

MAY 2023

Centennial Schools

BREAKFAST



PreK, 1st-12th grade Breakfast \$1.00
Kindergarten Breakfast \$0.00
Just Milk \$.60
2nd Breakfast \$2.50



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate

Menu is subject to change

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Apple Mini Breakfast Bites **1**

Mini Bagel- **2**

Oatmeal Round **3**

Apple Filled Donut **4**

Banana Chocolate Chip Muffin Loaf **5**

Apple Frudel **8**

Cinnamon Toast Soft Chew **9**

Brekkie **10**

Mini Cinni **11**

French Toast Muffin Loaf **12**

Apple Mini Breakfast Bites **15**

Mini Bagel- **16**

Oatmeal Round **17**

Apple Filled Donut **18**

Banana Chocolate Chip Muffin Loaf **19**

Apple Frudel **22**

Cinnamon Toast Soft Chew **23**

Brekkie **24**

Mini Cinni **25**

French Toast Muffin Loaf **26**

Memorial Day
NO SCHOOL **29**

Mini Bagel- **30**

Oatmeal Round **31**

