

Notice of School Health Advisory Council (SHAC) Meeting
Tomball ISD (Minutes)

The Tomball ISD School Health Advisory Council (SHAC) hosts its third regular meeting of the year on Tuesday, April 11, 2023, beginning at 3:30PM in the Board Room of the John P. Neubauer Administration Building, 310 S. Cherry St., Tomball, TX 77375.

The subjects to be discussed or considered are listed below. Items do not have to be taken in the order shown on this meeting notice:

1. Opening – Committee signs in

Karen Graves , Director of Administrative Services welcomed everyone and thanked the committee for coming today and all year. SHAC has been able to accomplish a lot in a short amount of time.

Karen introduced Bob Thompson, Dean of Student Advancement. He updated the committee on the process for the restricted health module recommendation. Information on making an appointment to review the restricted content Health Module will be posted online in May for members of the public. SHAC can take into consideration any comments from the public.

Karen said the SHAC committee members do not all have to be present at the board meeting in June but all are certainly welcomed. Karen, Becky and Beth will present the recommendation on the health module and what the committee has done and where we are going in the future.

2. Sub-Committee Updates

Mental Health: Becky has sent several emails to get some information going. She mentioned the 2 legislative bills out there- SB 112 is about a mandatory mental health course and SB 113 is about on-campus mental health services.

Beth asked how we get information out there and available? Leslie has done research on other districts websites for mental health information and recommends better navigation online for families/students to find.

Becky asked about vaping detectors, that there may be some better options now and Cathy Pool said they are looking into them.

Welcomed Dr. Zamora who came in to the meeting to say hello to SHAC Committee.

Recess: Beth is talking to principals about recess, has questions to ask them to gather information campus to campus, and go from there to see what is a realistic change. Karen did send questions to Dr. Webb and Lee Wright also.

3. Updates from Departments

Whitney Johnson, Director of Child Nutrition gave the following updates

- *Milk vendor Highlands Dairy has been hired, they have experienced some delays so the district has shelf stable milk if needed.*
- *There is no longer fresh bread vendor, switched to frozen in December*
- *In the news, there are proposed standards which affect sugar and sodium content*
- *A victory that we are now below 30 job vacancies, as several people have been hired*

Cathy Pool, Director of Health Services

The district had a lot of illness still going around especially in March (flu and strep) and encouraged hand washing, stay home if sick

Looking at legislation about OTC opioid antagonist medication

Announced 1st annual Superintendent Fun Run April 22 and encouraged everyone to come. Dr. Zamora said they already have over 400 registered.

A question was asked about the narc cams and Cathy said the SROs have them if needed but have not had to use them as of now.

Kevin Flanigan, Athletic Director

- *Recognized the coaches for utilizing athletics to encourage academics. The grade reports were great and gave examples of high percentages passing and on the honor roll for Tomball High and Creekside Park.*
- *Overall the district's sports teams are doing really great things, various sports and many teams making playoffs and area champs*

4. Closing

Karen Graves thanked the officers and the committee, and asked if there were any other questions. One member asked if the district was addressing the issues that are in the news about school shootings, etc. and where the students can report or find resources about these topics. Tipline or hotline? Answer was yes, the district knows it is a big concern and it is important. Karen recognized that the committee has a lot of interest and concern on mental health and suggested we can continue to work and put together more information in the future. Another member said she likes the Text for Teens and feels it is a great tool for families/parents

Karen stated that the board presentation will be at the meeting June 12, 2023 @ 5:30pm

Becky thanked all the parents for serving on the committee.

Karen adjourns the meeting at 4:21pm.