

JUNE 2023

Centennial Schools

BREAKFAST



PreK, 1st-12th grade Breakfast \$1.00
Kindergarten Breakfast \$0.00
Just Milk \$.60
2nd Breakfast \$2.50



June is National Dairy Month! Complete your meal with a cup of fat-free or low-fat milk. You will get the same amount of calcium and other essential nutrients as whole milk but fewer calories. Don't drink milk? Try a soy beverage (soymilk) as your drink or include low-fat yogurt in your meal or snack. Reference: USDA MyPlate Menu is subject to change
This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Apple Filled Donut

1

Banana Chocolate Chip Muffin Loaf

2

COOK'S CHOICE

5

COOK'S CHOICE

6

ENJOY YOUR SUMMER

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