

Governor Wentworth Regional School District & Middleton School District
Optional Trainings
2022-2023



***Please note that training hours for certified staff should total six hours from any combination of the offerings below. You may document the total time on the “Report of Hours” form in Frontline. For support staff, your training hours should total the number of hours you are contracted to work per day, and noted as PD on your time card.**

Optional Primex trainings offered as pre-recorded webinars/online:

[Cybersecurity Training](#) (approx. 45 minutes)

[Bloodborne Pathogens](#) (approx. 45 minutes)

[Interpersonal Communication Skills](#) (approx. 60 minutes)

[Handling Conflict](#) (approx. 35 minutes)

[Calming the Storm: How to De-Escalate Emotionally Charged Encounters](#) (approx. 2 hours)

Optional professional activities, self-selected (not to exceed 3 hours):

- Reading League Science of Reading Training
 - Link for virtual session on March 14, 9-11:30 am:
<https://us02web.zoom.us/j/85768639016?pwd=SzJBYi8vMHFwVIZjYVhZSXhrVDNiQT09>
- Cross grade-level/department/team/schoolwide meeting time
- NHSAS Test Administration Certification course (for those proctoring NHSAS state tests)
 - Available at <https://nh.portal.cambiumast.com/teachers.html>
- Professional planning time
- Professional reading tied to your professional development plan goals and/or building goals (certified staff) or your assignment/role (support staff)

- Certified staff: Complete “Report of Hours” form in Frontline (MLP) to document time spent. Include reflection on how knowledge will potentially impact your students/colleagues/school. Support staff: Please complete this [reading log](#).