

SCHOOL HEALTH ADVISORY COUNCIL

Introductions & Approval of Minutes

Welcome and Introduction of Members and Guests

**Please state your name and role on the SHAC committee
(parent, teacher, community member, etc...)**

Duncanville ISD SHAC WEBSITE

- **Agendas are posted here and in Boardbook Online**
- **Review of Minutes Available on website**
- **Video Recordings Available**

1. CALL TO ORDER

Presenter: LaTisha Griffin, Committee Chairman

2. WELCOME AND INTRODUCTIONS OF MEMBERS AND GUESTS

Presenter: LaTisha Griffin, Committee Chairman

3. APPROVAL OF MEETING MINUTES

Presenter: LaTisha Griffin, Committee Chairman

4. EMPLOYEE WELLNESS PROGRAM UPDATE

Presenter: Noella Whavers, Risk Manager and Maelene Grant, Director of Nursing

5. CHILD NUTRITION UPDATE

Tracey Marcum, Director of Child Nutrition

6. CURRICULUM FOR HUMAN SEXUALITY INSTRUCTION

Presenter: Pamela Brown, Chief of Student Services and Campus Support

7. ANNUAL SHAC REPORT AND UPDATE

Presenter: Pamela Brown, Chief of Student and Campus Support

8. SHAC COMMITTEE OFFICERS FOR THE 2023-2024

Presenter: Pamela Brown, Chief of Student and Campus Support

9. ADJOURNMENT

SHAC Agenda - April 3, 2023- 4:30 pm-6:00 pm

Employee Wellness Program Update

Noella Whavers and Maelene Grant

Employee Wellness & Safety Program Update

Noella Whavers, Risk Manager

Maelene Grant, Director of Nursing



Employee Wellness & Safety Program Update

- **Employee Wellness & Safety Update**

- **The Who: Safety Resource Persons**

- The What: Types of Campaigns (Safety/Wellness)
- The When: Fall and Spring Semester Campaigns in Conjunction with Partner
- The Where:
 - Schools and Operations Departments
 - Bus Driver of the Year
 - Safe Employee Recognition Campaign



Employee Wellness & Safety Update-The Who, What, When & How...



Employee Wellness & Safety Update-Safety Resource Persons



Employee Wellness & Safety Update-Safety Resource Persons

- **Employee Wellness & Safety Update**

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- **The What: Types of Campaigns (Safety/Wellness)**
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Employee Wellness & Safety Update-The Types of Campaigns



DUNCANVILLE ISD
Writing success stories, one student at a time.

2020-2021 TOP SAFEST SCHOOLS



Top Safest School

Rahien Williams, Principal
Summit High School
Edith Sanchez, Safety
Resource Person
(SRP)/Secretary
\$400 Award/Certificate



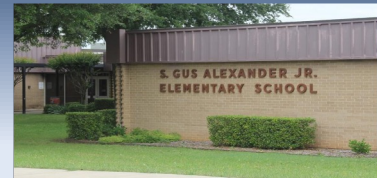
Top Safest School

Tijuana Hudson, Principal
PACE High School
Eva Simecek/Gabriela
Caballero, Safety Resource
Person (SRP)/Secretary
\$400 Award/Certificate



Top Safest School

Jessica Linwood, Principal
Acton Elementary School
Candice Edwards, Safety
Resource Person
(SRP)/Secretary
\$400 Award/Certificate



Top Safest School

Dr. Tanya Jones, Principal
Merrifield Elementary School
Charlotte Hernandez De La
Hoya, Safety Resource Person
(SRP)/Secretary
\$400 Award/Certificate

2020-2021 TOP SAFEST OPERATIONS DEPARTMENT



Top Safest Operations Department

Brad Hamrick, Director
Transportation Department
Ivonne Campos, Safety Resource Person
(SRP)/Secretary
\$400 Award/Certificate



DUNCANVILLE ISD
Writing success stories, one student at a time.

2021-2022 TOP SAFEST SCHOOLS



Top Safest School

Tamara Thompson/Tiffani
Smith, Principal
Brandenburg Intermediate
T. K. Lotts, Safety Resource
Person (SRP)/Secretary
\$400 Award/Certificate



Top Safest School

Rahien Williams, Principal
Summit High School
Edith Sanchez, Safety Resource
Person (SRP)/Secretary
\$400 Award/Certificate

2021-2022 TOP SAFEST OPERATIONS DEPARTMENT



Top Safest Operations Department

Christi Courson, Director
Purchasing/Warehouse Department
Julie Karonka, Safety Resource Person
(SRP)/Purchasing Coordinator
\$400 Award/Certificate



Name Your PCAT District *Bus Driver of the Year*

Remember!

Your selection for District *Bus Driver of the Year* is due today!

It's Easy!

Please send one Selection Form along with all supporting comments to PCAT. Fax to 866.367.6557, Attn: PCAT Bus Driver of the Year, or email us at busdriveroftheyear@pcatprogram.org

[Click here for Selection Form.](#)



Employee Nomination Form

2022-2023 Safe Employee Recognition Campaign –
Give Safety A Voice!

As a supervisor, please complete the information below for any employee you believe is deserving of a higher-level recognition and should be considered for your organization's Safe Employee Honor Roll. Please return the completed form to your **SERC Contact**.

Your Department: _____ Your Name: _____

Recognition Information

Recognition was given to: _____ On this date: _____

Recipient's Job Title: _____ Reason for Recognition: _____

Please describe why this employee should be considered for a higher-level award. This information will aid in your organization's Honor Roll selection.

Give Safety a Voice!

SERC program services are provided by Edwards Risk Management, Inc. on behalf of the South Plains School Workers' Compensation Program, Public Workers' Compensation Program and Workers' Compensation Solutions.



Employee Wellness & Safety Update-The Types of Campaigns

- **Employee Wellness & Safety Update**

- The Who: Safety Resource Persons
- The What: Types of Campaigns (Safety/Wellness)
- **The When: Fall and Spring Semester Campaigns in Conjunction with Partners**
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Employee Wellness & Safety Update-The Types of Campaigns



BETTER TOGETHER

THE FALL WELLNESS CHALLENGE IS HERE!

Sign Up Now!

Challenge starts **September 7th.**

Please register by **Friday, September 17th** to ensure your prize!

TOOLS FOR THE CHALLENGE

[Tracking Sheet](#)

Week 1	Week 2	Week 3
Lean On Me	Iron Sharpens Iron	Fitness-ship



COMPLIMENTARY TUMBLER AND PLAYING CARDS FOR EVERY PARTICIPANT!

Join us in committing to building new and strengthening current relationships within family, work and social circles.



DUNCANVILLE
Independent School District

2021 Spring Wellness/Safety Challenge

Challenge begins **March 2, 2021**

IMPORTANT: Please register before **Friday, March 12, 2021** to ensure your prize!

CLICK HERE TO REGISTER!

Join us in committing to eat

4 servings of fruit & 5 servings of vegetables
each day over the next 5 weeks.



Complimentary Lunch Tote for every participant!

Tools For The Challenge

Week 1	Week 2	Week 3	Week 4	Week 5
Branch out with Pome's & Drupes	Forge for new Berries & Melons	Pick an Exotic Citrus or Tropical Fruit	Root around for Cruciferous & Root Vegetables	Grab some Leafy Greens



DUNCANVILLE
Independent School District

THE FALL 2022
WELLNESS/SAFETY
CAMPAIGN IS HERE!

TAKE HEART



Working-Well challenges you to hit the "Paws" button and implement a simple anxiety management technique at the beginning and end of each day as well as whenever needed.

Click here to register!

SIGN UP NOW!

Starts:

The challenge begins **October 3rd**.

Please register by **October 14th** to ensure your participation

[Tracking Sheet](#)



Complimentary
Gel Eye Mask (Cold/Hot)
for every participant!

Employee Wellness & Safety Update-Fall & Spring Campaigns

Register before or by March 10th, 2023!

Click here to



[Sign Up Now](#)

Participant Prize: Complimentary Mason Jar Salad Container (Dressing Cup Included)



UNSTOPPABLE

TRACKING SHEET

Working™ Well challenges you to be UNSTOPPABLE in your daily pursuit of health. Build momentum by taking small, consistent steps to ADD a healthy habit or SUBTRACT an unhealthy habit each week.

WEEK	1	2	3	4	5	6	7
WEEK 1	Water & Veggies Aim for 6-8 glasses of water AND 2.5 cups of vegetables each day.						
	1 GLASSES 1 CUPS	2 GLASSES 2 CUPS	3 GLASSES 3 CUPS	4 GLASSES 4 CUPS	5 GLASSES 5 CUPS	6 GLASSES 6 CUPS	7 GLASSES 7 CUPS
WEEK 2	Sugar & Ultra-Processed Foods Limit sugar to 12g (kids), 25g (women), 35g (men) each day.						
	1 GRAMS 1 GLASSES 1 CUPS	2 GRAMS 2 GLASSES 2 CUPS	3 GRAMS 3 GLASSES 3 CUPS	4 GRAMS 4 GLASSES 4 CUPS	5 GRAMS 5 GLASSES 5 CUPS	6 GRAMS 6 GLASSES 6 CUPS	7 GRAMS 7 GLASSES 7 CUPS
WEEK 3	Consistent Sleep Routine Aim for 7 hours of sleep each night.						
	1 HOURS 1 GRAMS 1 GLASSES 1 CUPS	2 HOURS 2 GRAMS 2 GLASSES 2 CUPS	3 HOURS 3 GRAMS 3 GLASSES 3 CUPS	4 HOURS 4 GRAMS 4 GLASSES 4 CUPS	5 HOURS 5 GRAMS 5 GLASSES 5 CUPS	6 HOURS 6 GRAMS 6 GLASSES 6 CUPS	7 HOURS 7 GRAMS 7 GLASSES 7 CUPS
WEEK 4	Time Spent On Electronic Devices Limit social media to 30-60 minutes, spend 3-4 hours without any screens and stop using screens 1 hour before bedtime.						
	1 MEDIA 1 OFF 1 BED 1 HOURS 1 GRAMS 1 GLASSES 1 CUPS	2 MEDIA 2 OFF 2 BED 2 HOURS 2 GRAMS 2 GLASSES 2 CUPS	3 MEDIA 3 OFF 3 BED 3 HOURS 3 GRAMS 3 GLASSES 3 CUPS	4 MEDIA 4 OFF 4 BED 4 HOURS 4 GRAMS 4 GLASSES 4 CUPS	5 MEDIA 5 OFF 5 BED 5 HOURS 5 GRAMS 5 GLASSES 5 CUPS	6 MEDIA 6 OFF 6 BED 6 HOURS 6 GRAMS 6 GLASSES 6 CUPS	7 MEDIA 7 OFF 7 BED 7 HOURS 7 GRAMS 7 GLASSES 7 CUPS
WEEK 5	Exercise Aim for 150 minutes of moderate activity and 2 days of strength training each week.						
	1 CARDIO 1 STRENGTH 1 MEDIA 1 OFF 1 BED 1 HOURS 1 GRAMS 1 GLASSES 1 CUPS	2 CARDIO 2 STRENGTH 2 MEDIA 2 OFF 2 BED 2 HOURS 2 GRAMS 2 GLASSES 2 CUPS	3 CARDIO 3 STRENGTH 3 MEDIA 3 OFF 3 BED 3 HOURS 3 GRAMS 3 GLASSES 3 CUPS	4 CARDIO 4 STRENGTH 4 MEDIA 4 OFF 4 BED 4 HOURS 4 GRAMS 4 GLASSES 4 CUPS	5 CARDIO 5 STRENGTH 5 MEDIA 5 OFF 5 BED 5 HOURS 5 GRAMS 5 GLASSES 5 CUPS	6 CARDIO 6 STRENGTH 6 MEDIA 6 OFF 6 BED 6 HOURS 6 GRAMS 6 GLASSES 6 CUPS	7 CARDIO 7 STRENGTH 7 MEDIA 7 OFF 7 BED 7 HOURS 7 GRAMS 7 GLASSES 7 CUPS



Employee Wellness & Safety Update-Fall & Spring Campaigns

WEEK 1: ADD

Water



Veggies

IMPORTANCE OF WATER

60% of our body is made up of water. Because we are continuously losing water through breathing, urinating and sweating, it is important that we replenish what we lose to ensure our cells, tissues, and organs continue to function optimally.

Water aids in digestion, nutrient absorption and flushing waste from our body, as well as regulating temperature and helping brain function.

HOW MUCH DO WE NEED EACH DAY?

There's no one-size-fits-all answer. Water intake is individualized and can vary based on age, activity level, environment and more.

A general rule of thumb for adults:
MEN 120 fl oz & WOMEN 95 fl oz

STRATEGIES TO INCREASE DAILY WATER CONSUMPTION

1. Start each morning off with a large glass of water as soon as you wake up to replace the fluids you lost during the night.
2. Take a bottle of water with you everywhere you go.
3. Drink a glass of water before snacks and meals.
4. Jazz it up by adding a fun combination of fruit and herbs.

Click [HERE](#) for tips & tricks on making infused water!



UNSTOPPABLE



IMPORTANCE OF VEGETABLES

From increased energy to disease prevention, vegetables are packed with essential vitamins, minerals and antioxidants and play an important role in our daily diet.

Regular consumption of vegetables has been linked to lower blood pressure, reduced risk of heart disease and stroke, cancer prevention, lowered risk of eye and digestive problems as well as positive effects on blood sugar. What's NOT to LOVE?

HOW MUCH DO WE NEED EACH DAY?

A balanced, rotating blend of different varieties is the best way to ensure you are getting what you need. When in doubt, let color be your guide. Each color provides various health benefits which is why a balance of all colors is important.

The Dietary Guidelines for Americans recommends eating 2.5 cups of vegetables each day. (½ cup = 1 serving)

STRATEGIES TO INCREASE DAILY VEGGIE CONSUMPTION

1. Think in twos. Try eating 2 servings (1 cup) of vegetables with breakfast or lunch, 2 servings as a mid-day snack and 2 servings with dinner.
2. Stock up on frozen produce. A few bags of frozen cauliflower rice or mixed veggies are great to have on hand in your freezer. They don't spoil like fresh veggies and are a fast, nutritious way to enhance any meal.
3. Pair veggies with food you already like: add lettuce and tomatoes to a hamburger, add spinach to an omelet or smoothie, or swap white rice for cauliflower rice when making stir fry.

WEEK 2: SUBTRACT

Sugar & Ultra-Processed Foods

IS SUGAR REALLY THAT "BAD"?

Unfortunately, the large quantities of sugar consumed by most Americans is much too high. There is increasing evidence that sugar has detrimental effects on virtually every aspect of our body. Although the impact sugar has on our waistlines is common knowledge, far less attention has been given to the negative impact high sugar consumption has on our brain health, from cognitive function to psychological well-being.

HOW MUCH SUGAR SHOULD WE CONSUME EACH DAY?

The American Heart Association recommends limiting added sugar consumption to:
KIDS 12g, WOMEN 25g, MEN 35g



WHAT ARE ULTRA-PROCESSED FOODS AND WHY ARE THEY SO "BAD"?

About 60% of calories consumed by American adults are from ultra-processed foods.

These foods are typically the result of intensive manufacturing processes and made mostly of substances *extracted from foods*. They contain dyes, added flavors, sugar, salt, fat, artificial colors and preservatives and are stripped of their basic nutrients. Examples include: fast food, chips, frozen meals, processed meats and cheeses, packaged soup, store-bought cakes and cookies and more.



STRATEGIES TO REDUCE CONSUMPTION:

- **Make small, gradual changes.** In continuance with last week's water challenge, replace sodas with water, or opt for fruit instead of chips.
- **Shop the store's perimeter.** Fresh produce, meat and dairy is typically located around the store perimeter. Load up on healthy foods before you venture into the center aisles, filled with temptation.
- **Plan ahead.** Be prepared for when hunger strikes by having a healthy snack and water on hand.
- **Read labels.** The fewer ingredients listed, the better. If you can't pronounce the ingredients in your food, it's more than likely these foods are highly processed.
- **Cook more.** Home cooked meals have declined significantly over the past 70 years. Studies show that people who dine together have better eating habits, such as enjoying more vegetables and less fried foods.
- **Consider the source.** If you have a hard time determining where a food originated, odds are it's highly processed.

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Employee Wellness & Safety Update-Fall & Spring Campaigns

WEEK 3: ADD

Consistent Sleep Routine

IMPORTANCE OF A SLEEP ROUTINE

Insufficient sleep is a public health epidemic according to a new CDC study, and more than 1 in 3 adults in the U.S. don't get enough sleep on a regular basis. Sleeping less than the recommended daily amount has been associated with increased risk of developing chronic conditions such as obesity, diabetes, high blood pressure, heart disease, stroke and frequent mental distress.

HOW MUCH SLEEP DO WE NEED EACH DAY?

The American Academy of Sleep Medicine and the Sleep Research Society recommends:

Adults aged 18-60 years sleep at least 7 hours each night.



STRATEGIES TO AID IN A RESTFUL NIGHT'S SLEEP:

- **Create a bedtime routine** to train your body.
- **Be consistent.** Go to bed at the same time each night, even on weekends, and try to wake up at the same time.
- **Turn the AC down** to around 65 degrees.
- **Snack on protein** before bed to offset midnight hunger pains.
- **Diffuse stress** by reading a book, drinking hot tea or taking a hot bath to help trigger sleep.
- **Get the appropriate light exposure.** Bright light during the day and dim light at night help to jump start your circadian rhythm.
- **Find time for exercise** each day.

MAINTAINING MOMENTUM

Sleep and Hydration Drink a large glass of water first thing after waking. This will help to flush toxins out of your body and jump start your hydration for the day.

Sleep and Sugar Evidence supports the link between high sugar consumption and restless sleep. Intake of sugar has been shown to negatively impact the amount of time the body spends in deep, slow-wave sleep. This sleep stage is essential for the body's physical restoration and healing.

1. <https://www.cdc.gov/media/releases/2016/p0215-enough-sleep.html>



UNSTOPPABLE



WEEK 4: SUBTRACT

Time with Electronic Devices

HOW MUCH IS TOO MUCH?

Digital devices are everywhere. While these devices are great tools for learning and a fun way to engage and build community, there is increasing concern regarding the detrimental effects of excessive screen time. According to recent research, the average U.S. adult will spend the equivalent of 44 years of their life staring at screens (382,652 hours).¹ It's no surprise that the amount of time adults spend on devices has significantly increased since the start of the pandemic. It's important to be aware of symptoms and heed warning signs that manifest in mental and physical ways such as:

Sleep: Screen time before bed is the problem. Devices emit blue light, which can reduce or delay your melatonin production and disrupt your body's natural circadian rhythm.

Vision: Excessive screen time can cause both long-term and short-term effects. Did you know that people blink 66% less when they are staring at screens? This can lead to dryness, redness, eyestrain, blurred vision, headaches etc.

WHAT ARE HEALTHY DEVICE PARAMETERS?

Although there is not a clear-cut answer to this question, experts suggest:

1. **Limit social media to 30-60 minutes per day.**
2. **Spend 3-4 hours daily without any screens.**
3. **Stop using screens 1 hour before bed.**
4. **Take breaks every 20 minutes for eye health.**



STRATEGIES TO REDUCE USE:

- **Disconnect from screens as part of your bedtime routine.** Slightly adjust the bedtime routine created during Week 3 to include turning off all devices (phones, tablets and TV) an hour before bed. If your phone is too much of a temptation, try leaving it in another room.
- **Try the 20-20-20 rule.** Mini vision breaks is a great way to preserve your eye health and prevent eye fatigue and strain. Set an alarm or use an app to remind you to step away from your screen. For every 20 minutes of screen time, take a 20 second break and look at something 20 feet away. This allows your eyes to relax.
- **Turn off notifications.** When unwinding at home, turn off all phone notifications. These alerts trigger you to look at your phone and more often than not, spend additional time on your phone beyond checking the notification.
- **Enjoy regular sit-down family meals.** Put down devices, slow down and be present with your loved ones.
- **Bored? Play cards, dominoes or a board game for entertainment.** There are countless benefits of playing games including stress reduction, improved cognitive function, better memory and stronger relationships.

1. <https://www/time.com/6174510/how-much-screen-time-is-too-much/>



UNSTOPPABLE

Employee Wellness & Safety Update-Fall & Spring Campaigns

In addition to campaigns previously discussed Health Services had or will have the following:

Choose to Lose Wellness Challenge

Drink More Water Wellness Challenge



Sign-up by Jan.13th
with campus nurse or
scan the QR code to
participate

CAMPUS WINNING TEAM
ANNOUNCED
MARCH 10, 2023

The team that has the largest
average weight loss receives a
Pedometer and a Healthy Snack
Pack



Help your team win by:

- ATTENDING REQUIRED BI-WEEKLY WEIGH-IN W/ NURSE
- EATING MORE FRUITS AND VEGETABLES
- DRINKING MORE WATER
- BURNING MORE CALORIES WITH EXERCISE

January 16th - March 3rd

**CHOOSE TO
LOSE
CAMPUS
CHALLENGE**

 Health Services
Duncanville Independent School District



Employee Wellness & Safety Update-Wellness Challenges

2023-2024 School Year Safety/Wellness Programs/Campaigns

- **Fall & Spring Campaigns and Other Operational Campaigns**
- **Enhance and Increase Safety and Wellness Communications District-Wide utilizing the Safety Wellness Resource Team**
- **Newly Structured Safety/Wellness Newsletter and**
- **Safety/Wellness Resources**
- **Comprehensive District-Wide Wellness Program**



Employee Wellness & Safety Update-2023-2024

Child Nutrition Update

Tracey Marcum



The Mission of the Duncanville ISD Child Nutrition Department is to provide the most nutritious, appetizing, and affordable meals possible to our students throughout the district.

purpose



Mission

Department Highlights 2022-23

- ☐ New Staff
- ☐ Professional Development
- ☐ Monthly Manager Meetings
- ☐ Employee of the Month
- ☐ National School Breakfast Week
- ☐ May 5th School Lunch Hero Day
- ☐ Meal pricing change in place



Highlights



Convocation



Back to School Night



**Employee
Appreciation**



**Employee
of the
Month**



Staff Engagement

Child Nutrition Program Update 2022-23

- ☐ We have served over 1.1 Million Meals
- ☐ Free/Reduced 83%
- ☐ After School Snack Program Operating at:
 - Alexander Elementary
 - Central Elementary
 - Fairmeadows Elementary
 - Kennemer Middle
- ☐ Summer Feeding Program



DISD Child Nutrition Programs

Child Nutrition's Bright Future 2023-24

- ☐ TDA Administrative Review
- ☐ New point of sale hardware to support software upgrades
- ☐ Participation in TDA's Farm Fresh Challenge October 2023
- ☐ Student Parent Advisory Menu Committee
- ☐ Student survey's
- ☐ Menu Enhancements:
 - Six New Breakfast Menu Items
 - K-8th Grade Menu includes 12 new entrees
 - K-8 Students will now have 2 entrée choices every day
 - High School Menu includes 9 new entrees



DISD Child Nutrition Programs

Recommendation to the Board of Trustees for the Curriculum for Instruction of Human Sexuality

ADOPTION PROCESS

Board adopted a resolution to convene SHAC in January 2022

SHAC will hold 2 public meetings (February 6th and April 3rd)

The board will vote on the recommendations made by the SHAC in May.

Parents will be notified prior to instruction and required to opt in prior to lessons being presented.

Curriculum Requirements

- In 2020, the State Board of Education (SOBE) updated the health curriculum to include age-appropriate instruction on sexual and reproductive health in certain grades.
- School districts must offer health instruction that aligns with the TEKS.
- Districts must provide advance notice to parents and receive written parental permission before providing human sexuality instruction to a student and may provide sex education to male and female students separately.
- The notice must include a description of the content and include a statement of the parent's rights to review curriculum materials.

Curriculum and Duncanville ISD

- **Health Curriculum is only offered to middle and high school students in Duncanville.**
- **School districts must offer health instruction that aligns with the TEKS.**
- **Districts must provide advance notice to parents and receive written parental permission before providing human sexuality instruction to a student and may provide sex education to male and female students separately.**
- **The notice must include a description of the content and include a statement of the parent's rights to review curriculum materials.**

Goodheart-Wilcox

This curriculum has already been approved and adopted by the Duncanville ISD Board of Trustees for Health Instruction. There is no additional cost for the SHAC to recommend using this curriculum to the district.

The Goodheart-Wilcox Curriculum was also Board Approved for the Instruction Related to Child Abuse, Dating Violence, Family Violence, and Human Trafficking on Jan. 3rd

The topics listed above in addition to human sexuality are all in the companion text and not in the main textbook.

Goodheart-Wilcox Curriculum Topics

Middle School

Puberty

- 17.1 The Beginning of Life
- 17.2 Adolescence and Puberty
- 17.3 Sexual Feeling and Behavior
- 17.4 Dating Relationships

- 18.1 Abuse and Neglect
- 18.2 Other Types of Violence
- 18.3 Unwanted Sexual Activity

- 19.2 Pregnancy and Prevention
- 19.2 Teen Pregnancy and Parenthood

High School

Puberty

- 20.1 The Male Reproductive System
- 20.2 The Female Reproductive System
- 20.3 Conception, Pregnancy and Birth
- 20.4 Adolescence and Puberty
- 20.5 Teen Pregnancy and Parenthood

- 21.1 Understanding Romantic Relationships
- 21.2 Practicing Sexual Abstinence

- 22.1 Sexual Harassment and Assault
- 22.2 Abuse and Neglect
- 22.3 Violence in the Community

- 23.1 Common STIs
- 23.2 Preventing and Treating STIs
- 23.3 HIV/AIDS

SHAC Discussion and Board Recommendation

Committee Chair will present the item for a discussion and recommendation to the board.

Annual SHAC Report Update

- **2021-2022 Annual SHAC Report**
- The annual SHAC Report will be made in May to the Board of Trustees along with the recommendation for the Curriculum Related to Human Sexuality Instruction.
- The report shall include the following
 - Purpose and requirements of the SHAC
 - SHAC Committee Members and Roles
 - Committee Meeting Topics
 - Recommendation made to the Board of Trustees Regarding Curriculum
 - **SHAC Committee Survey Data**

Annual SHAC Survey



Adjournment