

Lesson Topic: Personal Safety



Grade: K


Objective:	Students will understand bodily autonomy and personal space. Students will know what to do if someone touches (or attempts to touch) them inappropriately.
Materials:	Personal safety video <i>More Than Fluff</i> by Madeline Valentine Student supplies: markers, crayons, glue, etc. Additional supplies: large craft sticks, yellow “fluff” (cotton balls or filling for stuffed animals—you can paint it yellow, if necessary)
Procedures:	<p>Before reading book, start with a short personal safety video, such as Protect Yourself Rules or Pantosaurus.</p> <p>After video(s), discuss:</p> <ul style="list-style-type: none">• Private parts are areas covered by your swimsuit.• NO ONE has the right to touch or look at your private parts, unless you’re sick and need help from a doctor or parent.• If anyone tries to touch or look at your private parts (or make you look at theirs)... remember NO! GO! TELL! (Yell NO, GO away as quickly as you can, and TELL an adult you trust).• Practice saying NO! GO! TELL! with class. <p>Introduce <i>More Than Fluff</i> to class. Tell students that in this story, the little chick DOESN’T WANT to be touched. No one tries to touch a private area, but she still has the right to say NO.</p> <p>Read story to students. Possible questions to ask students:</p> <ul style="list-style-type: none">• What did the other animals learn in this story?• What can we learn from this story?• What is personal space?• If someone tries to touch a private area or just makes us feel uncomfortable, what do we do? (NO! GO! TELL!) <p>After read aloud, students can make this craft: https://bit.ly/3OMNmAL</p>



Personal space is OK!

If someone makes me feel unsafe or uncomfortable, I should:

NO: Yell, "NO! STOP!"  

GO: Get away as quickly as I can. 

TELL: Tell a trusted adult. 