

# STUDENT INFORMATION FOR COLLEGE RECOMMENDATION

**STUDENT NAME:** \_\_\_\_\_

Give a copy of this form to anyone you are requesting a letter of recommendation from, at least **2 weeks** prior to the deadline. (**Earlier is better.**) **Attach activity resume** that includes Clubs/School & Non-School Activities and Honors/Awards/Recognition for Talents/Leadership/etc.

**1. List colleges to which you are applying and due dates:**

_____	_____
_____	_____
_____	_____
_____	_____

**2. College Major/Interests:** \_\_\_\_\_

**3. Career Goals:** \_\_\_\_\_

**4. What do you feel is your most significant accomplishment?** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**5. Name a special talent and how you have used your talent to contribute to the benefit of others:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**6. Describe any significant person, event, or happening that has influenced you as a person:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**7. How have you overcome a problem? (i.e. changed schools, self-esteem, academic performance, disease, handicap) Respond in detail:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**8. Have you held any leadership positions? Can you think of a time when you showed leadership ability? \_\_\_\_\_**

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**9. Can you think of a time when you have shown initiative or creativity? \_\_\_\_\_**

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**10. What did you do last summer? \_\_\_\_\_**

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**11. What things are you passionate about? (Could be a hobby, political issue, sport, music, etc.)**

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**12. What personal/academic qualities would you like to be emphasized? \_\_\_\_\_**

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**13. List 3 adjectives that best describe you:**

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**14. List 3 adjectives your friends use to describe you (ask them):**

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# ACTIVITIES RESUME

Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## School Activities (clubs, sports, etc.):

Activity	Grade(s) in which you participated in the activity	# of Hours per Week	# of Weeks per Year
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
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## Awards & Honors:

Name of Award	Type of Award	Year(s) Awarded
	___ Athletic ___ Academic	___ 9 ___ 10 ___ 11 ___ 12
	___ Athletic ___ Academic	___ 9 ___ 10 ___ 11 ___ 12
	___ Athletic ___ Academic	___ 9 ___ 10 ___ 11 ___ 12
	___ Athletic ___ Academic	___ 9 ___ 10 ___ 11 ___ 12

## Leadership Positions:

Position	Grade(s)
	___ 9 ___ 10 ___ 11 ___ 12
	___ 9 ___ 10 ___ 11 ___ 12
	___ 9 ___ 10 ___ 11 ___ 12

**Community Service:**

Activity	Grade(s) in which you participated in the activity	# of Hours per Week	# of Weeks per Year
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		

**Work Experience:**

Job	Dates

**Hobbies and Interests:**

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**Other:** (things you would like a person writing a recommendation to know about you.)

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