

Middle School Breakfast Menu

*Flinn MS follows Elementary Breakfast Menu

May 2023



Menu is subject to change without notice

Contains pork

Vegetarian

For details about ingredients and allergens, please visit [The Titan Family Portal](#) on our website

Milk: 1% white and fat free chocolate served daily.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Yogurt & Grahams 2. Cereal & Cheese Stick Sides: Raisins & 100% Juice 01	1. Pancake Wrap 2. Cereal & Cheese Stick Sides: Apple & 100% Juice 02	1. Cinnamon Roll 2. Cereal & Cheese Stick Sides: Banana & 100% Juice 03	1. Yogurt Parfait 2. Cereal & Cheese Stick Sides: Clementines & 100% Juice 04	1. Breakfast Sandwich 2. Cereal & Cheese Stick Sides: Applesauce & 100% Juice 05
1. Pop-Tart 2. Breakfast Bar Sides: Raisins & 100% Juice 08	1. Mini Banana Bread 2. Breakfast Bar Sides: Apple & 100% Juice 09	1. Mini French Toast 2. Breakfast Bar Sides: Banana & 100% Juice 10	1. Glazed Donut 2. Breakfast Bar Sides: Clementines & 100% Juice 11	1. Turkey Sausage & Gravy Breakfast Pizza 2. Breakfast Bar Sides: Applesauce & 100% Juice 12
1. Cereal 2. Muffin & Cheese Stick Sides: Raisins & 100% Juice 15	1. Cereal Bar 2. Muffin & Cheese Stick Sides: Apple & 100% Juice 16	1. Breakfast Rounds 2. Muffin & Cheese Stick Sides: Banana & 100% Juice 17	1. Yogurt Parfait 2. Muffin & Cheese Stick Sides: Clementines & 100% Juice 18	1. Uncrustable Breakfast Bites 2. Muffin & Cheese Stick Sides: Applesauce & 100% Juice 19
1. Yogurt 2. Cereal & Grahams Sides: Raisins & 100% Juice 22	1. Cinnamon Roll 2. Cereal & Grahams Sides: Apple & 100% Juice 23	1. Mega Muffin 2. Cereal & Grahams Sides: Banana & 100% Juice 24	1. Glazed Donut 2. Cereal & Grahams Sides: Clementines & 100% Juice 25	1. Breakfast Sandwich 2. Cereal & Grahams Sides: Applesauce & 100% Juice 26
No School 29	1. Turkey Sausage Breakfast Burrito 2. Breakfast Bar & Goldfish Sides: Apple & 100% Juice 30	1. Pancake Breakfast Bowl 2. Breakfast Bar & Goldfish Sides: Banana & 100% Juice 31		