

SUPERINTENDENT **NEWSLETTER**

April 21, 2023

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Dear Gull Lake Families and Staff,

It's that time of year when I start hankering for the local farm market and the fresh produce that is available. As soon as I can smell the dirt after the start of Spring rainfall, I am reminded of all the square footage we planted growing up. We were able to harvest large heirloom tomatoes, sweet corn, carrots, beets, onions, potatoes, green beans, and many more vegetables that grew in my Dad's experimental plots, where he liked to challenge the shorter growing season in Michigan's Upper Peninsula.

We harvested and canned everything the big garden plots produced and stored it up on every shelf in the basement for use throughout the long winter. We had several pressure cookers operating and a multitude of Bell and Mason jars with sealing lids for safe long-term storage. I remember how fresh the food tasted coming out of those glass jars, and how it seemed to rest so well in my system compared to the fast food I had on rare occasions.

As we head into the warmer months, I want to encourage you to venture out with your kids and to become choosy shoppers at the local farm market. Gathering and preparing healthy foods together can be one of the more rewarding and satisfying experiences in life. It slows us down, makes our rumbling stomachs anticipate a healthy meal, and creates social opportunities for our family members and guests.

See you at the local farm market!



Raphael Rittenhouse/Superintendent
Gull Lake Community Schools



Updates

1/2 day of school on Thursday, April 27th for Parent-Teacher Conferences.

Class of 2025 Early College Informational Meeting on Thursday, April 27th.



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