

MAY | 2023

JMES BREAKFAST MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Assorted Muffins Fruit or Juice Milk	2 Waffles w/ Syrup Fruit or Juice Milk	3 Cinnamon Roll Fruit or Juice Milk	4 Sausage Gravy w/ Biscuit Fruit or Juice Milk	5 Pancakes w/ Syrup Fruit or Juice Milk
8 Cinnamon & Sugar Donut Fruit or Juice Milk	9 French Toast Sticks Fruit or Juice Milk	10 Apple Frudel Fruit or Juice Milk	11 Breakfast Sandwich (Egg, Cheese, Sausage) Fruit or Juice Milk	12 Assorted Muffins Fruit or Juice Milk
15 Waffles w/ Syrup Fruit or Juice Milk	16 Glazed Mini Donuts Fruit or Juice Milk	17 Scrambled Eggs w/ Turkey Sausage Link Fruit or Juice Milk	18 Apple Frudel Fruit or Juice Milk	19 Pancakes w/ Syrup Fruit or Juice Milk
22 Assorted Muffins Fruit or Juice Milk	23 Breakfast Pizza Fruit or Juice Milk	24 French Toast Sticks w/ Syrup Fruit and Juice Milk	25 W/G Glazed Mini Donuts Fruit or Juice Milk	26 Apple Frudel Fruit or Juice Milk
29 Memorial Day NO CLASSES	30 Apple Cinnamon Texas Toast Fruit or Juice Milk	31 Pancake Sausage Wrap Fruit or Juice Milk	1	2

Breakfast \$1.50
Reduced \$.30

Lunch \$2.60
Reduced \$.30

Milk \$.50
(Served w/ every meal)

Extra Milk, Water
Bottles, and Snacks
available to purchase.

Entrée Substitutions
PB&J Uncrustables,
Yogurt and String
Cheese, Or Salad.

No Charging Allowed
for JMES Students.

Menu is Subject to
Change.

This Institution is an
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