

Lesson Topic: Sexting/Personal Safety

Grades: 4/5

Objective:	<p>Students will understand the importance of NOT sending inappropriate pictures to others, and what to do if they receive inappropriate pictures.</p> <p>Students will understand bodily autonomy and personal space. Students will know what to do if someone touches (or attempts to touch) them inappropriately.</p>
Materials:	<p>Videos (links below)</p> <p><i>Consent (for Kids!): Boundaries, Respect, and Being in Charge of YOU</i> by Rachel Brian</p> <p>Student supplies: markers, crayons, colored pencils, etc.</p>
Procedures:	<p>Tell students that they are going to watch a short video that is several years old. Explain that the technology in the video is old, but that they are watching this for a reason! Even though the phones in the video are old, it has an important message. Show Your Photo Fate to class and then discuss what happened in the video.</p> <p>Additional talking points:</p> <ul style="list-style-type: none">• Inappropriate pictures are pictures with no clothes or not enough clothes.• Online pictures (including those sent via text) NEVER disappear, even if they were “deleted.”• Internet memory lives forever.• Inappropriate pictures of kids and teens are ILLEGAL.• If anyone asks for inappropriate pictures of you, tell an adult you trust immediately.• If anyone sends you inappropriate pictures, tell an adult you trust immediately... if you don’t tell immediately, you could get in trouble for having those photos on your device! <p>Next, ask students what they remember from previous years’ lessons about body safety and touching.</p> <p>(continued on next page)</p>

Talking points to include:

- Private parts are areas covered by your swimsuit.
- NO ONE has the right to touch or look at your private parts, unless you're sick and need help from a doctor or parent.
- If anyone tries to touch or look at your private parts (or make you look at theirs)... remember **NO! GO! TELL!** (Yell NO, GO away as quickly as you can, and TELL an adult you trust).
- Practice saying NO! GO! TELL! with class.

Watch [Consent for Kids](#) by Gloucestershire OPCC. Discuss.

Introduce *Consent (for Kids!)* book to class. Explain that you're not going to read the entire book, but that you're going to show them selections.

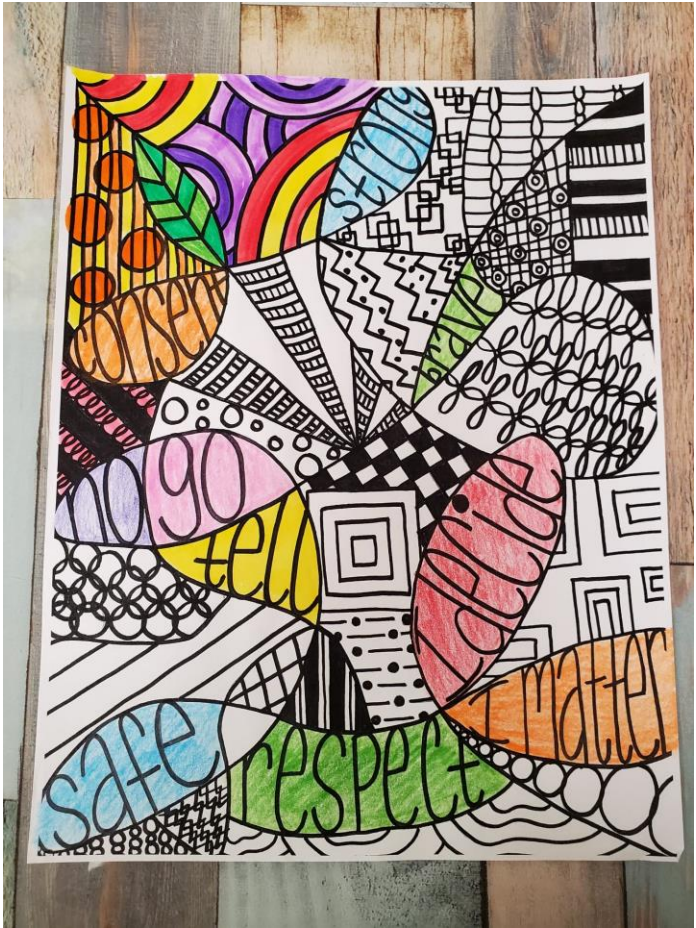
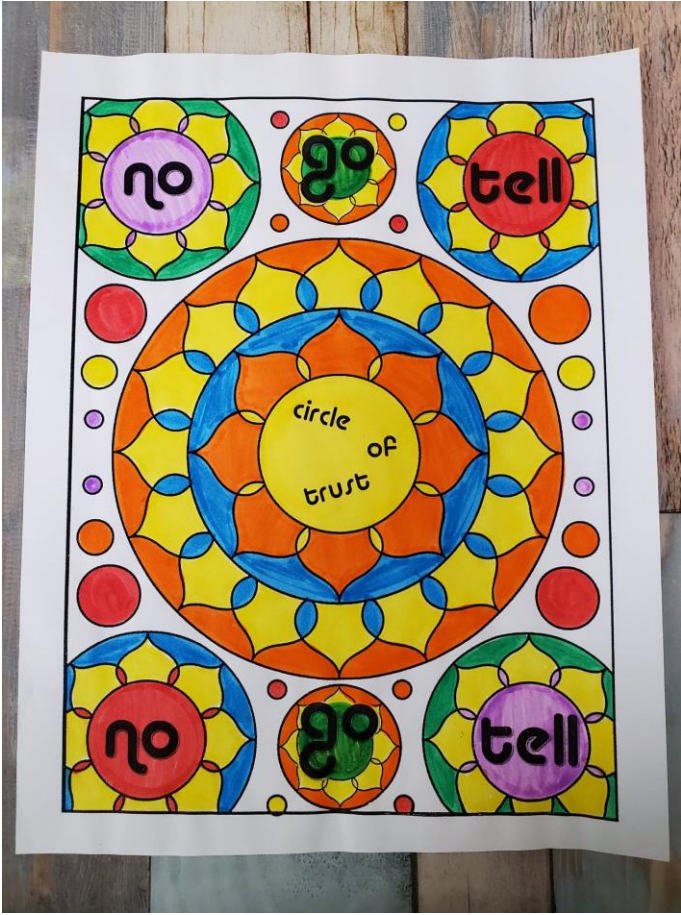
Read portions of book. Possible questions to ask students:

- What is consent?
- Why does consent matter?
- What is personal space?
- How can we respect others' personal space?
- If someone tries to touch a private area or just makes us feel uncomfortable, what do we do? (NO! GO! TELL!)
- What if someone asks for inappropriate pictures?
- What if someone sends inappropriate pictures?

After read aloud, students can color these pages:

4th grade: <https://bit.ly/3vrBJIT>

5th grade: <https://bit.ly/3zIUnOH>



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