### High School Lunch

**Week of May 1 - May 5, 2023**

#### GRILL

<table>
<thead>
<tr>
<th>EVERYDAY SELECTIONS</th>
<th>Meats</th>
<th>Toppings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hamburger, Cheeseburger, Crispy Chicken, Spicy Chicken, Veggie Burger</td>
<td>M: Buffalo Chicken Burger</td>
<td>Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles</td>
</tr>
<tr>
<td>M: Chilly Philly Pizza</td>
<td>T: Buffalo Chicken Pizza</td>
<td>W: Southwest BBQ Chicken Pizza</td>
</tr>
<tr>
<td>T: Buffalo Chicken Wrap/Salad</td>
<td>W: Chicken Parmesan</td>
<td>Th: Hawaiian Pizza</td>
</tr>
<tr>
<td>W: Southwest BBQ Chicken Pizza</td>
<td>Th: Grilled Cheese</td>
<td></td>
</tr>
<tr>
<td>Th: Southern Style Crispy Chicken Wrap</td>
<td></td>
<td></td>
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#### PIZZA

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<thead>
<tr>
<th>EVERYDAY SELECTIONS</th>
<th>Meats</th>
<th>Toppings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheese Pizza, Mozzarella Stuffed Breadstick with Marinara</td>
<td>M/W/F: Pepperoni Pizza</td>
<td>T: Sausage</td>
</tr>
<tr>
<td>M: Chilly Philly Pizza</td>
<td>T: Buffalo Chicken Pizza</td>
<td>W: Southern Style Crispy Chicken Wrap/Salad</td>
</tr>
<tr>
<td>T: Buffalo Chicken Pizza</td>
<td>W: Southwest BBQ Chicken Pizza</td>
<td>Th: Hawaiian Pizza</td>
</tr>
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<td>W: Southwest BBQ Chicken Pizza</td>
<td>Th: Grilled Cheese</td>
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<td>Th: Southern Style Crispy Chicken Wrap</td>
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#### FAST TAKES

<table>
<thead>
<tr>
<th>DAILY SPECIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>M: Turkey Sub or Ham Sub</td>
</tr>
<tr>
<td>T: Turkey Sub or Buffalo Chicken Sub</td>
</tr>
<tr>
<td>W: Turkey Sub or American Combo Sub</td>
</tr>
<tr>
<td>Th: Turkey Sub or Crispy Chicken Sub</td>
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<td>F: Turkey Sub or American Combo Sub</td>
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<tr>
<th>EVERYDAY SELECTIONS</th>
<th>Meats</th>
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</thead>
<tbody>
<tr>
<td>Custom Subs with a Variety of Meats, Cheeses, Fresh Baked Breads, Premium Sauces and Toppings</td>
<td>M: Buffalo Chicken</td>
<td>Creamy Sriracha Sauce</td>
</tr>
<tr>
<td>M: Chilly Philly Sub</td>
<td>T: BBQ Chicken</td>
<td>A spicy cayenne pepper sauce with special seasonings</td>
</tr>
<tr>
<td>T: Buffalo Chicken Wrap</td>
<td>W: Crispy Chicken</td>
<td>Creamy Buffalo Sauce</td>
</tr>
<tr>
<td>W: Southwest BBQ Chicken Sub</td>
<td>Th: Chicken Salad</td>
<td>Buttermilk ranch dressing blended with cayenne pepper sauce</td>
</tr>
<tr>
<td>Th: Southern Style Crispy Chicken Wrap</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### ADVENTURE

**Enjoy this week’s favorites Monday Thursday in Adventure!**

An Asian-inspired experience awaits. Pick your base of rice or noodles, then top with your favorite protein, veggies and other additions for a bowlful of goodness, customized to your liking.

#### PIZZA

**Meat Lovers Pizza**

#### GRILL

**Buffalo Chicken Sandwich**

#### FAST TAKES

**American Combo Sub**

### ADVENTURE

**Popcorn Chicken Bowls**

### EXTRAS

**A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.**

**Creamy Sriracha Sauce**

A spicy cayenne pepper sauce with special seasonings

**Creamy Buffalo Sauce**

Buttermilk ranch dressing blended with cayenne pepper sauce.

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This institution is an equal opportunity provider. Additional nutrition information available upon request.
High School Lunch
Week of May 8 - May 12, 2023

**EVERYDAY SELECTIONS**

**M:** Chilly Philly Sub/Salad
**T:** Buffalo Chicken Wrap/Salad
**W:** Southwest BBQ Chicken Sub
**Th:** Southern Style Crispy Chicken Wrap

**Toppings:** Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

**EVERYDAY SELECTIONS**

**M:** Chicken Cordon Bleu Sandwich
**T:** Mushroom Swiss Burger
**W:** Buffalo Chicken Sandwich
**Th:** Corn Dog

**EVERYDAY SELECTIONS**

**M:** Turkey Sub or Ham Sub
**T:** Turkey Sub or Buffalo Chicken Sub
**W:** Turkey Sub or American Combo Sub
**Th:** Turkey Sub or Crispy Chicken Sub
**F:** Turkey Sub or American Combo Sub

**EVERYDAY SELECTIONS**

**M:** Chilly Philly Pizza/T: Buffalo Chicken Pizza
**W:** Southwest BBQ Chicken Pizza
**Th:** Hawaiian Pizza

**EVERYDAY SELECTIONS**

**M:** Hamburger, Cheeseburger, Crispy Chicken, Spicy Chicken, Veggie Burger
**T:** Chicken Cordon Bleu Sandwich
**W:** Mushroom Swiss Burger
**Th:** Buffalo Chicken Sandwich

**Toppings:** Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

**EVERYDAY SELECTIONS**

**M:** Chilly Philly Sub/Salad
**T:** Buffalo Chicken Wrap/Salad
**W:** Southwest BBQ Chicken Sub
**Th:** Southern Style Crispy Chicken Wrap/Salad

**EVERYDAY SELECTIONS**

**M:** Buffalo Chicken
**T:** BBQ Chicken
**W:** Crispy Chicken
**Th:** Chicken Salad
**F:** Turkey Club

**EVERYDAY SELECTIONS**

**M:** Chilly Philly Sub
**T:** Buffalo Chicken Wrap
**W:** Southwest BBQ Chicken Sub
**Th:** Southern Style Crispy Chicken Wrap

**EVERYDAY SELECTIONS**

**M:** Chilly Philly Pizza
**T:** Buffalo Chicken Pizza
**W:** Southwest BBQ Chicken Pizza
**Th:** Hawaiian Pizza

**KICK IT UP A NOTCH**

By adding one of our specialty sauces or spices to your meal! This month’s spices are T4 Signature and Garlic Herb Seasonings.

**Creamy Sriracha Sauce**
A spicy cayenne pepper sauce with special seasonings

**Creamy Buffalo Sauce**
Buttermilk ranch dressing blended with cayenne pepper sauce.
# High School Lunch
## Week of May 15 - May 19, 2023

## TASTE4

### GRILL

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### EVERYDAY SELECTIONS

**EVERYDAY SELECTIONS**

- Hamburger, Cheeseburger, Crispy Chicken, Spicy Chicken, Veggie Burger

**TOPPINGS:** Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

### PIZZA

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<td>Cheese Pizza, Mozzarella Stuffed Breadstick with Marinara</td>
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<td><strong>M/W/F:</strong> Pepperoni Pizza</td>
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### FAST TAKES

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<td>Custom Subs with a Variety of Meats, Cheeses, Fresh Baked Breads, Premium Sauces and Toppings</td>
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### DELI

- **EVERYDAY SELECTIONS**
  - **M:** Chilly Philly Sub
  - **T:** Buffalo Chicken Wrap
  - **M:** Buffalo Chicken
  - **T:** BBQ Chicken
  - **W:** Crispy Chicken
  - **Th:** Chicken Salad
  - **F:** Jalapeno Lime Chicken
  - **W:** Southwest BBQ Chicken Sub
  - **Th:** Southern Style Crispy Chicken Wrap

### ADVENTURE

**FRIDAY FAVORITES**

- Frito Chili Pie

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<td>Make every day a fiesta of flavor and fun! Choose your filling, then build your Mexican favorite just the way you like. Burritos, salads, nachos and tacos available daily.</td>
</tr>
</tbody>
</table>

### PIZZA

- **EVERYDAY SELECTIONS**
  - **M:** Chilly Philly Pizza
  - **T:** Buffalo Chicken Pizza
  - **W:** Southwest BBQ Chicken Pizza
  - **Th:** Hawaiian Pizza

### DELI

- **EVERYDAY SELECTIONS**
  - **M:** Chilly Philly Sub
  - **T:** Buffalo Chicken Wrap

### EXTRAS

- A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

### KICK IT UP A NOTCH

- **Creamy Sriracha Sauce**
  - A spicy cayenne pepper sauce with special seasonings
  - **Creamy Buffalo Sauce**
    - Buttermilk ranch dressing blended with cayenne pepper sauce.

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### High School Lunch

**Week of May 22 - 26, 2023**

#### GRILL

**EVERYDAY SELECTIONS**
- Hamburger, Cheeseburger, Crispy Chicken, Spicy Chicken, Veggie Burger

**TOPPINGS:** Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

#### PIZZA

**EVERYDAY SELECTIONS**
- Cheese Pizza, Mozzarella Stuffed Breadstick with Marinara
  - M/W/F: Pepperoni Pizza
  - T: Sausage
  - Th: Hawaiian

**M:** Chilly Philly Pizza
**T:** Buffalo Chicken Pizza
**W:** Southwest BBQ Chicken Pizza
**Th:** Hawaiian Pizza

#### FAST TAKES

**DAILY SPECIALS**
- **M:** Turkey Sub or Ham Sub
- **T:** Turkey Sub or Buffalo Chicken Sub
- **W:** Turkey Sub or American Combo Sub
- **Th:** Turkey Sub or Crispy Chicken Sub
- **F:** Summer!!!

**EVERYDAY SELECTIONS**
- Custom Subs with a Variety of Meats, Cheeses, Fresh Baked Breads, Premium Sauces and Toppings

**M:** Chilly Philly Sub/Salad
**T:** Buffalo Chicken Wrap/Salad
**W:** Southwest BBQ Chicken Sub/Salad
**Th:** Southern Style Crispy Chicken Wrap/Salad

#### DELI

**EVERYDAY SELECTIONS**
- Make every day a fiesta of flavor and fun! Choose your filling, then build your Mexican favorite just the way you like. Burritos, salads, nachos and tacos available daily.

**M:** Chilly Philly Sub
**T:** Buffalo Chicken Wrap
**W:** Southwest BBQ Chicken Sub
**Th:** Southern Style Crispy Chicken Wrap

#### ADVENTURE

**EVERYDAY SELECTIONS**
- Enjoy this week’s features Monday-Thursday in Adventure!

**FAST TAKES**
- Summer!!!

**DELICIOUS**
- Summer!!!

**PIZZA**
- Summer!!!

**FAST TAKES**
- Summer!!!

#### EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

**Creamy Sriracha Sauce**
A spicy cayenne pepper sauce with special seasonings

**Creamy Buffalo Sauce**
Buttermilk ranch dressing blended with cayenne pepper sauce.

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