**Lesson Topic:** Personal Safety

**Objective:**
Students will understand bodily autonomy and personal space. Students will know what to do if someone touches (or attempts to touch) them inappropriately.

**Materials:**
- Personal safety video
- *Rissy No Kissies* by Katey Howes
- Student supplies: markers, crayons, glue, scissors, etc.
- Additional supplies: clothespins (2 per student)

**Procedures:**
Before reading book, start with a short personal safety video, such as *Protect Yourself Rules* or *Pantosaurus*.

After video(s), discuss:
- Private parts are areas covered by your swimsuit.
- NO ONE has the right to touch or look at your private parts, unless you’re sick and need help from a doctor or parent.
- If anyone tries to touch or look at your private parts (or make you look at theirs)... remember **NO! GO! TELL!** (Yell NO, GO away as quickly as you can, and TELL an adult you trust).
- Practice saying **NO! GO! TELL!** with class.

Introduce *Rissy No Kissies* to class. Tell students that in this story, a little lovebird HATES kisses. Other birds expect her to like kisses, but she doesn’t want them at all! No one tries to touch a private area, but she still has the right to say NO.

Read story to students. Possible questions to ask students:
- What does Rissy learn in this story?
- What can we learn from this story?
- What is personal space?
- If someone tries to touch a private area or just makes us feel uncomfortable, what do we do? (NO! GO! TELL!)

After read aloud, students can make this craft: [https://bit.ly/3cV9RWT](https://bit.ly/3cV9RWT)
Lesson by Christy Fox, M.Ed, NCC, LPC, RPT

Personal space is OK!
If someone makes me feel unsafe or uncomfortable, I should:

**NO:** Yell, “NO! STOP!”

**GO:** Get away as quickly as I can.

**TELL:** Tell a trusted adult