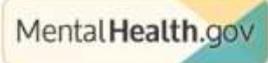
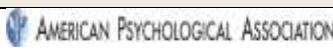


Behavioral health resources

Bullying	Mental Health	Substance Abuse
 Bullying http://www.stopbullying.gov/	 Mental Health Info http://www.mentalhealth.gov/	 Tips & Toolkits http://www.samhsa.gov/ http://www.drugfree.org/the-parent-toolkit/
 Know Bullying app http://www.samhsa.gov/	 Suicide Prevention Lifeline http://www.suicidepreventionlifeline.org/	 Teen Brain http://www.drugabuse.gov/
 http://www.apa.org/	 Suicide Prevention http://www.yspp.org/	 Too Smart To Start http://www.samhsa.gov/
 All 3 Topics http://www.findyouthinfo.gov/	 NAMI – Greater Seattle http://www.nami-greaterseattle.org/	 Family Checkup http://www.drugabuse.gov/family-checkup
 24 / 7 Treatment Referral Line 1 - 206 - 722 - 3700	 24-HOUR CRISIS LINE: 866-427-4747 TEEN LINK: 866-833-6546 6-10pm	 National SAFE PLACE Shelters

Local resources for youth & families

Friends of Youth – 425-392-6367
 Encompass – 425-888-2777
 SAMA – 206-328-1719

Changes Parent Network – 1-888-468-2620
 Sound Mental Health – 425-653-4900
 Raging River – 425-831-5425

