

# MAY 2023

## BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free  
 Adult Breakfast: \$ 4.00  
 Adult Lunch: \$5.50

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Popcorn Chicken</b> 1 Biscuits Coleslaw Roasted Potato Wedges Fresh Fruit & Salad Bar	<b>100% Beef Burger Or Veggie Burger</b> 2 Sautéed Green Beans Fresh Fruit & Salad Bar	<u>Early Release Day</u> 3 <b>Fresh Pizza</b> <b>Pepperoni or Cheese</b> Caesar Salad Fresh Fruit & Salad Bar	<b>Generals Chicken</b> 4 w/ Broccoli Fried Rice Spring Rolls Fresh Fruit & Salad Bar	<b>Shepherd's Pie</b> 5 Beef, Corn, Mashed Potato Dinner Roll Fresh Fruit & Salad Bar
<b>Beef or Cheese Lasagna Rollup</b> 8 Marinara Sauce Green Beans Garlic Bread Fresh Fruit & Salad Bar	<b>BMU Bowls</b> 9 Chicken Nuggets Mashed Potato, Corn, Gravy Fresh Fruit & Salad Bar	<b>Fresh Pizza</b> 10 <b>Pepperoni or Cheese</b> Caesar Salad Fresh Fruit & Salad Bar	<b>Ultimate Nachos</b> 11 Beef or Bean Corn Cheddar Cheese Sauce Rice, Salsa and Sour Cream Fresh Fruit & Salad Bar	<b>Brunch for Lunch</b> 12 French Toast Sticks Scrambled Eggs Sausage Roasted Home fries Fresh Fruit & Salad Bar
<b>Spaghetti with Meat sauce Or Marinara</b> 15 Sautéed Green Beans Garlic Toast Fresh Fruit & Salad Bar	<b>Crispy Chicken Sandwich On a Bun</b> 16 Maple Roasted Rainbow Carrots Fresh Fruit & Salad Bar	<b>Fresh Pizza</b> 17 <b>Pepperoni or Cheese</b> Caesar Salad Fresh Fruit & Salad Bar	<b>Chicken Broccoli Alfredo Or Broccoli Alfredo</b> 18 Garlic Knot Fresh Fruit & Salad Bar	<b>Roasted Ham</b> 19 Mashed Potato, Dinner Roll Gravy Fresh Fruit & Salad Bar
<b>Traditional Grilled Cheese Or Pesto Tomato Grilled Cheese</b> 22 Tomato Soup Grilled Asparagus Fresh Fruit & Salad Bar	<b>Ultimate Nachos</b> 23 Beef or Bean Corn Cheddar Cheese Sauce Rice, Salsa and Sour Cream Fresh Fruit & Salad Bar	<b>Fresh Pizza</b> 24 <b>Pepperoni or Cheese</b> Caesar Salad Fresh Fruit & Salad Bar	<b>Cheese Filled Breadsticks</b> 25 with Marinara Dipping Sauce Roasted Carrots Fresh Fruit & Salad Bar	<b>Hot Dogs &amp; Hamburgers</b> 26 Garden Salad Pasta Salad Potato Salad Watermelon Chips
<b>School Closed</b> 29	<b>Mac and Cheese</b> 30 Sweet Peas Bread Roll Fresh Fruit & Salad Bar	<b>Fresh Pizza</b> 31 <b>Pepperoni or Cheese</b> Caesar Salad Fresh Fruit & Salad Bar	 <b>Breakfasts Available Everyday</b> Choices Like: Breakfast Sandwiches, Bagels, Cereal, Yogurt with Granola, Muffins & Breakfast Breads 1% Milk, Skim Milk and 100% Juices	

Please contact Paul Pellegrino with any questions or comments.  
 paul.pellegrino@oesu.org

This Institution is an equal opportunity provider