

ADMINISTRATIVE REGULATION

No. 230(a)

Board of Trustees Douglas County School District

WELLNESS-Air Quality

Air Quality Guidelines

Air Quality Index (AQI) is rated in bands based upon particulates of pollution in the air. Concerns generally rise when the AQI measures above 100 and people with lung disease, older adults and children may be at greater risk from exposure.

The bands are:

Good	AQI 0-50	No restrictions
Moderate	AQI 51-100	No restrictions, but watch sensitive people
Unhealthy for Sensitive Groups	AQI 101-150	Monitor up to 125, be aware of an monitor sensitive people, student activities move indoors at 125
Unhealthy	AQI 151-200	Restrict outdoor activity for students; adult restricted to short periods and wear masks
Very Unhealthy	AQI 201-300	Restrict outdoor activity for students; adults restricted to very short periods and very limited exertion; adults wear masks
Hazardous	AQI 301-500	Restrict outdoor activity for all and indoor activity should limit exertion

Administrative and supervisory staff are to use the following guidelines regarding activity out of doors during conditions of poor air quality:

- Refer to the following website for up to date AQI levels:
https://airnow.gov/index.cfm?action=airnow.local_city&zipcode=89423&submit=Go
- Decisions about whether to conduct outdoor activities will be made by the **school site administrator or supervisor**;
 - If the site administrator makes the decision to cancel practices or competitions, **all practices and competitions will be cancelled.**
 - AQI is between 100-124 and if the site administrator decides to continue with outdoor activities, a common sense approach should be used. (If you think it is bad, do not permit it.) Practice and/or games will be permitted under the following conditions:
 - Teachers, coaches and/or administrative staff have identified all students who may have sensitivity to air pollution or smoke.
 - Running and conditionings shall be limited.
 - Water and rest breaks shall be increased.
 - Limit or excuse students or student-athletes who are members of the sensitive group.
 - Designate one staff member or coach to check the AQI on the website every 30 minutes.
 - If the AQI reaches 125, all outdoor activities or practice is to be **cancelled** and all students are to move indoors.
 - If the AQI reaches 151, all staff working outdoors should consult with supervisor, wear protective masks and monitor exertion.

Date Adopted: August 2018

Page 1 of 1