Dean Close Prep/ Pre-Prep

Week 3 May, TRINITY TERM

BREAKFAST

LUNCH

SUPPER

MONDAY 1st

Cereal Selection Local Pork Sausages Vegetarian Sausages Poached Eggs

Baked Beans Toast Pastry Fresh Fruit

SNACK 10:30

Chef's Soup of the Day

Jacket Potato and Toppings

VEGETARIAN PIZZA DAY Neapolitan Pizza Rocket & Goat Cheese Pizza Salsa Verde Potatoes Green Beans Cold Deli Bar Daily Salad Bar

Chef's Cold Sweet Selection Hot pudding with Cream or Custard

Gluten Free, Vegan and Dairy Free Option always available

SNACK 15:30

BURRITO CLUB NIGHT

Vegan 5 Beans & Butternut Dirty Rice Sweetcorn Toppings Daily Salad Bar Fresh Fruits Chef's Sweet Selection

Free Option always available

Gluten Free, Vegan and Dairy

TUESDAY 2nd

Cereal Selection Grilled Bacon Vegetarian Sausages

> **Baked Beans** Porridge Toast **English Muffins** Fresh Fruit

Poached Eggs

SNACK 10:30

Chef's Soup of the Day

Jacket Potato and Toppings

HOMELAND DAY

Cottage Pie

Mike's Dean Pie

Carrots

Garden Peas

Cold Deli Bar

Daily Salad Bar

Chef's Cold Sweet Selection

Hot pudding with Cream

or Custard

Gluten Free, Vegan and Dairy Free

Option always available

SNACK 15:30

WEDNESDAY 3rd

Cereal Selection Local Pork Sausages Vegetarian Sausages

> Poached Eggs **Baked Beans** Toast Pastry Fresh Fruit

SNACK 10:30

Chef's Soup of the Day

THAI BAR

Pork & Chickpeas Masaman

Mixed Rice

Mini Spring Roll

Broccoli

Cold Deli Bar

Daily Salad Bar

Hot pudding with Cream

or Custard

Gluten Free, Vegan and Dairy Free

Option always available

SNACK 15:30

Chef's Cold Sweet Selection

Quorn Thai Green Curry

Jacket Potato and Toppings

THURSDAY 4th

Cereal Selection Grilled Bacon

Vegetarian Sausages Poached Eggs Porridge Toast Pan Cake Fresh Fruit

SNACK 10:30

Chef's Soup of the Day Jacket Potato and Toppings **ROAST**

Roast Gammon Vegan Dean Wellington **Roast Potatoes** Selection of Vegetables Gravy Cold Deli Bar Daily Salad Bar

Chef's Cold Sweet Selection Hot pudding with Cream or Custard

Gluten Free, Vegan and Dairy Free Option always available

SNACK 15:30

FRIDAY 5th

Cereal Selection Local Pork Sausages Vegetarian Sausages Poached Eggs **Baked Beans** Toast

Pastry

SNACK 10:30

Chef's Soup of the Day Jacket Potato and Toppings **CHIPS SHOP**

Battered Fish Fillets

Battered Sausages Tofu in Tempura Chips, Sauces,

Peas or Mushy Peas Baked Beans Cold Deli Bar

Daily Salad Bar Chef's Cold Sweet Selection Hot pudding with Cream or Custard

Gluten Free, Vegan and Dairy Free Option always available

SNACK 15:30

Fresh Fruit

EXEAT

SATURDAY 29th

EXEAT

SUNDAY 30th

EXEAT EXEAT

Chipotle Beef Creamy Chicken & leek Garlic Bread Daily Salad Bar Fresh Fruits

Gluten Free, Vegan and Dairy Free Option always available

PASTA BAR

Mushroom & Kale Sautéed & Parsley Carrot

Chef's Sweet Selection

GOURMENT BLT NIGHT

BLT Sandwich Sweet Potato Falafel Wrap **Crushed New Potates** Coleslaw Daily Salad Bar Fresh Fruits

Chef's Sweet Selection Gluten Free, Vegan and Dairy Free Option always available

RIBS NIGHT

Homemade BBQ Ribs Cajun Quorn Fillet Burger Homemade Wedges Green Beans Daily Salad Bar Fresh Fruits

Chef's Sweet Selection Gluten Free, Vegan and Dairy Free Option always available

EXEAT

EXEAT

EXEAT

Menus are subject to change due to availability of produce and stock. Please, beak to Carlos if your child has any dietary requirements.

