



Illness Policy
Revised April 14, 2023

What criteria needs to be met for my child to be in school?

- Feel well and have their normal level of energy
- Fever-free for at least a full 24 hours without the use of any fever-reducing medications (i.e. Tylenol, Motrin, etc).
- No vomiting or diarrhea for at least a full 24 hours and tolerating a normal diet with a normal bowel movement
- Hygienically manage the symptom to limit the spread of germs
- Must be able to participate in all class/school activities

What happens if my child is not feeling well at school?

- Your child will be assessed by a School Nurse and if necessary, you will be contacted via phone and or email. They may be sent home and should be picked up within one hour.

What is the procedure to return to school after being absent and/or sent home early? (see chart below)

Situation	To return to school, the following is required:
<i>Absent and/or sent home sick:</i>	<i>Fever free, with no symptoms = no COVID test required Fever free, minor lingering symptoms (cough, runny nose) = one COVID test is required and a picture of the result needs to be submitted to the nurses via email prior to arrival</i>
<i>Absent and/or sent home sick 2 days in a row:</i>	<i>One COVID test is required and a picture of the result needs to be submitted to the nurses via email prior to arrival</i>
<i>Absent and/or sent home sick 3 days in a row:</i>	<i>Healthcare Provider's note clearing the student to be in school needs to be submitted to the nurses via email prior to arrival</i>



In-Depth Illness Policy

Revised April 14, 2023

In an effort to prevent the spread of illness at school, we ask that you keep your child home if they exhibit the following symptoms:

- Fever of 100.0F or greater. Your child should remain home until their temperature returns to normal for a minimum of 24 hours, without fever reducing medications such as Motrin or Tylenol. In the interest of your child, and the school community at large, please *do not* administer fever reducing medication prior to sending your child to school. Inevitably, the fever returns and the child will have to go home.
- Nausea, vomiting, loose stools and/or excessive malaise. Your child must be symptom-free for a minimum of 24 hours before coming/returning to school. Your child must be tolerating a normal diet and have at least one formed stool.
- Continuous or frequent cough, runny nose, sneezing or any respiratory illness that produces excessive green, yellow, or clear secretions. If these symptoms persist throughout the day, and interrupt the normal functioning of the class, your child will be sent home until the symptoms have resolved.
- Diagnosis of strep throat, conjunctivitis (pink eye), Varicella (chicken pox), or other communicable diseases. If feeling well, and if antibiotics have been prescribed, your child may return to school after 24 hours of antibiotic treatment with the healthcare provider's note.
- Experiencing a rash, infection, swelling, limitations to range-of-motion and/or diminished ability to walk without limping or pain. These symptoms would require an evaluation by your child's healthcare provider. In addition, any supportive device such as an ace wrap, boot, splint, cast, crutches etc., must be reported to the school nurse prior to returning to school. Depending on the symptoms, a healthcare provider's note may be required.
- Any symptom or situation that prevents, or may prevent your child from participating fully in school activities.

In an effort to protect the well-being of all our students, we rely on parents to be forthcoming with any/all pertinent information regarding health-related concerns.

*If a child's baseline health assessment includes anything that can be viewed as a sign and/or symptom of illness, we require a note from a healthcare provider explaining the underlying condition and treatment. The healthcare provider note must state that the sign and/or symptom is present at the child's baseline health assessment and that they are safe and cleared to attend school. An example of this type of issue is specific allergies.

Please email marissa@gillenbrewer.com, avital@gillenbrewer.com, or call 212-831-3667 x520 with any questions.