

# What can I do to prepare my child for KINDERGARTEN?

## Academics

- read to your child
- talk, sing and interact with your child
- provide opportunities for your child to use scissors, pencils, crayons, and glue
- help your child write his/her name
- help your child identify letters in his/her name
- identify numbers 1-10
- listen and follow 2-3 step directions

## Independence

- practice putting toys away
- practice throwing trash away
- bathroom habits (wiping and washing)
- put on clothing (buttoning, zipping etc.)
- open food items (yogurts, snack bags, containers, etc.)
- participate in playdates or activities without parents
- communicate needs (asking for help)

## Social and Emotional

- encourage problem solving
- provide opportunities to share and interact with other children
- play games to foster such skills as taking turns, being a good winner or loser
- encourage your child to be kind and accepting of others

