discuss how much they truly wish to be a part of this team. Truancy shows a lack of commitment to the team and will not be tolerated. The Student Athlete may be removed from the team.
  - The Head Football Coach reserves the right to excuse an absence for an unforeseen instance or family emergency. The Head Football Coach's decision will be final.
  - Regardless of the reason for absence or what number of absence it is, the student athlete and/or parent should communicate/notify the Head Coach of the absence.

# Amherst Steele Expectations for Parents and Guardians



- Parents are expected to think highly of their student athlete's ability.
- Parents are expected to respect the player's high level of commitment to the Amherst Steele Football Program.
- Parents are expected to match the player's commitment to the Amherst Steele Football Program.
- Coaches are not permitted to discuss issues involving playing time, player utilization, scheme or play calling with parents.
- In the case of a problem or concern first contact the head coach of the appropriate level, then Coach Thome and if you are not satisfied; contact the Athletic Director.
- Understand that preventing the player from meeting the Player Expectations will result in him receiving disciplinary actions as outlined earlier.
- In a team sport, any absence affects the entire team, not just the specific individual.
- **The Amherst Steele Football Program needs your support. Be Positive.**

## Successful Football Parent Tips



- Don't put your student athlete down
- Don't offer excuses for your student athlete if he is not playing – encourage him to work hard and do his best, this is all he can control.
- Insist on good grades – don't let football be an excuse for declining academic standards
- Have faith in the coaches – the coaches are professionals and not recreational coaches.
- Encourage your student athlete to play for the love of the game, not a scholarship – A college scholarship is something that a player or parent cannot control.
- Worry about the things you can control and enjoy your time in high school. If a scholarship comes, it will be an added bonus.



- ***To discuss a concern/issue, the following procedure must be followed:***
  - Call the school or e-mail the Coach to make an **appointment to meet**. If the concern/issue has validity; the AD expects that the item first be discussed directly with the Head Coach.
  - Do not attempt to confront a Coach before, during or after a contest. This is an emotional time for all parties and generally does not allow for objective analysis or rectification of an issue.
  - Under no circumstances, except in those instances of rule/policy infringement, will a conference with a coach have an adverse consequence on the standing of the athlete.
- ***Concerns/Issues NOT open to discussion with parent/guardians:***
  - Playing time: the **student athlete** must discuss playing time with the Coach.
    - Playing time consist what position and how your student athlete is used
    - Team strategy Team strategy consist of schemes
    - Comparisons of one student-athlete to another.
    - Other students' and/or athletes' academics, discipline, injury, etc. It is both impolite & illegal.
- ***Concerns/Issues that Coaches would love to discuss with parent/guardians:***
  - The mental and/or physical treatment of your student athlete.
  - Areas of needed skill improvement and development opportunities for your student athlete.
  - Concerns about your student athlete's behavior, attitude, and/or classroom performance.



# GAME DAY ACCESSORIES



- SOCKS – White
- SHOES – Must be BLACK/WHITE or a combination of BLACK w GREEN
- CLOTH – White
- PINK – One Game will be designated
- NO BANDANAS or EARRINGS (safety)
- NO OTHER SCHOOLS GEAR SHOULD BE WORN





# AMHERST STEELE FOOTBALL

**THE PURPOSE OF THE AMHERST STEELE HIGH SCHOOL FOOTBALL PROGRAM IS TO ADD VALUE TO THE LIVES OF THE YOUNG PEOPLE IT SERVES. THIS IS ACCOMPLISHED BY EMPHASIZING THE QUALITIES OF DIGNITY, INTEGRITY, GRATITUDE, AND A WILLINGNESS TO SERVE OTHERS.**

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**COMET FOOTBALL DEVELOPS "UNCOMMON" STUDENT ATHLETES.**





# QB CLUB

WE NEED YOUR SUPPORT

VOLUNTEER FOR LEVELS

FOR GAMES

EX: JH—> VARSITY

NEXT MEETING

- MON 4/24 –7pm

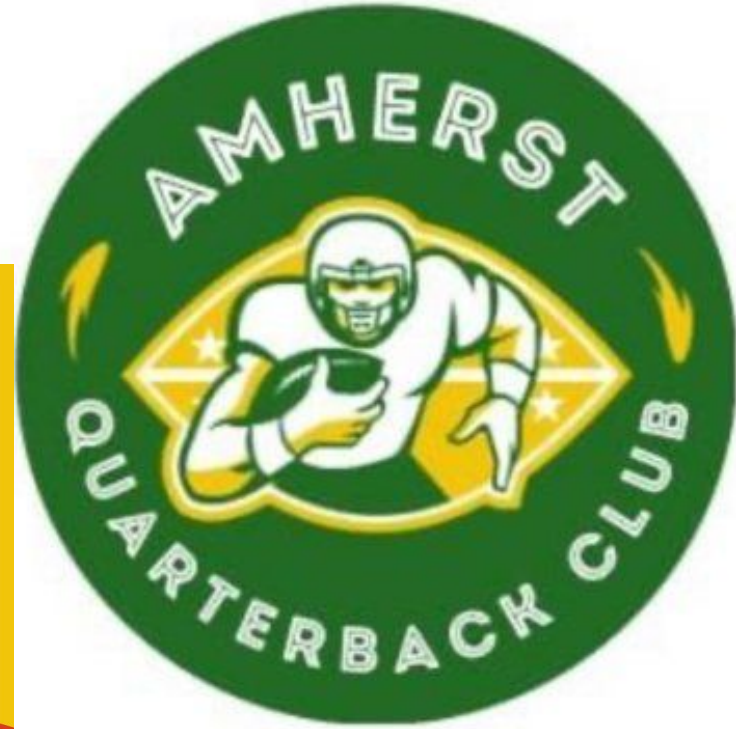


**AMHERST FOOTBALL  
DINE TO DONATE  
TUESDAY APRIL 25**



**DINE IN TO SUPPORT COMET  
FOOTBALL GRADES 7-12**

LOCATION: 7600 LEAVITT RD AMHERST, OH  
HOURS: 3PM-8PM  
LET YOUR SERVER KNOW YOU SUPPORT  
AMHERST FOOTBALL!



# QUESTIONS ??

