

Richland Schools

Office of the Superintendent

Memorandum

Date: 4/14/23
To: School Board
From: Shelley Redinger
Subject: Friday Packet

Enclosed please find the following documents:

- Board Dates to Remember
- Upcoming Events/Activities
- Hazel Health Update
- Family Night with Jeff Utecht-April 26th/5:00-7:30pm/Marcus Whitman
- Community Night Flyer-April 27th/5:00-6:00/TLAC



TO: Board of Directors
RE: Event Dates
DATE: 4/14/23

April:

- 4/17...Board Leadership-1:30-2:15pm (Kari/Audra)
- 4/25...Board Meeting-Board Room-6:30
 - **5:30-6:30-Executive Session-Superintendent Goals**

May:

- 5/1...Board Leadership-1:30-2:15pm (Kari/Audra)
- 5/9...Board Meeting-Board Room-6:30
 - **5:30-6:30-Budget Workshop**
- **5/11...Board Ex. Session-Superintendent Evaluation-4:30-7:00**
- 5/15...Board Leadership-1:30-2:15pm (Kari/Audra)
- 5/23...Board Meeting-Board Room-6:30
 - **5:30-6:30-Budget Workshop**

June:

- 6/5...Board Leadership-1:30-2:15pm (Kari/Audra)
- **6/9...Graduations:**
 - **9:00am...Three River's HomeLink-HomeLink**
 - **11:00am...River's Edge HS-Convention Center**
 - **1:30pm...Pacific Crest Online Academy-Convention Center**
 - **4:30pm...Hanford High School-Toyota Center**
 - **7:30pm...Richland High School-Toyota Center**
- 6/13...Board Meeting-Board Room-6:30
- 6/19...Board Leadership-1:30-2:15pm (Kari/Audra)
- 6/27...Board Meeting-Board Room-6:30

Upcoming Events/Activities:

This list is suggestions of RSD and community events to attend as a Board Member. By no means is it a comprehensive list of all activities in the District. Future events will be added to it weekly.

APRIL:

TUESDAY, APRIL 18

- Salmon Summit, 9 a.m. - 1:30 p.m. at Columbia Park in Kennewick.
- Generations of Marimba concert presented by Three Rivers HomeLink and White Bluffs Elementary, 5-6:30 p.m. at Richland High Auditorium. Tickets: \$10 at the door.

WEDNESDAY, APRIL 19

- ESD 123 Middle School Art Show Opening Reception, 5:30 p.m. at ESD 123 in Pasco. Artwork on display from April 17-May 10 at ESD 123.

THURSDAY, APRIL 20

- HHS Drama One Act Festival, 7:30 p.m. at Hanford High Auditorium. Tickets: www.hanforddrama.org.

FRIDAY, APRIL 21

- HHS Drama One Act Festival, 7:30 p.m. at Hanford High Auditorium. Tickets: www.hanforddrama.org.

SATURDAY, APRIL 22

- HHS Drama One Act Festival, 7:30 p.m. at Hanford High Auditorium. Tickets: www.hanforddrama.org.

WEDNESDAY, APRIL 26

- Parenting in the Digital Age class, Part 2: Decoding Social Media and Kids, 5-7:30 p.m. at Marcus Whitman Elementary. Register: bit.ly/41f5quF
- HHS Orchestra Concert, 7 p.m. at Hanford High Auditorium.

THURSDAY, APRIL 27

- Community UDL Showcase Night, 5-6 p.m. at TLAC.

FRIDAY, APRIL 28

- CJMS Drama "The Great, Great Granddaughter of Sherlock Holmes," 6:30 p.m. at Chief Joseph Middle School Auditorium.

SATURDAY, APRIL 29

- HHS Spring Fling Bazaar, 9 a.m. - 2 p.m. at Hanford High Commons.
- CJMS Drama "The Great, Great Granddaughter of Sherlock Holmes," 2 p.m. at Chief Joseph Middle School Auditorium.



Date: April 14, 2023
To: School Board Members
From: Tory Christensen, Executive Director
Subject: Hazel Heart Update

Background:

Mental health impacts all areas of our lives. Students with mental health challenges can find it difficult to succeed in school and these challenges can add additional stress to the home environment. According to the Center for Disease Control and Prevention, only about 20% of children with mental, emotional or behavioral disorders receive care from a specialized mental health care provider. For many, the cost, stigma and lack of access to providers create barriers to receiving much needed specialized mental health support. Students are more likely to access services in the school setting as barriers, such as transportation and absences are relieved. It is essential that students have access to the mental health support they need, so they can learn and thrive.

As Dr. Travis Gayles, Chief Health Officer, Hazel Health says “It’s important to highlight the need for creating a culture of prevention around mental health services. We’ve got to create systems and create resources that don’t wait for our children to have a crisis or come in with significant symptoms. We’ve got to come up with strategies to identify children more proactively and link them to support services to address their needs.”

Richland School District established its partnership with Hazel Heart, Hazel’s mental health program, in September 2022 recognizing that Richland students and families are facing barriers to accessing local community mental health services. The primary barrier consistently identified by district school-based support teams, including counselors, social workers, nurses, school psychologists and caregivers continues to be long wait times and limited availability for mental health services.

Hazel Heart Implementation:

The implementation of Hazel Heart (mental health) telehealth services began in September 2022 with a district goal to provide at-home counseling appointments by mid October and in school counseling appointments (both provided via telehealth) by November 1, 2022. Pre

implementation work included information sharing at Principal meetings and with the team leads for Counselors, Social Workers, School Psychologists and Nurses.

In school counseling implementation required that at least two staff members in every school be trained by the Hazel Heart implementation team. Staff were trained on the Hazel referral process, the Hazel dashboard and trained to use the telehealth equipment (ipad). In addition, schools identified their own internal Hazel team members as it was important that Hazel services be individualized to the unique community of each school. Each building also required a quiet, confidential space that was available for student appointments. Each school's appointment calendar was set by principals to best support staff and space capacity.

The district Communication Team is highly engaged with Hazel's marketing and media campaigns. Communication continues to be a priority to promote Hazel services to students and families.

Hazel Heart Access:

Since October 11, 2022 Hazel Heart has received a total of 314 referrals from 20 RSD schools. The top five referring schools include a high school, a middle school and an elementary school. Hazel is being utilized consistently at both elementary and secondary schools.

Currently, 73% of the referrals are from school staff while 27% are from parents/caregivers. 89 students have received mental health support with over 307 visits completed. 58% of visits have been completed at school while the remaining 42% have occurred at home. Top diagnoses in this region include Anxiety and Depression.

Hazel Health Implementation:

We are excited to share that Hazel Health (Physical Health) becomes available for all students, via at home services, on June 1, 2023. When a student needs care from home, their legal guardian can request a physical health visit which the student and parent can join on any computer or smart device. Hazel Health provides same day pediatric care. Hazel providers can help with headaches, abdominal pain, cold symptoms, allergies and more. In addition, after the child has completed care, Hazel Health's clinical support team can help connect families with the care or resources they need in our community, such as a local therapist, a primary care provider, or a specialist.

Ongoing Work:

Hazel Heart and Hazel Health provide our students and families with much needed resources. As both programs continue to grow, we are committed to sharing and growing this resource through ongoing training and increased communication pathways.



Family Night

With Jeff Utecht

EDUCATOR, KEYNOTE SPEAKER,
CONSULTANT, AND AUTHOR

PARENTING IN THE DIGITAL AGE

Part 2: *Decoding Social Media and Kids*

Did you miss Part 1? NO WORRIES! Come join us this time!



When:

April 26, 2023

5:00-6:00pm Dinner Provided by
Fiesta Mexican Restaurant

6:00-7:30pm Session with Jeff Utecht



What:

It used to be we rode our bikes to hangout, then we hung out via pagers and phones. Today kids hangout in video games and social networks. Learn how the social lives of students today are similar and different from those of yesteryear and what caregivers need to know and understand in raising a digital generation.

Where:

Marcus Whitman Elementary School
1704 Gray St
Richland, WA 99352

BRING YOUR 5TH-12TH GRADERS!

**Please Register By
Link or QR Code Below:**

bit.ly/41f5quF



*SUPERVISION WILL BE PROVIDED FOR
STUDENTS K-4TH GRADE: GYM PLAYGROUND,
AND AGE APPROPRIATE DIGITAL CITIZENSHIP
ACTIVITIES AVAILABLE

Questions? Please contact:

Enid Flynn, Director of Instructional Technology: enid.flynn@rsd.edu

You're invited to:

Community Night

ALL KIDS-

EVERY.

Amazing.

DAY.

**COME SEE WHAT SOME INNOVATIVE
RICHLAND TEACHERS HAVE TRIED THIS
YEAR IN UNIVERSAL DESIGN FOR
LEARNING (UDL)!**

THURSDAY, APRIL 27, 2023

5:00-6:00 PM

TLAC - 6972 KEENE RD. WEST RICHLAND