

# Middle School Lunch Menu

May 1 - May 5, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge



**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



- MONDAY** Cheese Ravioli w/ Meat Sauce, Breadstick, Green Beans
- TUESDAY** Chicken Tenders w/ Roll, Citrus Glazed Carrots
- WEDNESDAY** Sweet and Sour Chicken w/ Lo Mein, Roasted Broccoli
- THURSDAY** Beef Totchos w/ Aztec Corn, Tater Tots
- FRIDAY** Chicken Tenders w/ Roll, Mixed Vegetables, Mashed Potatoes and Gravy



*Served Daily: Hamburger,  
Cheeseburger, Chicken Sandwich,  
Spicy Chicken Sandwich*

- MONDAY** Chicken Tenders w/ Roll, Tater Tots
- TUESDAY** Chicken Nuggets w/ Roll, French Fries
- WEDNESDAY** Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
- THURSDAY** Chicken Nuggets w/ Roll, Potato Wedges
- FRIDAY** BBQ Pork Sandwich, French Fries



*Served Daily:*

*Chef Salad w/ Breadstick  
Crispy Chicken Wrap  
Turkey and Cheese Sub  
Ham and Cheese Sub*

*Friday Special: Kidzable: Protein Power*

*Served Daily:  
Bean and Cheese Nachos*



- MONDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
- TUESDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- WEDNESDAY** Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
- THURSDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- FRIDAY** Mexi-Chicken Nachos, Soft Chicken Taco, Frijoles ala Charro



*Served Daily: Cheese Pizza,  
Pepperoni Pizza*

- MONDAY** Italian Sausage Pizza
- TUESDAY** Personal Pepperoni Pizza
- WEDNESDAY** Jalapeno Popper Pizza
- THURSDAY** Mini Meatlover's Calzone
- FRIDAY** Cheeseburger Pizza or Pepperoni Calzone



This institution is an equal opportunity provider and employer.



Nutrition Information is available upon request.

# Middle School Lunch Menu

May 8 - May 12, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge



**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



<b>MONDAY</b>	Spaghetti w/ Meatballs, Breadstick, Mixed Veggies
<b>TUESDAY</b>	Chicken Pot Pie, Roasted Summer Squash
<b>WEDNESDAY</b>	Orange Chicken w/ Brown Rice, Green Beans
<b>THURSDAY</b>	French Toast, Scrambled Eggs, Sausage, Sweet Potato Fries
<b>FRIDAY</b>	Breaded Chicken Tender Fritter w/ Roll, Peas, Mashed Potatoes and Gravy



**Served Daily: Hamburger,  
Cheeseburger, Chicken Sandwich,  
Spicy Chicken Sandwich**

<b>MONDAY</b>	Chicken Tenders w/ Roll, Tater Tots
<b>TUESDAY</b>	Chicken Nuggets w/ Roll, French Fries
<b>WEDNESDAY</b>	Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
<b>THURSDAY</b>	Chicken Nuggets w/ Roll, Potato Wedges
<b>FRIDAY</b>	Pizza Burger, French Fries



**Served Daily:**

**Chef Salad w/ Breadstick  
Crispy Chicken Wrap  
Turkey and Cheese Sub  
Ham and Cheese Sub**

**Friday Special: Kidzable: Protein Power**

**Served Daily:  
Bean and Cheese Nachos**



<b>MONDAY</b>	Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
<b>TUESDAY</b>	Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
<b>WEDNESDAY</b>	Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
<b>THURSDAY</b>	Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
<b>FRIDAY</b>	Mexi-Chicken Nachos, Soft Chicken Taco, Frijoles ala Charro



**Served Daily: Cheese Pizza,  
Pepperoni Pizza**

<b>MONDAY</b>	Sausage Pizza
<b>TUESDAY</b>	Personal Pepperoni Pizza
<b>WEDNESDAY</b>	Jalapeno Popper Pizza
<b>THURSDAY</b>	Mini Meatlover's Calzone
<b>FRIDAY</b>	Cheeseburger Pizza



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# Middle School Lunch Menu

May 15 - May 19, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge



**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



- MONDAY** Walking Nachos w/ Corn
- TUESDAY** Grilled Cheese Sandwich w/ Tomato Soup, Potato Wedges, Broccoli
- WEDNESDAY** Chicken Parm w/ Breadstick, Mixed Vegetables
- THURSDAY** Pulled Pork Sandwich, Baked Beans, Coleslaw
- FRIDAY** Breaded Chicken Tender Fritter w/ Roll, Green Beans, Mashed Potatoes and Gravy



**Served Daily: Hamburger,  
Cheeseburger, Chicken Sandwich,  
Spicy Chicken Sandwich**

- MONDAY** Chicken Tenders w/ Roll, Tater Tots
- TUESDAY** Chicken Nuggets w/ Roll, French Fries
- WEDNESDAY** Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
- THURSDAY** Chicken Nuggets w/ Roll, Potato Wedges
- FRIDAY** Chili/Cheese Coney, French Fries



**Served Daily:**

**Chicken, Bacon and Ranch Wrap  
Crispy Chicken Salad w/ Breadstick  
Turkey and Cheese Sub  
Ham and Cheese Sub**

**Friday Special: Kidzable: Protein Power**

**Served Daily:  
Bean and Cheese Nachos**



- MONDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
- TUESDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- WEDNESDAY** Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
- THURSDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- FRIDAY** Mexi-Chicken Nachos, Soft Chicken Taco, Frijoles ala Charro



**Served Daily: Cheese Pizza,  
Pepperoni Pizza**

- MONDAY** Buffalo Chicken Pizza
- TUESDAY** Personal Sausage Pizza
- WEDNESDAY** Supreme Pizza
- THURSDAY** Sausage Calzone
- FRIDAY** Jalapeno Popper Pizza



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# Middle School Lunch Menu

May 22 - May 26, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge



**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



- MONDAY** Teriyaki Meatballs w/ Lo Mein, Broccoli
- TUESDAY** Pancakes, Sausage Link, Scrambled Eggs, Sweet Potatoe Fries
- WEDNESDAY** Chicken Alfredo w/ Breadstick, Broccoli
- THURSDAY** Chili w/ Cornbread, Corn
- FRIDAY** Summer!!!



*Served Daily: Hamburger,  
Cheeseburger, Chicken Sandwich,  
Spicy Chicken Sandwich*

- MONDAY** Chicken Tenders w/ Roll, Tater Tots
- TUESDAY** Chicken Nuggets w/ Roll, French Fries
- WEDNESDAY** Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
- THURSDAY** Chicken Nuggets w/ Roll, Potato Wedges
- FRIDAY** Summer!!!



*Served Daily:*

*Chef Salad w/ Breadstick  
Crispy Chicken Wrap  
Turkey and Cheese Sub  
Ham and Cheese Sub*

*Friday Special: Summer!!!*

*Served Daily:  
Bean and Cheese Nachos*



- MONDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
- TUESDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- WEDNESDAY** Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
- THURSDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- FRIDAY** Summer!!!



*Served Daily: Cheese Pizza,  
Pepperoni Pizza*

- MONDAY** Buffalo Chicken Pizza
- TUESDAY** Personal Pepperoni Pizza
- WEDNESDAY** Jalapeno Popper Pizza
- THURSDAY** Mini Meatlover's Calzone
- FRIDAY** Summer!!!



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