



2023 Open Enrollment

Eden Prairie Independent School #272



START >

Learn more about...

[Medical plan coverage and benefits](#)

[Prescription coverage](#)

[How HealthPartners supports you](#)

[What happens next](#)

[Contact us](#)



Medical plan

Deductible plan

Open Access network

Covid-19 coverage

Preventive care

Virtuwell – 24/7 online clinic

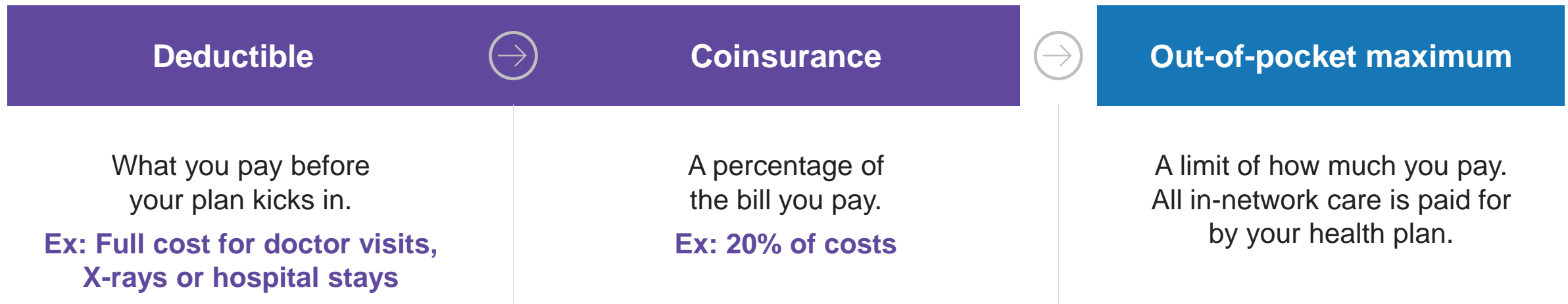
Doctor On Demand – virtual care

Plan for Me

Deductible plan

You have every reason to get your preventive care to stay healthy.

It's covered 100% by your plan. For other care, you'll pay:

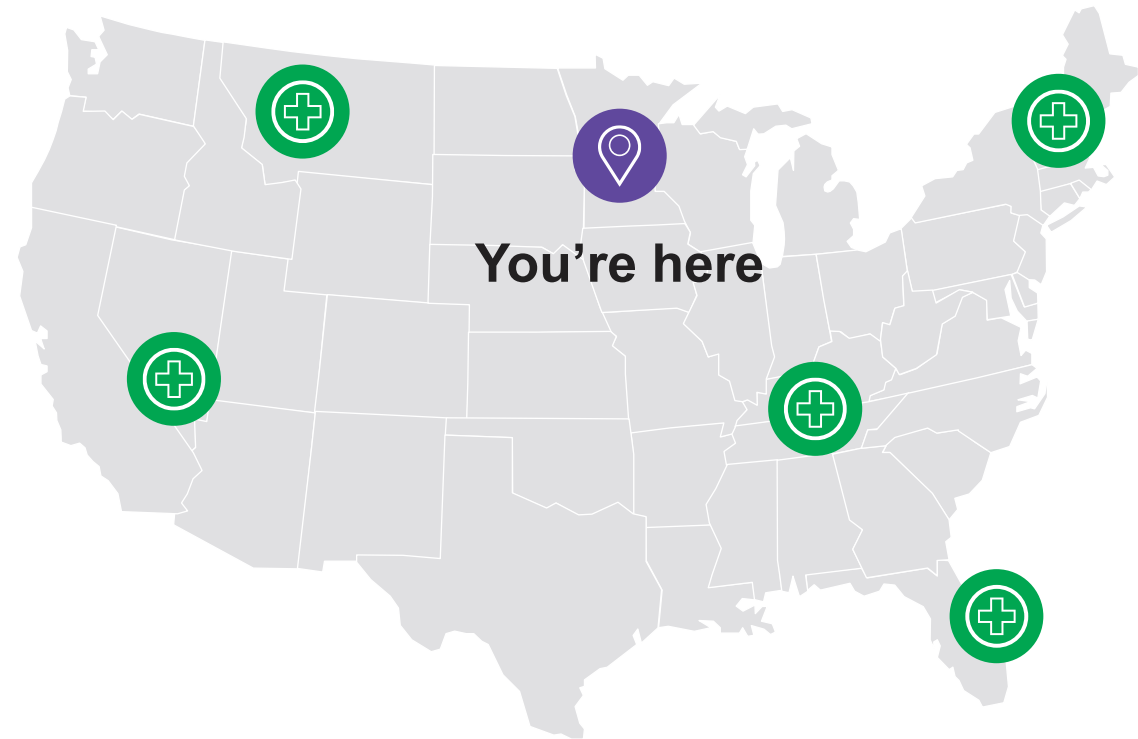


This is an example. Your actual medical costs may vary.

Open Access network



**Get the most choices
of doctors and clinics.**



Search the network for your doctor or find a new one at healthpartners.com/openaccess



Care and coverage during COVID-19

Your health is our top priority.

What to do if you're sick



Health plan coverage



Get everyday care online



Staying rested, resilient and active



Focusing on your well-being – both your physical and mental health – is extra important as we absorb the many changes happening in our lives.

We offer exercises, healthy eating tips and stress management techniques that can be used every day.

Sign in to healthpartners.com and select *Living Well* for resources to improve your well-being.

[BACK](#)



Read up-to-date information at healthpartners.com/covid-19

Get email updates sent to you when you create an online account at healthpartners.com/signupnow



Care today for a healthy tomorrow



Prevent problems before they start.

Even if you're not sick, you can catch any issues early – when treatment is most effective. Your health plan covers in-network preventive care at 100%; you don't pay anything.

Alcohol, tobacco and weight screenings

Screenings for high blood pressure, diabetes and cholesterol

Breast, cervical and colorectal cancer screenings

Routine pre- and post-natal care

Vaccines

Well-child visits



Visit healthpartners.com/preventive to find out what care is recommended for you.



Virtuwell® – 24/7 online clinic

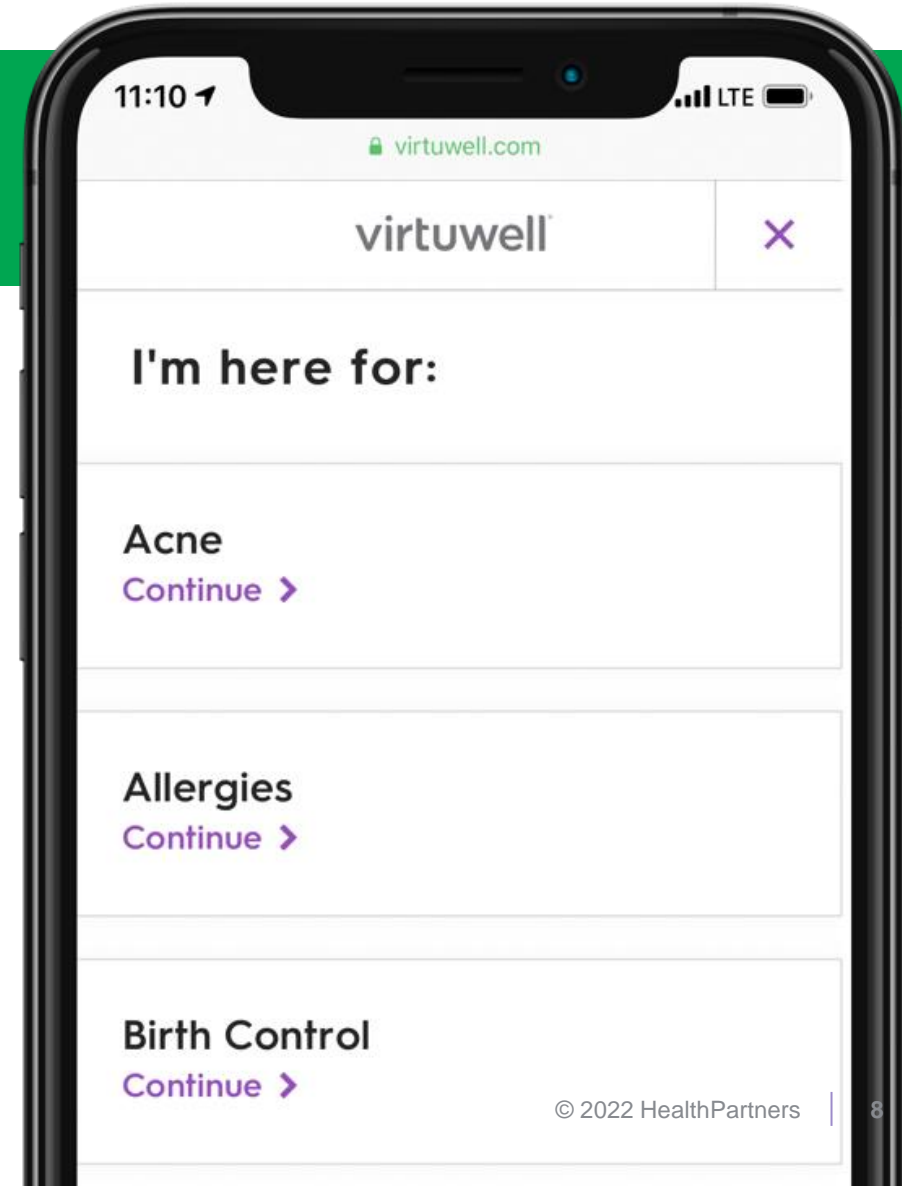
Save time and money by getting treated for common conditions from your smartphone, tablet or computer. Your plan has options.

Fast, affordable and guaranteed

- Answer a few questions anytime, anywhere*
- Treatment plan and prescription from a nurse practitioner in usually just one hour
- You're only charged if Virtuwell can treat you. Plus follow-up calls are free
- Virtuwell visits are a fraction of the cost of walk-in, urgent or primary care visits. Use your member ID card to check your cost at virtuwell.com/cost/healthpartners



*Available anywhere in the U.S. to residents of AZ, CA, CO, CT, IA, MI, MN, NY, ND, PA, SD, VA and WI.

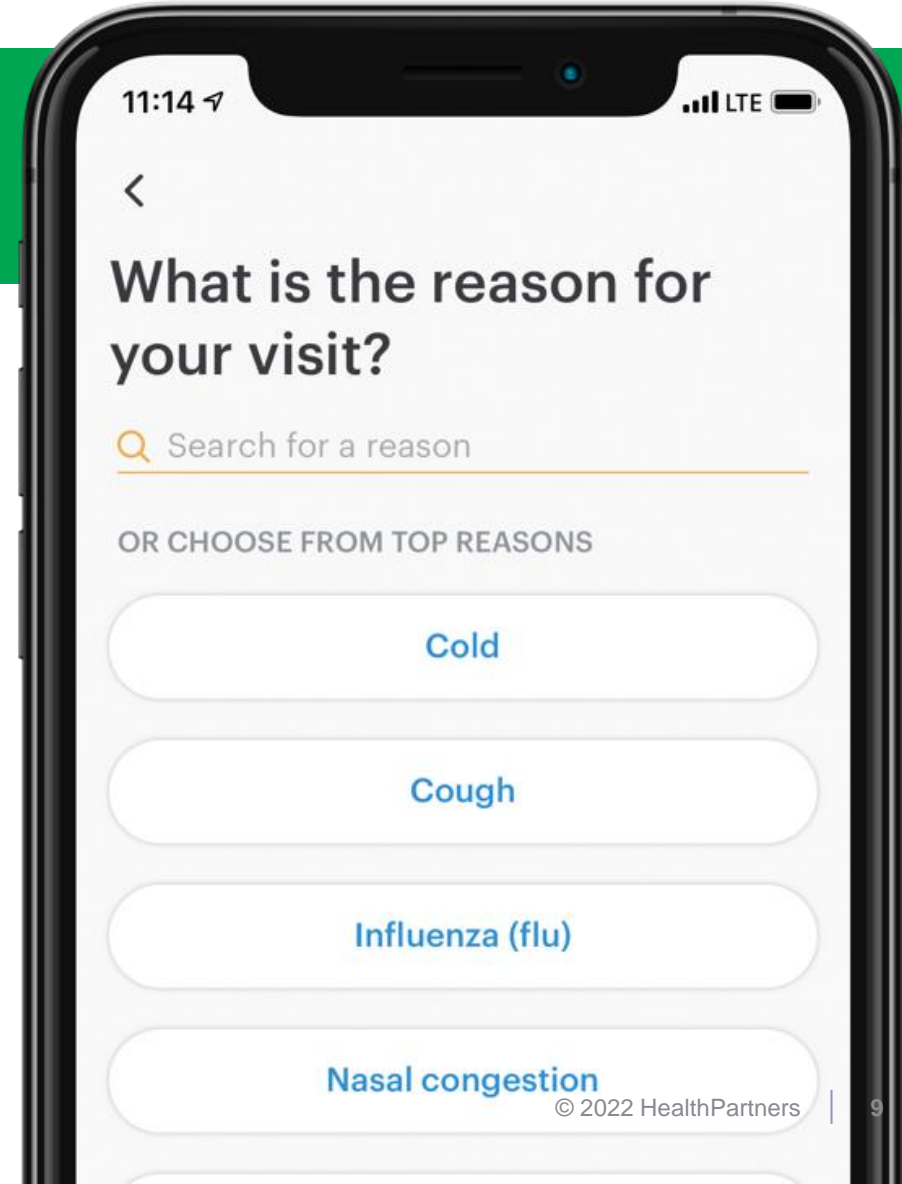


Doctor On Demand

Save time and money by getting treated for common conditions from your smartphone, tablet or computer. Your plan has options.

Convenient, quick and affordable

- See a doctor in minutes. Video capabilities are required
- Live video visits include assessment, diagnosis and prescriptions when necessary
- A visit to treat conditions like colds, the flu and allergies costs less than a clinic visit. It's free to sign up and easy to check your coverage when you register

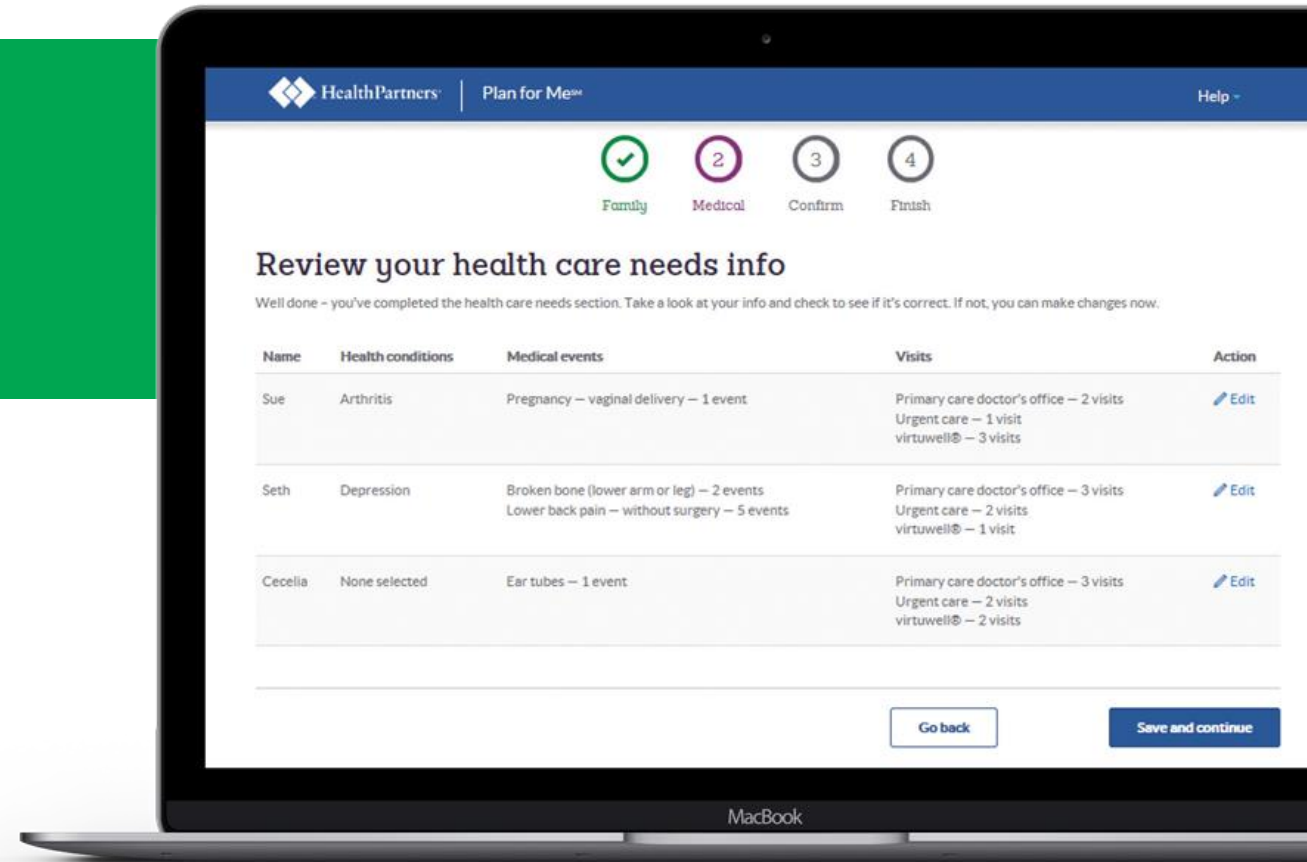


Find the best plan with Plan for MeSM

Compare your plan options and potential costs – all based on your unique situation.

Enter the age and gender for you and anyone else you want your plan to cover. Pick from a list of common health conditions, medical events, care visits and medicines.

- Check if your doctor is in-network
- See how your meds are covered
- Estimate your health care costs
- Compare your plan options



Get started at healthpartners.com/planforme

CONTINUE >

Find the best plan with Plan for MeSM



Make sure you check your Summary of Benefits and Coverage (SBC) to see all your plan details before making your final choice.

Get started with the information in the table below.

To get the best comparison, it's also helpful to know:

- ☐ Doctors, clinics or hospitals you use
- ☐ Medicines you're taking

Group Number	3119
Site Number	1
Effective Date (plan start date)	07/01/2023



Get started at healthpartners.com/planforme



Prescription benefits

[Drug list](#)

[Plan resources](#)

[Mail order pharmacy](#)

Prescription coverage

Check your formulary (or drug list) to understand your costs and get support if your medicine isn't working for you.



Covered



Might be covered
but costs more



Not covered



Search by the name or type of medicine at healthpartners.com/preferredrx
Use your Summary of Benefits and Coverage (SBC) to find how much you'll pay.



Get the most from your medicines

Try generics



Search for the
lowest cost



Talk with a
pharmacy navigator



Meet with a pharmacist



In a one-on-one visit, a pharmacist will review your medicines with you to make sure they're working and are right for you. Plus, it's free.

Learn more at healthpartners.com/mtminfo

BACK



Medicine delivered to your door

Skip the trip to the pharmacy. Get your prescriptions mailed to your home with WellDyne.

5 great things about mail order

- 1 You'll never pay for standard shipping.
- 2 Refilling your medicine online or with the mobile app is easy.
- 3 All orders are sent in a tamper-resistant, plain package to make it more private.
- 4 Safety is important. You'll get the best quality medicine.
- 5 You'll get your medicine delivered within seven to 10 days and can track the status of your order every step of the way.



To get started, call **800-591-0011**
or visit **healthpartners.com/mailorder**



Extra support

[Digital tools](#)

[Living Well](#)

[Tobacco cessation](#)

[Wellbeats](#)

[Healthy Discounts](#)

[Frequent Fitness](#)

[Back pain support](#)

[Condition management](#)

[Cancer support](#)

[Pregnancy support](#)

[Emotional health](#)

[Assist America](#)

[Where to go for care](#)

Take charge of your health plan

You go online to research, plan and follow up on big decisions.

A HealthPartners online account makes it just as easy to stay on top of your health care and insurance. You have real-time access to your personal health plan information in one simple place.

Top 6 ways to use your online account and mobile app

1

See recent claims, what your plan covered and how much you could owe.

4

Check your balances, including how much you owe before your plan starts paying (deductible) and the most you'll have to pay (out-of-pocket maximum).

2

Access your Living Well dashboard to check your program progress, take the health assessment and complete activities.

5

Compare pharmacy costs to find the best place to get your medicines.

3

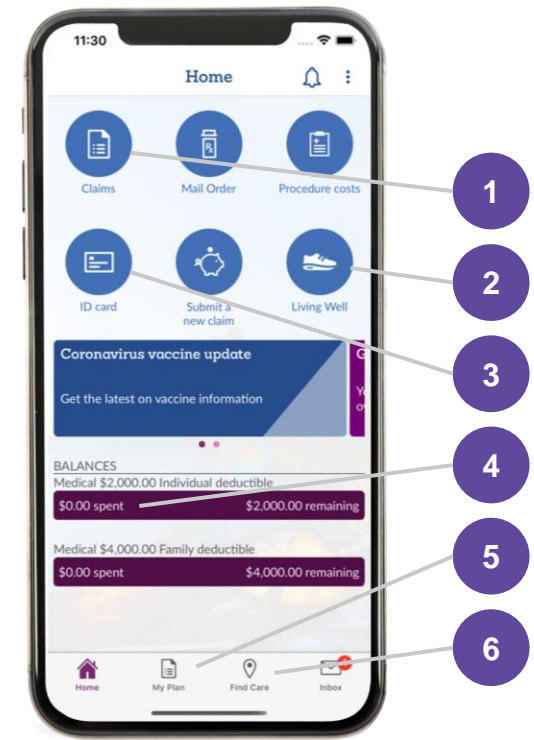
View your HealthPartners member ID card and fax it to your doctor's office.

6

Search for doctors and get cost estimates for treatments and procedures specific to your plan.







Sign in at healthpartners.com or on the myHP mobile app





Improve your health and well-being

It's easy. And it's offered at no cost to you as a HealthPartners member.

-  Learn about your health by taking a confidential online health assessment
-  Pick a well-being activity – you've got lots of options
-  Choose what's best for you to achieve your personal health goals
-  Enjoy the life you want



Sign in to your well-being program at **healthpartners.com/livingwell**



CONTINUE >





Live your best life

We can help you get healthy and live better, no matter what your goals are.

Free programs and resources for HealthPartners members to:

- ☐ Quit smoking
- ☐ Eat better
- ☐ Manage your weight
- ☐ Save money
- ☐ Meet other people like you
- ☐ Get your health questions answered
- ☐ Make sure you're getting the right care
- ☐ Make sure your medicine is working correctly



Find this support and more at healthpartners.com/livingwell





Quit for good

Quitting tobacco and vape may be one of the hardest things you'll ever do. You don't have to do it alone.

Work with a health coach to set goals around tobacco use and vaping that fit your lifestyle. You'll get support and encouragement to reach your goals and live nicotine free. Plus, you can schedule phone calls or email your health coach when it works best for you.

- ☐ Beat cravings
- ☐ Relieve stress
- ☐ Deal with tempting social situations
- ☐ Adjust to life without tobacco and vape



Sign up with a health coach at **800-311-1052**.
Visit **healthpartners.com/formulary** to look for
medicines your health plan might pay for to help you quit.

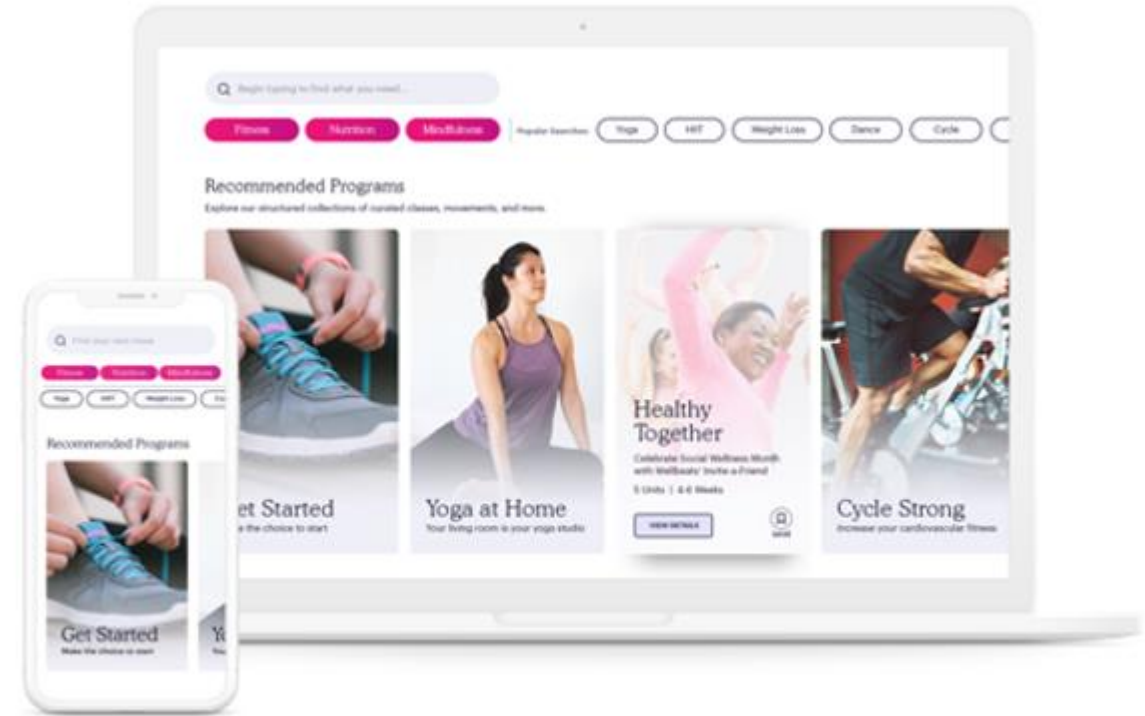


Move more with Wellbeats

Wellbeats offers on-demand fitness, nutrition and mindfulness classes to help you live a healthier life.

Find opportunities for all ages, interests and ability level.

- Enjoy classes like yoga, strength training, running, meditation, nutrition and recipes, cycling, dance, stretching and more. New classes are added regularly!
- Get personalized recommendations based on your well-being preferences and goals.












Sign in to your well-being program at healthpartners.com/livingwell



Living healthier just got a little less expensive

Get special savings from handpicked retailers – all designed to help you live healthy every day.

Show your member ID card to save money on:

- | | |
|---|---|
|  Eyewear |  Hearing aids |
|  Exercise equipment |  Pet insurance |
|  Fitness and well-being classes |  Swim lessons |
|  Eating well |  And more! |
|  Healthy mom and baby products | |

Discounts on gym memberships

GlobalFit's Gym Network 360:

- Discounts on memberships at more than 11,000 fitness centers, weight loss programs and wellness brands

The Active&Fit Direct™ program:

- Access more than 11,000 fitness centers nationwide for a flat monthly fee



Visit healthpartners.com/discounts for a list of participating retailers and discounts



Get paid to work out

- 1 Find a participating gym near you
- 2 Sign up – show your member ID card at the front desk
- 3 Work out at least 12 times each month
- 4 Save up to \$20 – your gym membership account will be reimbursed six to eight weeks after your monthly workouts

Participating gyms* include:

- Anytime Fitness
- LA Fitness
- Life Time Fitness
- Snap Fitness
- And more!



Visit healthpartners.com/frequentfitness to find a gym near you



*Not all club locations apply. Some national clubs are owned by individual franchise owners and may not participate in the program. Frequent Fitness is limited to members, age 18 years or older, of certain HealthPartners medical plans and members of participating employer groups. Some restrictions apply. Termination of club membership may result in forfeiture of any unpaid incentive. See participating club locations for program details. Workout requirements and program eligibility may vary by employer. Please check with your employer or call Member Services to verify eligibility and visits requirements. Program payments will not exceed club dues.






Relief for your back pain

Most Americans will experience back pain at some point in their lives.

We offer personalized support and resources for **no cost** through phone calls and other communications.

Working with a HealthPartners nurse is a great addition to your health care team. All support is confidential.

-  Get tips to manage pain
-  Learn about treatment options
-  Find resources to help you feel better



Learn more at healthpartners.com/backhealth
Get started at healthpartners.com/healthsupport







Personal nurse support

Living with a health condition is easier when you have a team of people to support you. Work with a nurse one-on-one at no cost.

We offer personalized support and resources through phone calls and other communications for **no cost**. So you can manage your condition and stay out of the hospital.

Working with a HealthPartners nurse is a great addition to your health care team. All support is confidential. A HealthPartners nurse can help:

-  Focus on your goals
-  Answer questions
-  Work with you and your doctor
-  Connect you to resources



Get started at healthpartners.com/nursesupport









Face cancer with confidence

If you're facing a cancer diagnosis, we want you to know you're not alone. Our nurses will be with you every step of the way.

Working with a HealthPartners nurse is a great addition to your health care team. We offer phone calls and other communications for **no cost**. All support is confidential. A HealthPartners nurse can:

-  Help you make decisions
-  Connect you to resources between doctor visits
-  Just listen when you need someone to talk to
-  Determine which treatments work






Get started at healthpartners.com/cancersupport



Healthy baby, healthy you

If you're pregnant or thinking about it, we're here to help. Our support is confidential and no cost.

Start by taking the online assessment

-  You may get a call from a nurse to answer questions and get advice between doctor visits
-  You'll have access to **My Pregnancy** – a personalized, digital support written by our health experts and timed to where you're at in your pregnancy
-  Download our free **myHealthyPregnancy app** powered by YoMingo for important anytime, anywhere parent education and fun extras for every stage of pregnancy, newborn care and more



Visit **healthpartners.com/healthy-pregnancy** to learn more and take the assessment

BabyLine **phone service**

24/7 nurse
support for
pregnancy and
newborn
concerns





A resilient you

We're here to support the whole you – including your emotional health.

Our free and confidential programs will help you build resilience and cope with life's challenges.

- Digital well-being activities to help build healthy habits, like *Healthy Thinking* and *Tackle Stress*
- myStrength flexible and comprehensive digital program with tools and activities for stress, depression, sleep and more
- Answers to benefits-related questions from Behavioral Health Navigators



Behavioral Health Navigators

Guidance to understand your mental or chemical health benefits



Visit [**healthpartners.com/resilience**](https://healthpartners.com/resilience) for more information and resources



Travel anywhere, worry-free



Assist America provides all the support you need when you're more than 100 miles from home.

Get 24/7 help with:






- Coordinating transport to care facilities or back home
- Pre-trip info, like immunization and visa requirements
- Filling lost prescriptions
- Tracking down lost luggage
- Finding good doctors
- Translator referrals
- Getting admitted to the hospital
- And more!



Download your Assist America card at healthpartners.com/getcareeverywhere
Get the **Assist America** app for use on-the-go, reference number 01-AA-HPT-05133



Get the right care at the right price

When you need	Go to	Average costs	Average time spent
Health advice from a registered nurse for: <ul style="list-style-type: none"> • At-home remedies • When to go in for care 	<u>HealthPartners CareLineSM nurse line</u> 24/7 tips and advice	Free	 15 minutes
Treatment and prescriptions for minor medical issues, like: <ul style="list-style-type: none"> • Bladder infection • Pink eye • Upper respiratory infections 	Virtual or convenience care	\$	 15 minutes
A regular checkup or special care during the day for things like: <ul style="list-style-type: none"> • Diabetes management • Vaccines 	Primary care clinics	\$\$	 30 minutes
Care for urgent problems when your doctor's office is closed, like: <ul style="list-style-type: none"> • Cuts that need stitches • Joint or muscle pain 	Urgent care clinics	\$\$\$	 45 minutes
Help in an emergency, such as: <ul style="list-style-type: none"> • Chest pain or shortness of breath • Head injury 	Emergency room	\$\$\$\$	 60 minutes +



What's next

ID card


Keep in touch


Your member ID card

For anyone enrolling in a new plan, you'll get a new ID card.

Each person on the plan will get their own ID card. Your provider will take a copy of your card so they can submit your claim to us. Pull it up on the go and fax it to your clinic in the **myHP** mobile app.

We're here for you – easily find our number and give us a call

 **HealthPartners®**



ID 12345678 **Group** 3502 **Renewal Mo.** January

Name JANE A DOE

Care Type Distinctions III

virtuwell covered 100% [virtuwell.com](https://www.virtuwell.com)

Office - Benefit Level 1 \$20.00


Office - Benefit Level 2 \$30.00

Office - Benefit Level 3 \$40.00

Urgent Care \$40.00

Convenience Care \$20.00

RxBIN 003585 RxPCN 24002 [healthpartners.com](https://www.healthpartners.com)

 **OAP**
Open Access
Plus Plan

National coverage
with Cigna

For your
doctor to ask
questions
and submit
claims

Member Services 952-883-5000 or 800-883-2177

HealthPartners Member Services, PO Box 1309, Minneapolis, MN 55440-1309

For emergencies call 911 and/or get immediate medical attention. For medical advice call the CareLineSM nurse service any time **612-339-3663 or 800-551-0859**.

Admissions Fax information to **952-853-8705** or call **800-316-9807**

Claims [healthpartners.com/eservices](https://www.healthpartners.com/eservices)
HealthPartners Claims, PO Box 1289, Minneapolis, MN 55440-1289

Pharmacy [healthpartners.com/formulary](https://www.healthpartners.com/formulary)

	In Network	Out of Network
Deductible (Individual/Family)	NA/NA	\$400/\$800
Out of Pocket Max (Individual/Family)	\$2,500/\$4,500	\$4,000/\$8,000

AWAY FROM HOME CARE

optometry care includes PHCS network

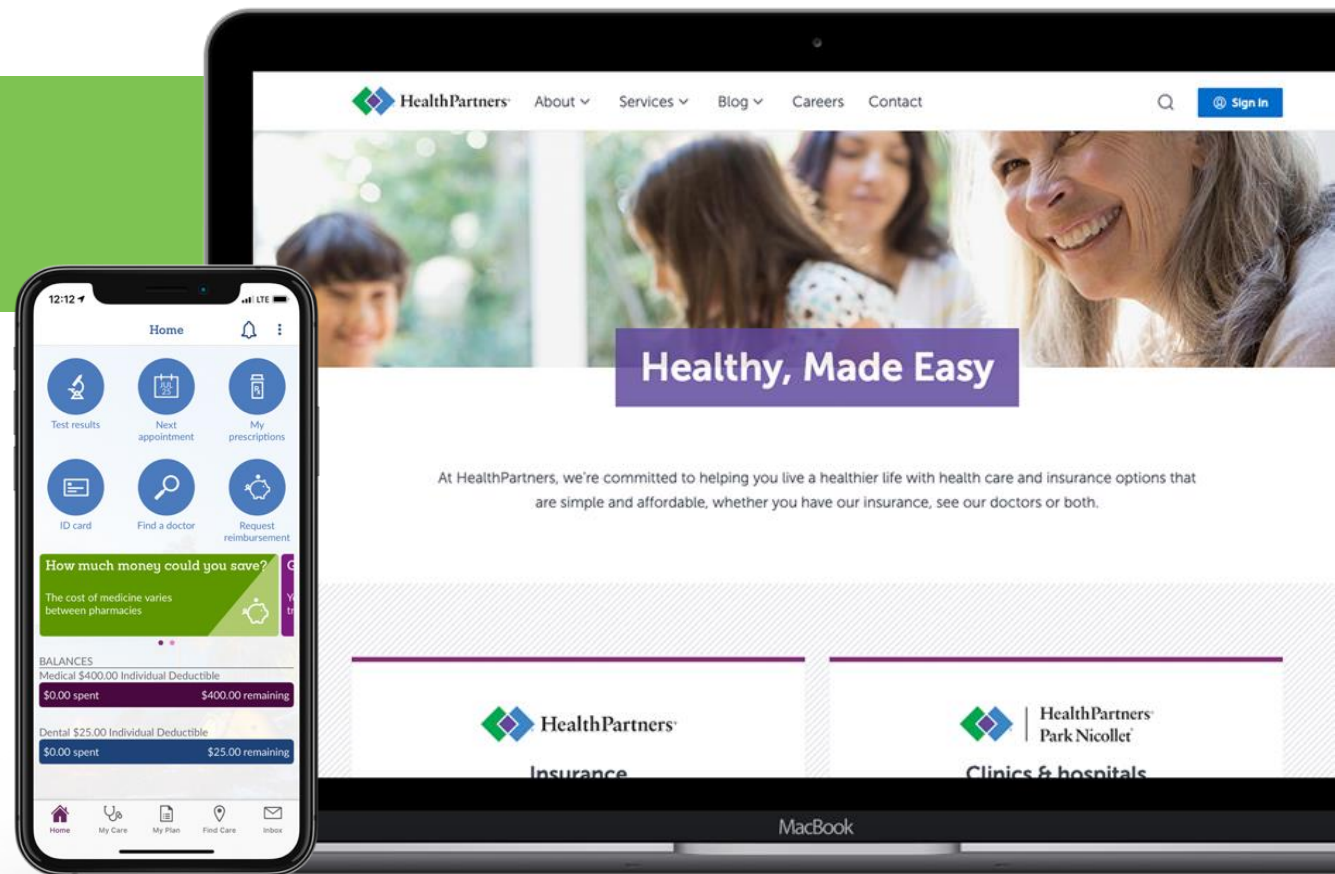
Administered by HealthPartners Administrators



Let's keep in touch

As your new plan year begins, it's important to stay connected.













- Watch for your ID card in the mail
- Create and use your online account
- Get tips and reminders via email
- Call us with questions



Once you have your ID card, visit healthpartners.com/signupnow to create your online account in less than 5 minutes



Here for you 24/7

Member Services	Help with all things related to your plan	 	Mon – Fri, 7 a.m. to 6 p.m., CT 800-883-2177 or 952-883-5000
Nurse NavigatorSM program	Support in finding the right care	 	Mon – Fri, 7:30 a.m. to 5 p.m., CT 800-883-2177 or 952-883-5000
Pharmacy Navigators	Help with your medicines	 	Mon – Fri, 8 a.m. to 5 p.m., CT 800-883-2177 or 952-883-5000
Behavioral Health Navigators	Help with mental or chemical health benefits	 	Mon – Fri, 8 a.m. to 5 p.m., CT 888-638-8787
CareLineSM service nurse line	Trusted nurse advice	 	24/7, 365 days a year 800-551-0859
BabyLine phone service	Expert guidance on your pregnancy or new baby	 	24/7, 365 days a year 800-845-9297



Thank you!

