

**Board of Trustees
Douglas County School District**

STUDENTS

DRUG/ALCOHOL ABUSE

PHILOSOPHY

The Board recognizes that the use of alcohol and other drugs is a serious problem with legal, physical, and social implications for the entire school community. In order to insure the highest possible standards of learning as well as the safety, health and well being of students, the Douglas County School District is committed to the development and maintenance of a comprehensive Substance Abuse Program which includes prevention, intervention and aftercare support as essential components.

COMPONENTS

I. Prevention

The prevention component will focus on classroom instruction, support services such as nurses, counselors, and community agencies, staff training, and school climate.

A. Instructional Program Examples:

1. Grades K-4
 - a) Positive Action
 - b) McGruff
 - c) Kids on the Block
2. Grades 5-8
 - a) Positive Action
 - b) Officer DARE
 - c) Skills for Adolescence - "Quest"
3. Grades 9-12
 - a) "Here's Looking at You, 2000"
 - b) Health classroom instruction

B. Drug Free Schools Task Force

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This committee is composed of school and community-based members such as teachers, counselors and administrators, law enforcement, juvenile probation, parents and clergy. Through this committee, prevention and intervention activities within the community and schools will be discussed and implemented. Some examples would be reviewing new programs, analyzing current programs, planning parent and community education programs, etc.

C. Staff Training

The school will provide and encourage training for all staff members. Topics such as the use, abuse, addiction process for youth; enabling behaviors; confidentiality; policy and procedure; sexual abuse; depression; suicide; and codependency will be included as well as others.

D. School Climate

A comprehensive alcohol/drug education program depends on a positive school climate. This climate will be encouraged through prevention activities that enhance, on a daily basis, the student's positive self-concept, enthusiasm for learning, self-development and self-motivation, creativity, problem solving and openness to diversity.

II. Intervention

The intervention model that will be utilized in the Douglas County School District will be the alcohol and drug component of the Student Assistance Program. The purpose of this aspect of the Student Assistance Program is the early identification of students who are at high risk for involvement with alcohol/drugs and other related behaviors, or who may have already developed a pattern of involvement.

- A. Core teams will be implemented at all Douglas County schools. Each team will consist of an administrator, a counselor, at least two teachers, auxiliary staff members and one community agency member, if possible.
- B. Support groups will be established at all schools. Types of support groups at different schools will differ due to the varying needs in each school community. Groups may include, but are not limited to:

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1. Elementary level

- a) Friendship or Sharing Groups - dealing with general issues and a variety of needs.

2. Secondary levels

- a) Social Skills Development
- b) Tobacco Cessation
- c) Drug and Alcohol Information
- d) Concerned Persons
- e) Alcoholics Anonymous
- f) Narcotics Anonymous
- g) Recovery/Aftercare
- h) New Students

C. Disciplinary procedures within the Student Assistance Program regarding alcohol and other drugs can be found in Douglas County School District's Administrative Regulation #523.

D. Intervention activities and programs for elementary level students will be dealt with on an individual basis. The site administrator, in consultation with appropriate Core Team members, will determine the nature of the intervention program to meet the needs of any elementary student who is experiencing drug-related problems.

III. Aftercare Support

The Douglas County School District recognizes that recovery is a cultural process rather than a clinical event. It will provide support to those in recovery through the training of staff in the areas of treatment and aftercare, the group process and the efforts of the SAP Coordinator/Counselor.

[See Administrative Regulation related to this Policy](#)

Date Adopted:8/12/80

Date Revised:9/9/86

Date Revised:8/8/89