

Ayudantes en San Joaquín Co. (Conexiones KeepSafe)

Las conexiones keepSafe son capaces, accesibles y disponibles para ayudar con la prevención de suicidio. Saben cómo hacer primeros auxilios suicidas (entrenados en intervención suicida). Diferentes tipos de ayudantes en su comunidad pueden tener esta capacitación, pero algunos pueden no tenerlo. Es mejor verificar antes de agregarlos a la lista.

CENTRO DE CRISIS DE SALUD MENTAL / CRISIS (ANGUSTIA)
CONDADO DE SAN JOAQUÍN CRISIS
(209) 468-8686

CLÍNICA DE ALCANCE DE SALUD MENTAL
BHS/CYS ACCESS
209-468-9370

San Joaquín LINEA DE APOYP
209-468-3585

Pride Center Stockton
www.sjpridecenter.org
(209) 466-SJPC (7572)

CENTRO DE PREVENCIÓN DEL SUICIDIO
Línea directa de prevención del suicidio
1-800-273-8255; Textea: 'HELP' a 741741
Línea en Español 1-888-628-9454

CLÍNICA INFANTIL / JUVENIL PSIQUIÁTRICA
Lodi CYS
209-331-207
Stockton CYS
209-468-2385
Manteca CYS
209-239-5553
Tracy CYS
209-835-8583

LÍNEA PARA ADOLESCENTES
800-852-8336

LÍNEA DEL CENTRO DE VIOLACIÓN / AGRESIÓN SEXUAL
209-465-4997

Información de clínicas medicas del condado de San Joaquín
209- 463- 0872

LÍNEA DIRECTA DE VIOLENCIA DOMÉSTICA
LÍNEA DE CRISIS DE VIOLENCIA DOMESTICA LAS 24 HORAS
(209) 465-4878

Información de SIDA y sitios de pruebas
209- 467- 8533

LÍNEA DE AYUDA PARA JÓVENES / TRATA DE PERSONAS:
(209) 948-1911

OFICINAS DE SERVICIOS PARA NIÑOS
209-948-1553

LÍNEA DIRECTA DE ABUSO INFANTIL
SERVICIOS DE PROTECCIÓN INFANTIL DE CPS
(209) 468-1333

REFERENCIAS DE CUIDADO INFANTIL
Formulario de admisión de preparación escolar de CAPC
209-851-3450

LÍNEA DIRECTA DE ABUSO DE Ancianos/Adultos dependientes
ABUSO DE ANCIANOS
(209) 468-3780

ENTRENAMIENTO PARA PADRES
Centro de la Mujer
209-941-2611

POLICÍA 911
DESPACHO DE STOCKTON
(209) 937-8377
DESPACHO DE LODI
(209) 333-6728
TRACY DISPATCH
(209) 831-6550
DESPACHO MANTECA
(209) 239 – 8401
ALGUACIL DEL DEL CONDADO DE SAN JOAQUÍN.
(209) 468 – 4400

SERVICIOS DE APOYO FAMILIAR
209-478-2700

GRUPOS DE AUTOAYUDA
209-992-5555

CONSEJERÍA DE ABUSO DE SUSTANCIAS
Tratamiento concurrente para adolescentes
209-468-2385

ASOCIACIÓN DE SALUD MENTAL DE SERVICIOS DE EMERGENCIA HOSPITALARIA
209- 468-2000

NAMI – Asociación Nacional de Salud Mental
209- 468-3755

REFUGIOS DE EMERGENCIA
209-463-3668
ALBERGUES JUVENILES
209-468-6966

LEGAL / VÍCTIMA - ASISTENCIA DE TESTIGOS
209- 468-2500

El Proyecto Trevor
1-866-488-7386 Texto "START" al 678-678

Línea de vida trans
877-565-8860
<http://www.translifeline.org/> www.thetrevorproject.org

Línea de Crisis Juvenil de California 1-800-843-5200

Consejería Comunitaria del Valle
209-956-4240 Stockton
209-835-8583 Tracy
209-823-1911 Manteca

También, acuda a su apoyo RELIGIOSO/ESPIRITUAL

209-334-2126 Lodi
SN1758 ©112010 LivingWorks Educación

y/o SERVICIOS ESCOLARES PARA ESTUDIANTES
www.livingworks.net

Helpers in *San Joaquin Co.* (KeepSafe Connections)

KeepSafe Connections are **Able, Approachable, and Available** to help with suicide. They know how to do suicide first aid (trained in suicide intervention). Different kinds of helpers in your community may have this training but some may not. It is best to check before adding them to the list.

MENTAL HEALTH CRISIS/ CRISIS (DISTRESS) Center
San Joaquin county CRISIS
(209) 468-8686

San Joaquin WARM LINE
209-468-3585

SUICIDE PREVENTION CENTER
Suicide Prevention Hotline
1-800-273-8255; Text: 'HELP' 741741
Spanish Line 1-888-628-9454

TEEN LINE
800-852-8336

RAPE/ SEXUAL ASSAULT CENTER LINE
209-465-4997

DOMESTIC VIOLENCE HOTLINE
DOMESTIC VIOLENCE 24-HOUR CRISIS LINE
(209) 465-4878

YOUTH/ HUMAN TRAFFICKING HELPLINE:
(209) 948-1911

CHILD ABUSE HOTLINE
CPS CHILD PROTECTIVE SERVICES
(209) 468-1333

ELDER/DEPENDANT ADULT ABUSE HOTLINE
ELDER ABUSE
(209) 468-3780

POLICE 911
STOCKTON DISPATCH
(209) 937-8377
LODI DISPATCH
(209) 333-6728
TRACY DISPATCH
(209) 831-6550
MANTECA DISPATCH
(209) 239 – 8401
SAN JOAQUIN COUNTY SHERIFF
(209) 468 – 4400

HOSPITAL EMERGENCY SERVICES
209- 468-2000

EMERGENCY SHELTERS
209-463-3668
YOUTH SHELTERS
209-468-6966

The Trevor Project
www.thetrevorproject.org
1-866-488-7386 Text "START" to 678-678

Valley Community Counseling
209-956-4240 Stockton
209-835-8583 Tracy
209-823-1911 Manteca
209-334-2126 Lodi

MENTAL HEALTH OUTREACH CLINIC
BHS/CYS ACCESS
209-468-9370

Pride Center Stockton
www.sipridecenter.org
(209) 466-SJPC (7572)

CHILDREN/ YOUTH PSYCHIATRIC CLINIC
Lodi CYS
209-331-2070

Stockton CYS
209-468-2385
Manteca CYS
209-239-5553
Tracy CYS
209-835-8583

SJ County MEDICAL CLINICS Information
209- 463- 0872

AIDS INFORMATION AND TESTING SITES
209- 467- 8533

CHILDRENS SERVICES OFFICES
209-948-1553

CHILD CARE REFERRALS
CAPC School Readiness Intake Form
209-851-3450

PARENT TRAINING
Women's Center
209-941-2611

FAMILY SUPPORT SERVICES
209-478-2700

SELF HELP GROUPS
209-992-5555

SUBSTANCE ABUSE COUNSELING
ACT. Adolescent Co-Occurring Treatment
209-468-2385

MENTAL HEALTH ASSOCIATION
NAMI – National Association of Mental Health
209- 468-3755

LEGAL / VICTIM - WITNESS ASSISTANCE
209- 468-2500

Trans Lifeline
877-565-8860
<http://www.translifeline.org/>

California Youth Crisis Line 1-800-843-5200

Also, look to your RELIGIOUS/SPIRITUAL support
and/or SCHOOL STUDENT SERVICES

MEDICAL & DENTAL CARE

Manteca	239-2528
Precissi	477-4103
Woodbridge Medical Group	370-1700
St Mary's Interfaith Services	467-0703
Tracy Free Clinic	207-9328

HEALTH INSURANCE

Catholic Charities	444-5900
Charterhouse	476-1106
CARE LINK (Homeless)	954-7702
Community Medical Centers Inc.	373-2800
Medi-Cal	468-1000
Covered California	(800)300-1506

HOSPITALS

San Joaquin General Hospital	468-6000
St. Joseph's Medical Center	943-2000
Dameron Hospital	944-5550
Kaiser (Stockton)	476-2000
Doctor's Hospital of Manteca	823-3111
Lodi Memorial Hospital	334-3411
Tracy Community Hospital	835-1500

EMPLOYMENT

Cal Works	953-7000
WorkNet, Stockton	468-3500
WorkNet, Lodi	331-2081
WorkNet, SJ Delta College	954-5151
WorkNet, Manteca	825-1300
WorkNet, Tracy	831-5002
WorkStart, YES (Youth)	468-9221

FINANCE

CalFresh	468-1000
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TRANSPORTATION

Greyhound	466-3568
Commute Connection	(800) 527-4273
RTD	943-1111
DMV	(800)-777-0133
Dial-A-Ride	955-8400

EMERGENCY SHELTERS

(Women and Children)	
Gospel Center Rescue Mission	466-2138
Haven of Peace	982-0396
Lodi House	334-6346
Raymus House	824-0658
SAFE House (Youth)	948-1911
TLP Opportunity House	929-6735
(Families)	
Hope Family Center	824-0658
McHenry House	835-2328

ALL

Hope Harbor Family Service Center	367-9560
Stockton Shelter for the Homeless	465-3612
St. Mary's Dining Room	467-0703

HOUSING

CVLH Shelter Plus Housing	472-7200 ext.223
CVLH Supportive Housing	472-7200 ext. 226
Charleston Place Apartments	472-1004
Housing Authority	460-5000
Visionary Homebuilders	466-6811
Chesapeake Bay Apartments	839-9792
Community of All Nations	466-0304
Habitat for Humanity	465-5054
San Joaquin Fair Housing	451-3471

FOOD

Catholic Charities	444-5900
Lathrop Community Center	941-7370
Emergency Food Bank	464-7369
Good Samaritan Service Center	469-7098
Ripon Community Center	599-2108
Salvation Army Stockton	948-8955
SJC Commodity Program	468-3679
Boggs Tract Community Center	468-3978
Garden Acres Community Center	468-3984
Larch Clover Community Center	831-5920
Lodi Community Center	331-7516
Second Harvest Food Bank	239-2091
St. Mary's Dining Room	467-0703
Tracy's Interfaith Ministries	836-5424

CLOTHING

Good Samaritan Service Center	469-7098
Gospel Center Rescue Mission	466-2138
Salvation Army Stockton	948-8955
St Mary's Dining Room	467-0703
Tracy Interfaith Ministries	836-5424
Lodi Community Center	331-7516

UTILITIES/WATER

California Water Service Company	(877) 419-1701
Lodi Electric Utility (SHARE)	333-6815
Salvation Army (REACH) (Electricity)	948-8955
HEAP	468-3988
Weatherization Program	468-0439
PG & E Assistance Program (CARES/FERRA)	644-5318

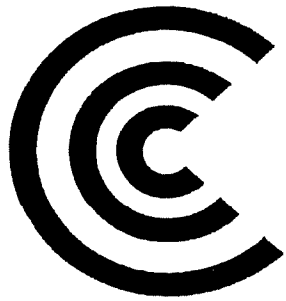
EDUCATION

Adult School, Stockton	933-7455
Adult Literacy Program (free, countrywide)	937-7778
Child Welfare & Attendance	933-7020
City of Stockton, After School Program	937-8206
Sylvan Learning (Tutoring)	477-7720
University of Pacific (Tutoring)	946-2023
Give Every Child A Chance	823-6532
Heald College	473-5200
Hugs Pre-School	331-8195
Humphrey's College	478-0800
Kaplan College	462-8777
USD After School Program	953-9745
Manteca Adult School	8587330
Lodi Unified School District	331-7000
Stockton Unified School District	933-7432
Manteca Unified School District	825-3200
Dne-Eighty Teen Center Lodi	339-2308

NOTES

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211 or <http://www.211sj.org/>



*Valley
Community
Counseling
Services*

CORPORATE OFFICE
6707 Embarcadero Drive
Stockton, CA 95219
(209) 956-4240
Fax (209) 956-4245

Dear Parents/Guardian,

If you feel your child would benefit from mental health support over the summer, referrals are listed below.

Crisis Lines

- Youthcrisisline: 1-800-843-5200
- Suicide prevention: 468-8686

For Medi-Cal Insurance: For Mental Health Therapy (Suspicion of a mental health concern such as: ADHD, Depression, Anxiety etc.) Call Valley Community Counseling Services Manteca Office at 209-239-5553

If you have a police report or CPS case filed with the date of the incident have that information ready and call 209-956-4240 to ask about the Victim Compensation Program (VCP). Remember you can call the police department of the city the report was made and ask for the date and police report number if needed.

If your child has experienced any traumatic events such as: Physical, Verbal, Emotional or Sexual Abuse; Witnessed domestic violence or substance abuse or any endangerment, he or she may qualify for the Child Abuse Therapy Program (CHAT) with no documentation or report history. Call 209-956-4240 and ask about qualifications for CHAT.

For Private Insurance (i.e. Kaiser, Blue Cross): Contact your insurance company and ask for mental health referrals.

How you can help!

Parents are also a huge part of their child's well-being. You can make a difference in your child's academic, social and personal functioning. There are ways for parents to continue supporting their child's progress. Attached are some resources for parents to continue support over the summer.

I hope you and your family have a wonderful summer!

☐ **STOCKTON CLINIC**
6707 Embarcadero Dr.
Stockton, CA 95219
(209) 956-4240
(209) 956-4245 Fax

☐ **LODI CLINIC**
1300 W. Lodi Ave., Ste. G-2
Lodi, CA 95242
(209) 334-2126
(209) 369-8406 Fax

☐ **COURT PROGRAMS**
129 E. Center Street, Ste. 4
Manteca, CA 95336
(209) 823-1911
(209) 823-1931 Fax

☐ **MANTECA CLINIC**
129 E. Center Street, Ste. 3
Manteca, CA 95336
(209) 239-1249
(209) 239-5978 Fax

☐ **TRACY CLINIC**
19 East 6th Street
Tracy, CA 95376
(209) 835-8583
(209) 835-2910 Fax