NUT FREE BASIL PARSLEY PESTO

Prep Time *5 minutes*
Total Time *5 minutes*
Servings *8*
Calories *144 kcal*
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Ingredients

- 3 cups fresh packed basil leaves
- 1 cup fresh parsley
- 2 cloves garlic
- 1/2 cup grated Parmesan
- 1/2 cup extra virgin olive oil
- 1/4 teaspoon salttaste and adjust
- pepper to taste

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Instructions

1. Place all ingredients into blender.
2. Pulse into smooth consistency or to your liking.
3. Taste and adjust salt if needed.
4. Makes 1 cup.
5. Keep refrigerated.