Middle School Lunch Menu

May 1 - May 5, 2023

Our menus are aligned with the USDA’s Healthier U.S. School Challenge.

Served Daily: Hamburger, Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich

Served Daily: Bean and Cheese Nachos

Served Daily: Cheese Pizza, Pepperoni Pizza

Served Daily: Kidzable: Protein Power

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

This institution is an equal opportunity provider and employer.
# Middle School Lunch Menu

May 8 - May 12, 2023

Our menus are aligned with the USDA’s Healthier U.S. School Challenge.

## Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

## A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

### Served Daily: Revolve

- **MONDAY**: Spaghetti w/ Meatballs, Breadstick, Mixed Veggies
- **TUESDAY**: Chicken Pot Pie, Roasted Summer Squash
- **WEDNESDAY**: Orange Chicken w/ Brown Rice, Green Beans
- **THURSDAY**: French Toast, Scrambled Eggs, Sausage, Sweet Potato Fries
- **FRIDAY**: Breaded Chicken Tender Fritter w/ Roll, Peas, Mashed Potatoes and Gravy

### Served Daily: Bean and Cheese Nachos

- **MONDAY**: Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
- **TUESDAY**: Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- **WEDNESDAY**: Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
- **THURSDAY**: Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- **FRIDAY**: Mexi-Chicken Nachos, Soft Chicken Taco, Frijoles ala Charro

### Served Daily: Hamburger, Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich

- **MONDAY**: Chicken Tenders w/ Roll, Tater Tots
- **TUESDAY**: Chicken Nuggets w/ Roll, French Fries
- **WEDNESDAY**: Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
- **THURSDAY**: Chicken Nuggets w/ Roll, Potato Wedges
- **FRIDAY**: Pizza Burger, French Fries

### Served Daily: Cheese Pizza, Pepperoni Pizza

- **MONDAY**: Sausage Pizza
- **TUESDAY**: Personal Pepperoni Pizza
- **WEDNESDAY**: Jalapeno Popper Pizza
- **THURSDAY**: Mini Meatlover’s Calzone
- **FRIDAY**: Cheeseburger Pizza

### Fast Takes

**Served Daily:**

- Chef Salad w/ Breadstick
- Crispy Chicken Wrap
- Turkey and Cheese Sub
- Ham and Cheese Sub

**Friday Special:** Kidzable: Protein Power

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Nutrition Information is available upon request.
Middle School Lunch Menu

May 15 - May 19, 2023

Our menus are aligned with the USDA’s Healthier U.S. School Challenge.

REVOLVE

MONDAY: Walking Nachos w/ Corn
TUESDAY: Grilled Cheese Sandwich w/ Tomato Soup, Potato Wedges, Broccoli
WEDNESDAY: Chicken Parm w/ Breadstick, Mixed Vegetables
THURSDAY: Pulled Pork Sandwich, Baked Beans, Coleslaw
FRIDAY: Breaded Chicken Tender Fritter w/ Roll, Green Beans, Mashed Potatoes and Gravy

FIESTA

Served Daily: Bean and Cheese Nachos

MONDAY: Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
TUESDAY: Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
WEDNESDAY: Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
THURSDAY: Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
FRIDAY: Mexi-Chicken Nachos, Soft Chicken Taco, Frijoles ala Charro

HONOR ROLL

Served Daily: Hamburger, Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich

MONDAY: Chicken Tenders w/ Roll, Tater Tots
TUESDAY: Chicken Nuggets w/ Roll, French Fries
WEDNESDAY: Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
THURSDAY: Chicken Nuggets w/ Roll, Potato Wedges
FRIDAY: Chili/Cheese Coney, French Fries

UPPER CRUST

Served Daily: Cheese Pizza, Pepperoni Pizza

MONDAY: Buffalo Chicken Pizza
TUESDAY: Personal Sausage Pizza
WEDNESDAY: Supreme Pizza
THURSDAY: Sausage Calzone
FRIDAY: Jalapeno Popper Pizza

FAST TAKES

Served Daily:

Chicken, Bacon and Ranch Wrap
Crispy Chicken Salad w/ Breadstick
Turkey and Cheese Sub
Ham and Cheese Sub

Friday Special: Kidzable: Protein Power

This institution is an equal opportunity provider and employer.

Nutrition information is available upon request.
Middle School Lunch Menu

May 22 - May 26, 2023

Our menus are aligned with the USDA’s Healthier U.S. School Challenge.

- Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

**Served Daily:**

- **Hamburger, Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich**
  - MONDAY: Chicken Tenders w/ Roll, Tater Tots
  - TUESDAY: Chicken Nuggets w/ Roll, French Fries
  - WEDNESDAY: Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
  - THURSDAY: Chicken Nuggets w/ Roll, Potato Wedges
  - FRIDAY: Summer!!!

- **Bean and Cheese Nachos**
  - MONDAY: Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
  - TUESDAY: Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
  - WEDNESDAY: Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
  - THURSDAY: Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
  - FRIDAY: Summer!!!

- **Cheese Pizza, Pepperoni Pizza**
  - MONDAY: Buffalo Chicken Pizza
  - TUESDAY: Personal Pepperoni Pizza
  - WEDNESDAY: Jalapeno Popper Pizza
  - THURSDAY: Mini Meatlover’s Calzone
  - FRIDAY: Summer!!!

**Served Daily:**

- Chef Salad w/ Breadstick
- Crispy Chicken Wrap
- Turkey and Cheese Sub
- Ham and Cheese Sub

**Friday Special:** Summer!!!

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Nutrition Information is available upon request.