

In the Upper School, St. Mary's offers four fall sports; Volleyball, Soccer, Golf, and Cross Country. Cross Country is a no-cut sport. In the Middle School (grades 6-8), St. Mary's offers five fall sports; Volleyball, Soccer, Golf, Cross Country, and Tennis. Cross Country is a no-cut sport. In the Lower School (grades 3-5) St. Mary's offers Cross Country as a no-cut sport, and Golf and Tennis are available for 5th grade students.

Registration will be activated in the next few weeks and you will find important dates for the summer months below. If you have any questions about SMS athletics, please contact our Director of Athletics, [John Bartholomew](#)

### **Required Athletic Forms**

In order to play sports in the current school year, an athlete must have had a physical exam no *earlier* than April 15.

Campbell Clinic will be in McNeill Gym on May 20 from 8:00 am - 9:30 am to offer free athletic physicals for SMS students. No registration is required.

Athletes must submit all required athletic health forms before first practice or tryout using **Magnus Health**. Forms can be filled out and signed electronically on the web browser.

Parents can sign in using their SMS Parent Portal login credentials. Please contact [Claire Betti](#) with questions regarding Athletic Health Forms.

### **TSSAA Dead Period (no athletics)**

Monday, June 26th-Sunday, July 9th - *Great time to plan a vacation!!!*



### **Upper School (Rising 9th to 12th)**

#### **Open Gyms**

Monday, May 1st  
Wednesday, May 3rd  
Monday, May 8th  
Wednesday, May 10th  
Wednesday, May 17th  
Monday, May 22nd  
Wednesday, May 24th

#### **Tryouts**

Tuesday, May 30th & Wednesday, May 31st 4:30-6:30 in McNeill Gym  
Players with unchangeable conflicts on the tryout dates should contact Coach [Allison Clause](#) immediately.

#### **Summer Practices**

Thursday, June 1st - First Team Practice & Team Bonding 4:30-8:30 in McNeill Gym (dinner provided)  
The team will practice Monday-Thursday throughout June and Monday-Friday throughout July & August.  
Practices will be from 4:30-6:30.

Team Camp is TBD - please plan for mid- to late-July.

## **Middle School (Rising 6th to 8th)**

### **Open Gyms (Rising 6th-8th grade)**

Monday, May 8th, 3:30-5:00 in McNeill Gym

Thursday, May 11th, 3:30-5:00 in McNeill Gym

### **Tryouts (Rising 6th grade)**

Tuesday, May 16th 3:30-5:00 in McNeill Gym

Thursday, May 18th 3:30-5:00 in McNeill Gym

### **Tryouts (Rising 7th-8th grade)**

Tuesday, May 16th 4:30-6:00 in McNeill Gym

Thursday, May 18th 4:30-6:00 in McNeill Gym

### **Summer Practices**

June 6-8: Practice, afternoon/evening

June 12-16: SMS Team Camp, 8:30-11:30am

June 20-22: Practice, afternoon/evening

Break until July 24th

July 24-27: Practice, afternoon/evening

July 31-August 3rd : Practice, afternoon/evening

August 7-10: Practice, afternoon/evening



## **Upper School (Rising 9th to 12th)**

Runners will begin practicing on June 5th. No running experience is required. The Cross Country season ends the first weekend in November.

## **Middle School (Rising 6th to 8th)**

Runners will begin practicing on June 5th. They will meet 3-4 times a week throughout the summer. No running experience is required. The season concludes in the middle of October. Middle School Cross Country is a no-cut sport.

## **Lower School (Rising 3rd to 5th)**

Runners will begin practicing in early August. No running experience is required. Lower School Cross Country is a no-cut sport.



### **Upper School (Rising 9th to 12th)**

#### **Kick Arouns**

Tuesday, May 16th - Friday, May 19th and also May 23rd-24th from 4:00-5:30 pm

#### **Tryouts**

Friday, May 26th, 3:30-5:30 pm

Tuesday, May 30th, 3:30-5:30 pm

Wednesday, May 31st, 3:30-5:30 pm

Players with unchangeable conflicts on the tryout dates should contact Coach [Patrick Kabano](#) immediately.

#### **Practice**

The team will practice Monday-Friday throughout the summer. Practices will be held in the morning.

### **Middle School (Rising 6th to 8th)**

#### **Kick Arouns**

Optional Kick Around May 22 - May 25th, 3:30 - 4:30

#### **Tryouts**

Tryouts May 30 - June 1, 4:00-5:00

Players with unchangeable conflicts on the tryout dates should contact Coach [Rachel Giampapa](#) immediately.

#### **Practice**

The team will practice Monday-Thursday throughout the summer. Practices will be held from 8:00-9:30.

**Team Skills Camp** with Varsity Coach Patrick Kabano (registration through [Ultracamp.com](#)) June 20th-23rd, 8:30-11:30



### **Upper School (Rising 9th to 12th)**

Practices will begin in early August. Golfers must have their own set of clubs. The team will play matches 2-3 times a week during the season. Tryouts are Aug. 7, 6:15am Galloway Golf Course. The Golf season concludes the first week in October.

### **Middle School (Rising 5th to 8th)**

Practices will begin in mid-August. No experience is necessary, but golfers must have their own clubs. The MS Golf team meets three times a week from August through September.



**Middle School (Rising 5th to 8th)**

Practices will begin in late July. The team will practice 3 or 4 times a week until early October.