

Behavioral Health Rehabilitation Services (BHRS)

Children and adolescents recommended for BHRS services, including wraparound or therapeutic out of home placements, are assisted by our BHRS Coordinators. WCSI, as the county's designated agency, facilitates required meetings called ISPTs (Individual Service Plan Treatment meetings). In addition, we help families to navigate the Behavioral Health system and connect with the provider that best meets the needs of their child. It is our goal to ensure children get the services recommended and to bring treatment teams together to break down any barriers.

Workforce Investment Board (WIB) - Youth Program

Out of School Youth Program

This service, which is funded by a grant through the Westmoreland-Fayette Workforce Investment Board since 2001, is for out of school youth between the ages of 17 and 21. Casemanagers are based at both of the CareerLinks in Westmoreland County and one in Fayette County. Casemanagers complete intakes and determine eligibility for the program; we assist out of school youth with resume preparation, job searching, obtaining a GED, enrolling in post-secondary education or training, and referrals to appropriate services. A strength-based Individual Service Strategy is completed for each youth. In addition, Casemanagers provide follow-up services for at least a year after the youth completes the core program. If eligible, the services are free of charge.

Mental Health First Aid (MHFA)

WCSI is pleased to offer MHFA Certification. MHFA is an eight (8) hour certification that is offered at WCSI and introduces participants to risk factors, warning signs, and impacts of mental health problems and overviews of common treatments. Participants learn a 5-step action plan encompassing the skills, resources, and knowledge to help an individual in a psychiatric crisis connect with appropriate professional, social, and self-help care. MHFA is designed to fight stigma associated with mental illness and to address the real desire to help someone who is struggling on their way to recovery. WCSI also provides specialized MHFA training tailored to meet specific interests which include: Youth MHFA, Law Enforcement, Higher Education and Veterans. Please visit our website at www.wcsi.org for our schedule of classes. Other customized trainings available upon request.



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WCSI

Our Mission: We are dedicated to working in partnership with all individuals impacted by intellectual and developmental disabilities and behavioral health challenges through their connection to essential services, personal empowerment and promotion of wellness.

Our Vision: A leader in integrating people into the community through Recovery, Wellness and Positive Approaches to live a full and renewed life.



**Westmoreland
Casemanagement
and
Supports, Inc.**

www.wcsi.org



What can WCSI do for you?



Intellectual Disabilities (ID) Supports Coordination

Supports Coordination services at WCSI are designed to assist children and adults with intellectual disabilities by coordinating, locating and monitoring support services.

- **Coordinating** - Help you plan for your present and future needs by development of and ongoing management of an Individual Support Plan (ISP) - this would be in cooperation with you and your team.
- **Locating** - Assist you in linking, arranging for, and obtaining services specified in your ISP (Individual Support Plan), including needed medical, social, habilitation, education, and/or other needed community services.
- **Monitoring** - On-going contact with you, your family and others providing paid and non-paid supports to ensure services and supports are implemented as outlined in your ISP (Individual Support Plan) and ensure your health and welfare.

WCSI Supports Coordinators develop an ISP based on the philosophies and concepts that capture the true meaning of working together to empower you to dream, plan, and create a shared commitment for your future. Integrating the values of Positive Approaches, Everyday Lives, and Person Centered Planning into the ISP maximizes your opportunities to incorporate personal values, standards, and dreams into your services and supports.

- **Positive Approaches** - enable you to lead your life as you desire by providing supports for you to grow and develop, make your own decisions, achieve your personal goals, develop relationships, face challenges, and enjoy life as a full participating member of your community.

- **Everyday Lives** - core values include choice, control, quality, community inclusion, stability, accountability, safety, individuality, relationships, freedom, and success, contributing to the community, collaboration, and mentoring.

- **Person-Centered Planning** - discovers and organizes information that focuses on your strengths, choices, and preferences. It involves bringing together people you would like to have involved in the planning process, listening to you, understanding who you are, and dreaming and imagining with you possible ways things could be different, both today and tomorrow.

Early Intervention (EI) Service Coordination

Service Coordination services at WCSI are designed to assist families with infants and toddlers from birth to three (3) years of age who have special needs due to developmental delays or disabilities.

Our task is to develop an effective strategy of care through community resources and a system of therapeutic providers to meet the needs of the child and enhance the natural learning that occurs in the early years. Service Coordinators provide services to families of young children by locating, coordinating and monitoring services in the family's home and community in order to ensure quality service delivery.

If you have any concern about your child's development you can request to have a WCSI Service Coordinator schedule a multi-disciplinary evaluation, at no cost, to determine eligibility for the Early Intervention program. If determined eligible, the Service Coordinator develops an Individualized Family Service Plan (IFSP) with you as an equal partner on the team.

As the parent and expert on your child, your knowledge of your child is important to this process. Early Intervention services are based on a family focused/family friendly delivery system. This means that the services provided to your child are based on their strengths and any priorities identified by you as the parent.

Some of the services that are available include: **Speech, Hearing, Vision, Nutrition Services, Physical and Occupational Therapy, and Developmental Special Instruction.**

All services provided occur in your child's natural environment, typically your home or child care center, and are embedded in the daily routines of your child and family, enhancing your capacity to maximize the developmental potential of your child.

Base Service Unit Intake

Provides the point of entry into Behavioral Health/Intellectual and Developmental Disabilities services and case management services; provides clinical and service assessments; completes referrals to other services/agencies and provides crisis intervention services.

Behavioral Health (BH) Services

Administrative Case Management (AM) - The purpose of this level of case management service is to assist and monitor a person's behavioral health services and to provide community resources. The following are some of the activities AM's can provide: intake and assessment, referral(s) to behavioral health, housing, education, legal, financial, and other community services. They also provide supportive guidance and problem solving to individuals, their families, and significant others. This program has case managers who provide additional support for individuals with housing, community hospital, and criminal justice needs.

Targeted Case Management (TCM) - This level of service is community based and is suitable for individuals who have complex behavioral health needs and/or who require assistance in re-integrating into the community after a hospital stay. Service planning is a major component of this service. Other services include, but are not limited to, the following: identify and access resources related to behavioral health /medical treatment, housing, financial, legal, education, and socialization. They can also assist in problem resolution, informal support networking, advocacy, and crisis intervention/ prevention.

Certified Peer (CP) Program - The WCSI Certified Peer Program strives to offer services that support an individual's journey towards recovery. The Certified Peer Specialists have walked the journey of behavioral health recovery themselves. The purpose of Peer Support service is to provide opportunities for individuals receiving services to direct their own recovery.