

Lesson Topic: Personal Safety

Grade: 3

Objective:	Students will understand bodily autonomy and personal space. Students will know what to do if someone touches (or attempts to touch) them inappropriately.
Materials:	Personal safety video <i>Don't Hug Doug (He Doesn't Like It)</i> By Carrie Finison Student supplies: markers, crayons, glue, scissors, etc.
Procedures:	<p>Before reading book, start with a short personal safety video, such as Protect Yourself Rules (Older).</p> <p>After video(s), discuss:</p> <ul style="list-style-type: none">• Private parts are areas covered by your swimsuit.• NO ONE has the right to touch or look at your private parts, unless you're sick and need help from a doctor or parent.• If anyone tries to touch or look at your private parts (or make you look at theirs)... remember NO! GO! TELL! (Yell NO, GO away as quickly as you can, and TELL an adult you trust).• Practice saying NO! GO! TELL! with class. <p>Introduce <i>Don't Hug Doug (He Doesn't Like It)</i> to class. Tell students that in this story, Doug HATES hugs. Other kids like hugs, but he doesn't want them at all! No one tries to touch a private area, but he still has the right to say NO.</p> <p>Read story to students. Possible questions to ask students:</p> <ul style="list-style-type: none">• What can we learn from this story?• What is personal space?• How can we respect others' personal space?• If someone tries to touch a private area or just makes us feel uncomfortable, what do we do? (NO! GO! TELL!) <p>After read aloud, students can make this craft: https://bit.ly/3OKKc0A</p> <p>Note: Activity taken from https://www.carriefinison.com/activities</p>



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