

# Diversity, Equity, and Inclusivity

Advancing Equitable Opportunities



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## October Cultural Heritage Highlights



When the calendar turns to October, German American Heritage Month goes into full swing. From festivals and parades to history lessons and celebrations, flavors and sounds fill the month of October.

As early as 1683, families from Germany began settling in Pennsylvania. Ever since then, waves of immigrants brought their ingenuity and perseverance to the United States.

[German American Heritage Museum of Washington D.C.](#)



Benvenuti! (Welcome!) Italian-American Heritage Month is an annual designation observed in October. During this time, we celebrate the Italian-American culture, and spread the word about the traditions that come with it. Italian-Americans have made many contributions to the U.S., especially in art, humanities, and sciences. In 1880, Italians began migrating to the U.S. to flee rural poverty in Southern Italy and Sicily, and today, Americans of Italian descent are the nation's fifth-largest ethnic group.

[Educational Events about Italian American Heritage Month at Hofstra University](#)



Filipino Americans are the second-largest Asian American group in the nation and the third-largest ethnic group in California, after Latinas/os and African Americans. The celebration of Filipino American History Month in October commemorates the first recorded presence of Filipinos in the continental United States, which occurred on October 18, 1587, when "Luzones Indios" came ashore from the Spanish galleon Nuestra Senora de Esperanza and landed at what is now Morro Bay, California.

[For more information about Filipino American History](#)

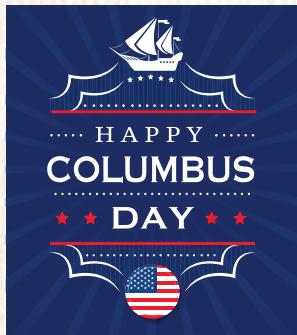
[For ways to celebrate Filipino American History](#)





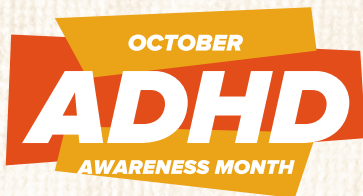
Indigenous Peoples' Day is celebrated on the second Monday of October, on October 10 this year, to honor the cultures and histories of the Native American people. The day is centered around reflecting on their tribal roots and the tragic stories that hurt but strengthened their communities.

[Find ways to celebrate Indigenous People Day](#)



Columbus Day is observed in the United States on the second Monday of October. It recognizes the historic voyage and arrival of Italian explorer, Christopher Columbus who sailed to the Americas on October 12, 1492. Columbus Day is **Monday, October 10th**.

[For more information about Columbus Day](#)



Often when we think we know something too well, it's time to step back and take a new perspective on the topic. This ADHD Awareness Month challenges us to look at what we thought we knew and develop a new, and maybe better, understanding of ADHD.

[For more information about ADHD awareness Month](#)

[ADHD Awareness Events Calendar](#)



Hindus interpret the Diwali story based upon where they live. But there's one common theme no matter where people celebrate: the victory of good over evil. This holiday is observed by more than a billion people across faith. It is a five-day festival of lights, fireworks, feast and for some a new year.

[Find out more information about Diwali](#)



World Teachers' Day is held annually on October 5th. It is a day to celebrate teachers and the central role they play in guiding children, youth and adults through the life-long learning process.

[For more information about World Teacher's Day](#)

