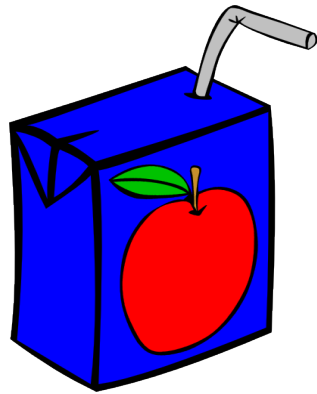


## DIABETES

Symptoms: hunger, paleness, sweating, shakiness, drowsy/fatigue, dizziness, headache, irritability and feeling upset, crying, change in personality, loss of consciousness, confusion or strange behavior, rapid deep breathing, seizure, and/or rapid pulse. If you ask “how are you feeling” Their response will most likely be: “I am fine” and “No, I don’t need help”.

***Action: when in doubt treat – when in doubt contact parent.***



***TREATMENT: sugar***

**Conscious student:** Allow student to check blood sugar (BG over 100 good, 80-100 normal but may need to give 10 carbohydrates if they walk home from the bus, less than 80 treat).

Give SUGAR (15 carbohydrates) such as fruit juice (4-6 ounces) or soda pop (not diet) 6-8 ounces, candy (6-7 lifesavers or ½ candy bar), sugar (2 packets), or glucose tablets (3), KFC honey packet (2 packets).

(Standard Treatment: Test BG, give 15 carbohydrates, wait 15 minutes, test BG, repeat until blood sugar is above 80). Never leave student alone, call parent to pick up.

**Unconscious student, losing consciousness or seizure:** call dispatch, call 911, give glucagon if available and trained, and notify parents.

Most Elementary students have a glucagon injection at school in the medical file so if you are close to school drive back to the school. EMS will start an IV with glucose drip if necessary.