Lesson Topic: Personal Safety

Grade: 3

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<th>Objective:</th>
<th>Students will understand bodily autonomy and personal space. Students will know what to do if someone touches (or attempts to touch) them inappropriately.</th>
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| Materials: | Personal safety video  
*Don’t Hug Doug (He Doesn’t Like It)* By Carrie Finison  
Student supplies: markers, crayons, glue, scissors, etc. |
| Procedures: | Before reading book, start with a short personal safety video, such as [Protect Yourself Rules (Older)](https://www.carriefinison.com/activities).  
After video(s), discuss:  
• Private parts are areas covered by your swimsuit.  
• NO ONE has the right to touch or look at your private parts, unless you’re sick and need help from a doctor or parent.  
• If anyone tries to touch or look at your private parts (or make you look at theirs)... remember **NO! GO! TELL!** (Yell NO, GO away as quickly as you can, and TELL an adult you trust).  
• Practice saying **NO! GO! TELL!** with class.  
Introduce *Don’t Hug Doug (He Doesn’t Like It)* to class. Tell students that in this story, Doug HATES hugs. Other kids like hugs, but he doesn’t want them at all! No one tries to touch a private area, but he still has the right to say NO.  
Read story to students. Possible questions to ask students:  
• What can we learn from this story?  
• What is personal space?  
• How can we respect others’ personal space?  
• If someone tries to touch a private area or just makes us feel uncomfortable, what do we do? (NO! GO! TELL!)  
After read aloud, students can make this craft: [https://bit.ly/3OKKc0A](https://bit.ly/3OKKc0A)  
Note: Activity taken from [https://www.carriefinison.com/activities](https://www.carriefinison.com/activities)

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