

SAN DIEGO REGIONAL CENTER SERVICE PROVIDERS FOR TRANSITION AGE YOUTH: DESCRIPTION OF PROGRAMS AND LIST OF NORTH COUNTY LOCATIONS

SDRC OFFICE LOCATIONS

North County Office
5931 Priestly Dr #100
Carlsbad CA 92008
760-736-1200

South County Office
2727 Hoover Ave #100
National City CA 91950
619-336-6600

East County Office
8760 Cuyamaca St #100
Santee CA 92071
619-596-1000

Imperial County Office
512 W Aten Rd
Imperial CA 92251
760-355-8383

PLEASE NOTE: This is a partial list only and includes agencies with physical locations that fall within the boundaries of the high school districts that are part of the North Coastal Consortium for Special Education (NCCSE) or agencies that partner with NCCSE's Transition Services Taskforce.

A complete list of service providers can be found on the SDRC website at http://sdr.org/?page_id=29. Click on "List of Service providers".

OTHER PROGRAMS

Additional programs that support transitioning students with disabilities can be found on the NCCSE website at <http://nccse.org> under Resources – Transition Services Taskforce. Services may include post-secondary vocational assistance, career guidance, job skills and training, internships and further education assistance.

ACTIVITY CENTERS (AC's)

An AC is a community-based day program that serves adults who generally have acquired most basic self-care skills, have some ability to interact with others, are able to make their needs known and respond to instructions. AC programs focus on the development and maintenance of the functional skills required for self-advocacy, community integration, and employment. **Ratios vary from 1-6 to 1-8. 1-6 must go into the community for at least two two-hour sessions per week; 1-7 must go into the community for at least one two-hour session per week. Ratios of 1-8 are typically in the community 0-4 hours or more per month.**

760-740-6800 Arc-SD No Cty Workshop (REX Industries), 1336 Rancheros Dr #100, San Marcos 92069
760-643-9394 Unyeway Oceanside, 4065 Oceanside Blvd #E-F-J-K, Oceanside 92056

ADULT DEVELOPMENT CENTERS (ADC's)

An ADC is a community-based day program that serves adults who: are in the process of acquiring self-help skills, generally need sustained support and direction in developing the ability to interact with others, need support to make their needs known, need support to respond to instructions. ADC programs focus on the development and maintenance of the functional skills required for self-advocacy, community integration, employment, and self-care. **Individuals are typically in the community 2-10 or more hours per month. Ratios are 1-4**

760-945-5028 Access Unlimited, 1591-B E Vista Way, Vista 92084
760-726-2250 Arc-SD North County Training Center, 1221 Ridge Rd, Vista 92083
760-433-5411 LOL – Life of Liberty, 1715 S Freeman St, Oceanside 92054
760-451-8692 Stepping Stones Resources, 116 W College St #B, Fallbrook 92028
760-721-1706 TERI, 305 Airport Rd, Oceanside 92058
760-743-1050 UCP North County, 205 W Mission Ave #G, Escondido 92025
760-643-9394 Unyeway Oceanside, 4065 Oceanside Blvd #E-F-J-K, Oceanside 92056

ADULT DEVELOPMENT CENTERS COMMUNITY BASED PROGRAM (CBP-ADC's)

A CBP-ADC is a community-based day program that serves adults who: are in the process of acquiring self-help skills, generally need sustained support and direction in developing the ability to interact with others, need support to make their needs known, need support to respond to instructions. ADC programs focus on the development and maintenance of the functional skills required for self-advocacy, community integration, employment, and self-care. **Individuals are typically in the community 2 hours 2 times a week or up to 100% of their program day. Ratios are 1-3 unless otherwise noted.**

760-945-5028	Access Unlimited Inc, 1591-B East Vista Way, Vista 92084
760-726-2250	Arc-SD North County Training Center, 1221 Ridge Rd, Vista 92083
760-728-6951	Care Rite Vocational, 116 W College St #B, Fallbrook 92028
760-729-3866	Community Interface Services V & VI, 2621 Roosevelt St, Carlsbad 92008
760-737-3990	Easter Seals North County, 1035 E Valley Pkwy, Escondido 92025
858-565-9870	Employment & Cmty Options, 9370 Sky Park Ct #210, San Diego 92123
760-724-1801	Great Paces, 1830 West Dr #101-106, Vista 92083
760-433-5411	Life of Liberty (LOL), 320 N Horne St, Oceanside 92054
760-736-8983	Mountain Shadows, 820 W Vallecitos Blvd #A-C, San Marcos 92069
760-445-2322	Open Arms Vocational Services, 1033 Via Prado, Fallbrook 92028
760-277-3130	Roads Day Program, 401 Country Club Ln, Oceanside 92054
760-622-2611	Sails Vista, 1025 Service Pl, Vista 92084
760-451-8692	Stepping Stone Resources, 115 W Aviation Road, Fallbrook 92028
760-497-5271	TLC Vocational Services, 2808 Cacatua St, Carlsbad 92009
760-738-4837	UCP North County, Network I, 253 S Escondido Blvd, Escondido 92025
760-643-9394	Unyeway Oceanside, 4065 Oceanside Blvd #E-F-J-K, Oceanside 92056
760-806-7500	William's Quest, 640 Civic Center Dr #112, Vista 92084

BEHAVIOR MANAGEMENT DAY TRAINING PROGRAM (BMDT)

A BMDT is a community-based day program that serves adults with severe behavior disorders and/or dual diagnosis who, because of their behavior problems, are not eligible for or acceptable in any other community-based day program. Focus is on the development and maintenance of the functional skills required for self-advocacy, community integration, employment, and self-care. Behavior Management programs work towards understanding the function of the behavior and assisting clients with communicating their needs effectively so transition to another program can take place. **Ratios are 1-3**

760-743-7193	Advanced Options, 302 Enterprise St #C, Escondido 92029
760-498-4931	Avid Behavioral Day Program, 562 W Grand Ave, Escondido 92025
760-737-3990	Easter Seals North County, 401 S Ivy St, Escondido 92025
760-678-4230	People's Care - Bliss Escondido, 1045 E Pennsylvania Ave, Escondido 92025
760-796-4077	SAILS, 1155 E Grand Ave, Escondido 92025
760-451-8692	Stepping Stones Resources, 116 W College St #B, Fallbrook 92028
760-721-1706	TERI CAAE, 305 Airport Rd, Oceanside 92058
760-643-9394	Unyeway Oceanside, 4065 Oceanside Blvd #E-F-J-K, Oceanside 92056

SUPPORTED EMPLOYMENT PROGRAMS: INDIVIDUAL PLACEMENT (IP) GROUP (GRP)

These programs provide paid work opportunities in business settings using individual placements. Person is hired by the business. One-on-one support by the job coach is provided with outcome of independent employment. Persons in this program have many work skills in place.

760-471-3700	Community Catalysts of California, 935 W San Marcos Blvd #103, San Marcos 92069 (IP/GRP)
760-729-3866	Community Interface, 2621 Roosevelt St, Carlsbad 92008 (IP/GRP)
858-565-9870	Employment & Community Options, 5050 Murphy Canyon Rd., Suite 220 92123 (IP/GRP)
760-941-7534	Partnerships With Industry No County, 4059 Oceanside Blvd #B, Oceanside 92056 (IP/GRP)
619-921-7318	Toward Maximum Independence, 1900 Sunset Drive, Ste E, Escondido 92025 (IP/GRP)
760-743-1050	UCP North County, 205 W Mission Ave #G, Escondido 92025 (GRP)

VOCATIONAL REHABILITATION/WORK ACTIVITY PROGRAMS (VR/WAP)

These programs enable individuals in HSP funded work activity programs to be served by VR counselors while still attending the work activity program. The program objective is to enable individuals to become employed in the community (primarily in supported employment). The individuals served in this program require assistance to overcome barriers that are preventing them from pursuing supported employment.

760-941-7534 Partnerships With Industry North County, 4059 Oceanside Blvd #B, Oceanside 92056
760-743-1050 UCP North County, 205 W Mission #G, Escondido 92025
760-789-5910 Unyeway Ramona, 2330 Main St, Ramona 92065

WORK ACTIVITY PROGRAMS (WAP)

WAP's serve adults who can work. The minimal productivity rate for acceptance is between 7%-10% or better of the industrial standards, given the level of support provided by the facility. However, all decisions for entry are individually based. Individuals are expected to attend the program on a regular basis. However, personal needs are reviewed as well as availability of work products. These programs are funded on an individual basis by the Habilitation, DDS.

760-941-7534 Partnerships With Industry-North County, 4059 Oceanside Blvd #B, Oceanside 92056
760-743-1050* UCP North Count,: 205 W Mission #G, Escondido 92025
760-789-5910 Unyeway Ramona, 2330 Main St, Ramona 92065

*=licensed day program

DAY PROGRAMS – TAILORED DAY SERVICE OPTION (TDSO)

Individualized service design, as determined through the IPP and approved by the regional center that maximizes the client's individualized choices and needs. This service design may include, but may not be limited to, fewer days or hours than in the program's approved day program, look-alike day program, supported employment program, or work activity program design; and flexibility in the duration and intensity of services to meet the client's individualized needs; and encourage opportunities to further the development or maintenance of employment, volunteer activities, or pursuit of postsecondary education; maximize client direction of the service; and increase the client's ability to lead an integrated and inclusive life.

619-685-1175 Arc-North County, 1336 Rancheros Dr, San Marcos 92069
760-498-4931 Avid Behavioral Day Program, 562 W Grand Ave, Escondido 92025
760-471-3700 Community Catalysts, 935 W San Marcos Blvd #103, San Marcos 92078
760-729-3866 Community Interface Services (Day Your Way), 2621 Roosevelt St, Carlsbad 92008
858-565-9870 Employment & Community Options, 5050 Murphy Canyon Rd., Suite 220 92123
760-736-8983 Mtn Shadows Outreach Services, 970 W Vallecitos Blvd #140, San Marcos 92069
760-451-8692 Stepping Stone Resources, 115 W Aviation Rd, Fallbrook 92028

INDEPENDENT AND SUPPORTED LIVING PROGRAMS

Adults who want to live in their own homes can be provided the necessary support to be able to do so. Independent living training programs are designed to assist people to develop skills in the areas of cooking, cleaning, budgeting, shopping, transportation, and community awareness to increase their ability to live independently. People who receive independent living services live in their own homes (apartment, condo, house, etc.), often with a roommate, who may or may not also receive these services. Staff come to the person's home and provide the training needed. Training may be provided from just two hours each week to several hours each day, depending on the person's needs. Independent living programs also provide 24-hour on-call emergency assistance. Supported Living programs offer both training and assistance, as well as 24 hour coordination of all the supports needed to enable individuals with extensive support needs to live in their own home.

Supported Living:

760-471-3700 Community Catalysts of California, 935 W San Marcos Blvd #103, San Marcos 92069
909-825-7132 Community Integration Network, 1835 A S. Center Pkwy #334, Escondido 92025
760-729-3866 Community Interface Services, 2621 Roosevelt St, Carlsbad 92008
760-805-1214 Enhanced Options, 31909 Del Cielo Estate #25, Bonsall 92003
858-207-8155 Evolve SLS, 3865 Shelbourne Dr #1, Oceanside 92056
909-287-3557 People's Care SLS, 1045 E Pennsylvania Ave, Escondido 92025
760-258-6643 Progressive Behavioral Therapy, 254 E Grand Ave #106, Escondido 92025
619-302-2357 Shining Pathways, 3608 Grand Ave, San Marcos 92078

Independent Living:

619-599-3313 Apollo ILS, PO Box 2408, Fallbrook 92088
760-471-3700 Community Catalysts of California, 935 W San Marcos Blvd #103, San Marcos 92069
909-825-7132 Community Integration Network, 1835A So Center Pkwy #334, Escondido 92025
760-729-3866 Community Interface Services, 2621 Roosevelt St, Carlsbad 92008
858-565-9870 Employment & Community Options, 5050 Murphy Canyon Rd., Suite 220 92123
760-736-8983 Mtn Shadows ILS, 970 W Vallecitos Blvd #140, San Marcos 92069
760-845-8345 Personalized Assistance with Living, 3115 Natasha Rd, Carlsbad 92009
760-258-6643 Progressive Behavioral Therapy, 254 E Grand Ave #106, Escondido 92025
760-728-6951 Stepping Stones Resources, 115 W Aviation Rd, Fallbrook 92028
858-722-1948 Xcite Steps, 1137 Camino Del Mar, Del Mar 92014

IN-HOME RESPITE AGENCIES

Respite services are designed to relieve families for short periods from the constant responsibility of caring for their disabled family member. In-home respite services provide temporary non-medical care and supervision in the client's home.

760-424-2400 Affirmative Home Care, 518 South Citrus Ave, Escondido 92027
760-521-8331 Affordable Home Care, 1213 Rancho Pacifica Pl, Vista 92084
858-536-9995 All Valley Home Health Care, 205 W 5th Ave #106, Escondido 92025
760-726-0099 American Respite Services, 346 Beaumont Dr, Vista 92084
858-625-0406 At Home Nursing Care, 171 Saxony Rd #104, Encinitas 92024
760-498-4931 Avid Behavioral Day Program, 562 W Grand Ave, Escondido 92025
760-724-7273 Comforcare of North County, 830 E Vista Way #108, Vista 92084
909-825-7132 Community Integration Network, 1835A So Center Pkwy #334, Escondido 92025
760-729-3866 Community Interface Services, 2621 Roosevelt St, Carlsbad 92008
760-722-4839 Ivey Ranch Park Assn, 110 Rancho Del Oro Dr, Oceanside 92057
760-480-1030 Redwood Homelink, 1151 S Redwood St, Escondido 92025
760-728-7559 Rest & Relax Respite Agency, 300 N So Main St #21, Fallbrook 92028
760-721-1706 TERI, 251 Airport Rd, Oceanside 92058

ADULT FAMILY HOME AGENCIES (FHA)

A FHA approves family homes that offer the opportunity for up to two adult individuals with developmental disabilities per home to reside with a family and share in the interaction and responsibilities of being part of a family.

760-839-7904 Independent Options AFHA, 302 Enterprise St #C, Escondido 92029

RESIDENTIAL CARE AGENCIES

The following is a list of residential care agencies that provide services to persons with developmental disabilities. In addition, there are also numerous family care homes scattered throughout San Diego and Imperial Counties.

760-630-2900	Ames Homes, 1520 Melrose Way, Vista 92081	group homes
760-471-9494	Downstown Inc, PO Box 128, San Marcos 92079	group homes
760-743-3714	Mountain Shadows, 2067 W El Norte Pkwy, Escondido 92026	ICF/DD-H
760-721-1706	TERI, 251 Airport Rd, Oceanside 92058	ICF/DD-H; group homes
760-727-4056	TJS & MC Inc, 347 Morgan Pl, Vista 92083	group homes

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