University is not a dream, it's a plan



WORKSHOP 4

WHEN I GROW UP... WORKBOOK FOR PARENTS AND STUDENTS

Name			
School			



EVALUATING MY CARRER INTERESTS

Step 1: Check the items in each box that best describe you. You can check as many items as you'd like! Then add up the number in each box and write it in the far right column. Which boxes have the highest number? Those are your top Industry Sectors and most closely match up with your career interest.

1.	What I like to do: Learn how things grow and stay alive. Make the best use of the earth's natural resources. Hunt and/or fish. Protect the environment. Be outdoors in all kinds of weather. Plan, budget, and keep records. Operate machines and keep them in good repair.	My personal qualities Self-reliant Nature lover Physically active Planner Creative problem solver	School subjects I like: Math Life Sciences Earth Sciences Chemistry Agriculture	Total number checked in Box 1
2.	What I like to do: Read and follow blueprints and/or instructions. Picture in my mind what a finished product looks like. Work with my hands. Perform work that requires precise results. Solve technical problems. Visit and learn from beautiful, historic, or interesting buildings. Follow logical, step-by-step procedures.	My personal qualities Curious Good at following directions Pay attention to detail Good at visualizing possibilities Patient and persistent	School subjects I like: Math Drafting Chemistry, Physics Construction Trades Electrical Trades/Heat, Air Conditioning and Refrigeration/Technology Education	Total number checked in Box 2
	What I like to do:	My personal qualities	School subjects I like:	Total
3.	Use my imagination to communicate new information to others. Perform in front of others. Read and write. Play a musical instrument. Perform creative, artistic activities. Use video and recording technology. Design brochures and posters.	□ Creative and imaginative □ Good communicator, good vocabulary □ Curious about new technology □ Relate well to feelings and thoughts of others □ Determined/tenacious	 Music Speech and Drama Journalism/Literature Audiovisual Technology 	number checked in Box 3

 $Adapted\ from\ Washington\ State's\ "Where\ are\ you\ going?\ Career\ Guide"\ funded\ through\ the\ 1998\ Carl\ D.\ Perkins\ Vocational\ Act$

5.	What I like to do: Communicate with different types of people. Help others with their homework or to learn new things. Go to school. Direct and plan activities for others. Handle several responsibilities at once. Acquire new information. Help people overcome their challenges.	My personal qualities Friendly Decision maker Helpful Innovative/Inquisitive Good listener	School subjects I like: Language Arts Social Studies Math Science Psychology	Total number checked in Box 5
6.	What I like to do: Work with numbers. Work to meet a deadline. Make predictions based on existing facts. Have a framework of rules by which to operate. Analyze financial information and interpret it to others. Handle money with accuracy and reliability.	My personal qualities Trustworthy Orderly Self-confident Logical Methodical or efficient	School subjects I like: Accounting Math Economics Banking/Financial Services Business Law	Total number checked in Box 6
7.	What I like to do: ☐ Be involved in politics. ☐ Negotiate, defend, and debate ideas and topics. ☐ Plan activities and work cooperatively with others. ☐ Work with details. ☐ Perform a variety of duties that may change often. ☐ Analyze information and interpret it to others. ☐ Travel and see things that are new to me.	My personal qualities Good communicator Competitive Service minded Well organized Problem solver	School subjects I like: Government Language Arts History Math Foreign Language	Total number checked in Box 7
8.	What I like to do: Work under pressure. Help sick people and animals. Make decisions based on logic and information. Participate in health and science classes. Respond quickly and calmly in emergencies. Work as a member of a team. Follow guidelines precisely and meet strict standards of accuracy.	My personal qualities Compassionate and caring Good at following directions Conscientious and careful Patient Good listener	School subjects I like: Biological Sciences Chemistry Math Occupational Health Language Arts	Total number checked in Box 8

9.	What I like to do: Investigate new places and activities. Work with all ages and types of people. Organize activities in which other people enjoy themselves. Have a flexible schedule. Help people make up their minds. Communicate easily, tactfully, and courteously. Learn about other cultures.	My personal qualities Tactful Self-motivated Works well with others Outgoing Slow to anger	School subjects I like: Language Arts, Speech Foreign Languages Social Sciences Marketing Food Services	Total number checked in Box 9
10.	What I like to do: Care about people, their needs, and their problems. Participate in community services and/or volunteering. Listen to other people's viewpoints. Help people be at their best. Work with people from preschool age to old age. Think of new ways to do things. Make friends with different kinds of people.	My personal qualities Good communicator, good listener Caring Non-materialistic Uses intuition and logic Non-judgmental	School subjects I like: Language Arts Psychology, Sociology Family and Consumer Sciences Finance Foreign Language	Total number checked in Box 10
	What I like to do: Work with computers. Reason clearly and logically to solve complex problems. Use machines, techniques, and processes.	My personal qualities Logical/analytical thinker See details in the big picture	School subjects I like: Math Science Computer Technology, Computer Applications	Total number
11.	 Read technical materials and diagrams and solve technical problems. Adapt to change. Play video games and figure out how they work. Concentrate for long periods without being distracted. 	Persistent Good concentration skills Precise and accurate	☐ Communications ☐ Graphic Design	checked in Box 11

13.	What I like to do: Work with my hands and learn that way. Put things together. Do routine, organized, and accurate work. Perform activities that produce tangible results. Apply math to work out solutions. Use hand and power tools and operate equipment/machinery. Visualize objects in three dimensions from flat drawings.	My personal qualities	School subjects I like: Math, Geometry Chemistry Trade and Industry Physics Language Arts	Total number checked in Box 13
14.	What I like to do: Shop and go to the mall. Be in charge. Make displays and promote ideas. Give presentations and enjoy public speaking. Persuade people to buy products or to participate in activities. Communicate my ideas to other people. Take advantage of opportunities to make extra money.	My personal qualities Enthusiastic Competitive Creative Self-motivated Persuasive	School subjects I like: Language Arts Math Business Education, Marketing Economics Computer Applications	Total number checked in Box 14
15.	What I like to do: Interpret formulas. Find the answers to questions. Work in a laboratory. Figure out how things work and investigate new things. Explore new technology. Experiment to find the best way to do something. Pay attention to details and help things be precise.	My personal qualities Detail oriented Inquisitive Methodical Mechanically inclined	School subjects I like: Math Science Drafting, Computer-Aided Drafting Electronics, Computer Networking Technology Education	Total number checked in Box 15
16.	What I like to do: Travel. See well and have quick reflexes. Solve mechanical problems. Design efficient processes. Anticipate needs and prepare to meet them. Drive or ride. Move things from one place to another.	My personal qualities Realistic Mechanical Coordinated Observant Planner	School subjects I like: Math Trade and Industry Chemistry, Physics Economics Foreign Language	Total number checked in Box 16

Step 2: Now write down th	
bers from the boxes where	
most responses. These are	•
three areas of career interest	9SI. ■
	å L
Step 3: On pages 7 and 8,	find the
Industrial Sector in which;	
of career interests are liste	•
Read the description of the	
Sectors and then write the	
the following spaces.	~ <u> </u>

INDUSTRY SECTORS

Industry Sectors help you use what interests you to narrow career search — without necessarily narrowing your options. With each step in your education, you focus more on specific skills needed for a particular job. With Industry Sectors, you're able to view related careers within a larger field.

1. Agriculture, Food, and Natural Resources Career Cluster

Focuses on the production, processing, marketing, distribution, financing, and development of agricultural commodities and resources including food, fiber, wood products, natural resources, horticulture, and other plant and animal products/resources.



2. Architecture and Construction Career Cluster

Careers in designing, planning, managing, building, and maintaining the built environment.



3. Arts, Audio/Video Technology and Communications Career Cluster

Designing, producing, exhibiting, performing, writing, and publishing multimedia content including visual and performing arts and design, journalism, and entertainment services.



4. Business, Management and Administration Career Cluster

Careers in planning, organizing, directing, and evaluating business functions essential to efficient and productive business operations.



5. Education and Training Career Cluster

Planning, managing, and providing education and training services, and related learning support services.



6. Finance Career Cluster

Planning, services for financial and investment planning, banking, insurance, and business financial management.



7. Government and Public Administration Career Cluster

Planning and performing government functions at the local, state, and federal levels, including governance, national security, foreign service, planning, revenue and taxation, and regulations.



8. Health Science Career Cluster

Planning, managing, and providing therapeutic services, diagnostic services, health informatics, support services, and biotechnology research and development.



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9. Hospitality and Tourism Career Cluster

The management, marketing, and operations of restaurants and other food services, lodging, attractions, recreation events, and travel related services.



10. Human Services Career Cluster

Preparing individuals for employment in career pathways that relate to families and human needs such as counseling and mental health services, family and community services, personal care, and consumer services.



11. Information Technology (IT) Career Cluster

Building linkages in IT occupations for entry level, technical, and professional careers related to the design, development, support and management of hardware, software, multimedia, and systems integration services.



12. Law, Public Safety, Corrections and Security Career Cluster

Planning, managing, and providing legal, public safety, protective services, and homeland security, including professional and technical support services.



13. Manufacturing Career Cluster

Planning, managing, and performing the processing of materials into intermediate or final products and related professional and technical support activities such as production planning and control, maintenance and manufacturing/process engineering.



14. Marketing Career Cluster

Planning, managing, and performing marketing activities to reach organizational objectives.



15. Science, Technology, Engineering and Mathematics (STEM) Career Cluster

Planning, managing, and providing scientific research and professional and technical services (such as physical science, social science, engineering) including laboratory and testing services, and research and development services.



16. Transportation, Distribution and Logistics Career Cluster

Planning, management, and movement of people, materials, and goods by road, pipeline, air, rail, and water and related professional support services such as transportation infrastructure planning and management, logistics services, mobile equipment, and facility maintenance.



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Step 4: INDUSTRY SECTOR GALLERY WALK

INDUSTRY SECTOR: Business Management and Adminsitration	CAREER THAT INTEREST ME Entry Level: With a high school diploma: Operator of office machine Technical Level: With an Associates degree: Office Manager Professional Level: With a Bachelors degree and beyond: Chief Financial Officer Executive Director
I RESEARCH! CAREER: Chief Financial Offi EDUCATIONAL LEVEL: Professional	I RESEARCH! CAREER OVERVIEW: description, salaries, etc. Account for a company's financial reporting. They direct the organization's financial goals, objectives and budgets. They may oversee investments and manage assets

With a high school diploma:
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evel: With an Associates degree:
Level: With a Bachelors degree and beyond:
CH! VERVIEW: description, salaries, etc.

INDUSTRY SECTOR GALLERY WALK

INDUSTRY SECTOR:	CAREER THAT INTEREST ME
	Entry Level: With a high school diploma:
	Technical Level: With an Associates degree:
	Professional Level: With a Bachelors degree and beyond:
I RESEARCH!	I RESEARCH!
CAREER:	CAREER OVERVIEW: description, salaries, etc.
	Critical Control of Carry 12 110 description, summies, etc.
EDUCATIONAL LEVEL:	

INDUSTRY SECTOR:	CAREER THAT INTEREST ME Entry Level: With a high school diploma:
	Technical Level: With an Associates degree:
	Professional Level: With a Bachelors degree and beyond:
I RESEARCH!	I RESEARCH!
CAREER:	CAREER OVERVIEW: description, salaries, etc.
EDUCATIONAL LEVEL:	

6 STEPS TO CAREER EXPLORATION

As a family they can support each other, focusing on the interests and abilities of the student, they can explore their options and discover the steps to achieve your dreams and goals. Review some tips, cross out those completed and circle the ones your are planning to complete. Remember, the student acts with support of the parents.

1. Dream big.□ Find out what you want in life. (i.e. Be happy, famous, rich, or help the family).□ If you can dream it, you can do it.
2. Explore and develop your interests. Make a list of topics that interest you (i.e. "I like"). If you could do anything, what would it be? Is there a career you admire most? Which career path you want to learn more about? Is there a career that you feel is difficult to go into? If so, why?
3. Explore and develop your skills. □ Identify your skills you have acquired in school, training or activities. □ Be proactive - you will not know what you excel and you're good at, if you do not try. □ Participate in activities - the best way to know what you like or not, it is to be active in organizations, clubs and/or church. □ Look for opportunities to get involved or volunteer in your future career path - thus is good for career research and also looks great on your college application.
4. Investigate options for different carrier paths. □ Read books about specific careers □Find out about particular career in Internet □Interview professionals or adults who have knowledge and ask them specific questions about their experiences and passions that will help you expand your mind.
5. Talk to your counselor. □ You're not alone! Make an appointment with the counselor to discuss interest assessment tests, books and other resources available at the school.
6. Have a plan. □ Start with your ultimate goal. Altough you do not know what career goals you have, you can review these steps to help you explore.

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