



# Return of the 6th ANNUAL 2023 BLUE & GOLD 5K FUN RUN

*Saturday, June 10, 2023  
Homecoming Weekend*

Registration begins at 8:30 a.m. Van Why Field  
400 Yard Dash - 9:15 a.m.

5K Race - 10:00 a.m.

Gilbert's Newly Created Cross Country Course

*In conjunction with the Blue & Gold golf tournament, proceeds to support the student-athletes of The Gilbert School.*

**Entry Fees:** 5K - \$25 Pre-registered by May 15th \$30 after & day of race; (non-refundable)

Students 18 and under - \$15 Pre- registered by May 15th; \$20 after and day of the race. Gilbert students: \$10

**400 Yard Dash - \$5**

**Awards:** Top M/F for each age group: 12 and under, 13-19, 20-29, 30-39, 40-49, and 50 and older; top M/F Gilbert student; top M/F Gilbert faculty member; top M/F 400 Yard dash.

\*Fruit and water will be provided for after the race.

**Course:** The Gilbert School newly created Blue and Gold 5K course

**Contact:** Please send your check and registration to **Gilbert Athletics Department, 200 Williams Ave, Winsted, CT 06098**. Please contact AD Buckley Morgan [morganb@gilbertschool.org](mailto:morganb@gilbertschool.org) if you have any questions.

**Go Yellowjackets!**

**Name:** \_\_\_\_\_ **Tel. #** \_\_\_\_\_ **E-mail** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City/State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Age:** \_\_\_\_\_ **M/F** \_\_\_\_\_ **Circle One:**    **5K**    **400 Yard Dash**    **Both Events**

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event. Having read this waiver and knowing these facts and in consideration of accepting my entry, I and anyone entitled to act on my behalf, waive and release the The Gilbert School and the Gilbert Athletics department, all race volunteers and all sponsors, their representatives, employees and successors from any claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in the waiver. Further, I grant to all of the foregoing the right to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

Signature (If under 18-parent/guardian) \_\_\_\_\_ **Date** \_\_\_\_\_