



**MALDEN CATHOLIC**

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The Codivisional High School

**New Student  
Welcome Packet  
2023-2024**

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**MALDEN CATHOLIC**
**2023 - 2024 Calendar**

 No Classes  
 Delayed Start

AUGUST 2023											
S	M	T	W	T	F	S					
		1	2	3	4	5	3 - 6	Thu - Sun		MCL	
							4	Fri		Offices Closed	
							11	Fri		Offices Closed	
							15 - 17	Tue - Thu	8:30 am - 12:00 pm	Freshman Experience	
							18	Fri		Offices Closed	
6	7	8	9	10	11	12	23	Wed	9:00 am - 11:00 pm	Transfer Orientation	
13	14	15	16	17	18	19	30	Wed	8:00 am - 12:00 pm	Grade 9 Orientation	
20	21	22	23	24	25	26	30	Wed	6:30 pm - 8:00 pm	Senior Parent/Student Meeting	
27	28	29	30	31			31	Thu	9:00 am - 11:00 am	Grade 10 Orientation	
							31	Thu	12:00 pm - 2:00 pm	Grade 11 Orientation	
SEPTEMBER 2023											
S	M	T	W	T	F	S					
					1	2	1 - 4	Fri - Mon		Labor Day Weekend - Offices Closed	
							5	Tue		First Day of Classes/First Quarter Begins	
							6	Wed	6:30 pm - 8:00 pm	Junior Parent Night	
							7	Thu	8:00 pm - 2:20 pm	Grade 9 Girls Retreat	
							8	Fri	8:00 pm - 2:20 pm	Grade 9 Boys Retreat	
3	4	5	6	7	8	9	10	Sat	12:00 pm - 2:00 pm	Freshman BBQ	
10	11	12	13	14	15	16	13	Wed	6:30 pm - 8:00 pm	Sophomore Parent Night	
17	18	19	20	21	22	23	21	Thu	6:30 pm - 8:00 pm	Back to School Night	
24	25	26	27	28	29	30	22	Fri	9:00 am	Delayed Start	
							27	Wed	9:00 am	Delayed Start	
							29	Fri		Midpoint First Quarter	
							29	Fri	1:15 pm	Mass of the Holy Spirit	
OCTOBER 2023											
S	M	T	W	T	F	S					
1	2	3	4	5	6	7	4	Wed	6:00 pm - 7:00 pm	MC Parent Club	
8	9	10	11	12	13	14	6	Fri		No Classes - Faculty/Staff Retreat	
15	16	17	18	19	20	21	9	Mon		Indigenous People's Day - No Classes/Offices Closed	
22	23	24	25	26	27	28	27	Thu		First Quarter Ends	
29	30	31					30	Mon		Second Quarter Begins	
NOVEMBER 2023											
S	M	T	W	T	F	S					
			1	2	3	4	1	Tue	1:15 pm	All Saints Day Mass	
							1	Wed	6:00 pm - 7:00 pm	MC Parent Club	
							8	Wed		First Quarter Report Cards Emailed	
							9	Thu	3:00 pm - 8:00 pm	Parent/Teacher Conferences	
							10	Fri		Veterans Day - No Classes/Offices Closed	
5	6	7	8	9	10	11	15	Wed	9:00 am	Delayed Start	
12	13	14	15	16	17	18	21	Tue	1:00 pm	Thanksgiving Prayer Service	
19	20	21	22	23	24	25	21	Tue	2:00 pm	Pep Rally	
26	27	28	29	30			21	Tue	3:00 pm	Powder Puff Game	
							22	Wed	6:00 pm	Thanksgiving Football Game vs St. Johns Shrewsbury (away)	
							22 - 24	Wed - Fri		Thanksgiving Break - No Classes/Offices Closed	
							27 - 12.1	Mon - Fri		Xaverian Founders Week	
							27	Mon		No Classes/Offices Closed	
							30	Thu		Midpoint Second Quarter	
DECEMBER 2023											
S	M	T	W	T	F	S					
					1	2	1	Fri	1:15 pm	St. Francis Xavier Feast Day Mass	
							6	Wed	6:00 pm - 7:00 pm	MC Parent Club	
							8	Fri	1:15 pm	Immaculate Conception Mass	
							15	Fri	1:15 pm	Advent Prayer Service/Lancer Santa	
3	4	5	6	7	8	9	18 - 1.1	Mon - Mon		Christmas Recess - No Classes	
10	11	12	13	14	15	16	25 - 1.1	Mon - Mon		Offices Closed	
17	18	19	20	21	22	23					
24	25	26	27	28	29	30					
31											

ALL EVENTS SHOWN ARE SUBJECT TO CHANGE. PLEASE REFER  
 TO THE ONLINE CALENDAR FOR THE COMPLETE LIST OF  
 EVENTS, DATES AND TIMES.


**MALDEN CATHOLIC**

## 2023 - 2024 Calendar

■ No Classes  
■ Delayed Start

JANUARY 2024										
S	M	T	W	T	F	S				
	1	2	3	4	5	6	2	Tue		Classes Resume
7	8	9	10	11	12	13	3	Wed	6:00 pm - 7:00 pm	MC Parent Club
14	15	16	17	18	19	20	12	Fri		Second Quarter/Second Semester Ends
21	22	23	24	25	26	27	12	Fri	9:00 am	Delayed Start
28	29	30	31				15	Mon		Martin Luther King Day - No Classes/Offices Closed
							16	Tue		Third Quarter Begins
							24	Wed		Second Quarter Report Cards Emailed
							21	Wed	9:00 am	Delayed Start
							25	Thu	8:00 am - 2:20 pm	Grade 10 Boys Retreat
							25	Fri	8:00 am - 2:20 pm	Grade 10 Girls Retreat
							21	Sat		March for Life (Washington, D.C.)
							29 - 2.2	Mon - Fri		Catholic Schools Week
							31	Wed	1:15 pm	Catholic Schools Week Mass
FEBRUARY 2024										
S	M	T	W	T	F	S				
				1	2	3	1 - 2	Thu - Fri		Catholic Schools Week
4	5	6	7	8	9	10	7	Wed	9:00 am	Delayed Start
11	12	13	14	15	16	17	7	Wed	6:00 pm - 7:00 pm	MC Parent Club
18	19	20	21	22	23	24	8	Thu	6:30 pm - 7:30 pm	National Honor Society Induction Ceremony
25	26	27	28	29			10	Sat	8:00 am - 12:00 pm	Quiz Bowl
							14	Wed		Midpoint Third Quarter (Underclass)
							19	Mon		Presidents Day - No Classes/Offices Closed
							19 - 23	Mon - Fri		Winter Recess - No Classes
							27	Mon		Classes Resume
							26	Mon		Midpoint Third Quarter (Seniors)
MARCH 2024										
S	M	T	W	T	F	S				
				1	2	3	14	Thu	1:00 pm	St. Patrick's and St. Joseph's Mass
3	4	5	6	7	8	9	15	Fri		No Classes/Professional Development Day
10	11	12	13	14	15	16	22	Fri		Third Quarter Ends (Underclass)
17	18	19	20	21	22	23	25	Mon		Fourth Quarter Begins (Underclass)
24	25	26	27	28	29	30	29	Fri		Good Friday- No Classes/Offices Closed
31										
APRIL 2024										
S	M	T	W	T	F	S				
	1	2	3	4	5	6	1	Mon		Easter Monday- No Classes/Offices Closed
7	8	9	10	11	12	13	4	Thu		Third Quarter Report Cards Emailed (Underclass)
14	15	16	17	18	19	20	5	Fri		Third Quarter Ends (Seniors)
21	22	23	24	25	26	27	8	Mon		Fourth Quarter Begins (AP Seniors)
28	29	30					8-11	Mon-Thu	8:00 am - 12:00 pm	Senior Finals
							8	Mon	6:00 pm - 8:00 pm	Spring Orientation (Girls)
							9	Tue	6:00 pm - 8:00 pm	Spring Orientation (Boys)
							15	Mon		Patriots Day - No Classes/Offices Closed
							16-19	Tue - Fri		Spring Recess - No Classes
							22 - 5.10	Mon - Fri		Senior Christian Service
							23	Tue		Placement Testing - Incoming Freshman
							25	Tue		Placement Testing for Incoming Freshman
							24	Wed	9:00 am	Delayed Start
							26	Fri		Fourth Quarter Ends (AP Seniors)
MAY 2024										
S	M	T	W	T	F	S				
			1	2	3	4	1-10	Wed-Fri		Senior Christian Service
5	6	7	8	9	10	11	1	Wed		Midpoint Fourth Quarter (Underclass)
12	13	14	15	16	17	18	3	Fri	9:00 am	Delayed Start
19	20	21	22	23	24	25	9	Thu	1:15 pm	Ascension Mass
26	27	28	29	30	31		13	Mon	6:00 pm - 9:00 pm	Senior Girls Awards Banquet
							14	Tue	6:00 pm - 9:00 pm	Senior Boys Awards Banquet
							15	Wed	8:00 am - 10:00 am	Senior Prayer Service and Breakfast
							17	Fri	4:00 pm - 5:30 pm	Baccalaureate Mass
							18	Sat	10:00 am - 2:00 pm	Commencement
							27	Mon		Memorial Day - No Classes/Offices Closed
							31	Fri		Fourth Quarter/Second Semester Ends
							31	Fri		Last Day of Classes
							31	Fri	1:30 pm	Underclass Awards Convocation & Prayer Service
JUNE 2024										
S	M	T	W	T	F	S				
						1	3	Mon	8:00 am - 12 pm	Final Exams A+B (Grades 9-11)
2	3	4	5	6	7	8	4	Tue	8:00 am - 12 pm	Final Exams C+D (Grades 9-11)
9	10	11	12	13	14	15	5	Wed	8:00 am - 12 pm	Final Exams E+F (Grades 9-11)
16	17	18	19	20	21	22	6	Thu	8:00 am - 12 pm	Final Exams G+H (Grades 9-11)
23	24	25	26	27	28	29	13	Thu		Final Report Cards Emailed
30							17	Mon		Juneteenth - No Classes/Offices Closed

## Sample Grade 9 Schedule

Time	Subject	Semester	Credits
A	Science	ALL	1.0
B	Theology	ALL	1.0
C	Social Studies	ALL	1.0
D	Mathematics	ALL	1.0
E	Foreign Language or Language Arts	ALL	1.0
F	English	ALL	1.0
G	Exploring Computer Science	S1/S2	0.5
	Arts/Human Performance Elective	S1/S2	0.5
H	Study Hall	All	-

Please refer to the [2023-2024 Course Guide](#) for course descriptions and required books. This document is available on our website on the Forms & Resources page under Academics.

## Foreign Language Course Options

At Malden Catholic, we provide three language offerings – **Spanish, Latin and Italian**. **Latin and Italian** are only offered at the Honors level, which is generally for students whose HSPT entrance test profiles in Verbal and in Language Skills are at the 50<sup>th</sup> %ile or above. **Spanish**, however, is offered at all three levels, Honors, Accelerated and College Preparatory. Any choice of language, taken as a three-year program, will fulfill our foreign language requirement.

All three language studies will incorporate an introduction to rich language, culture, history, geography, literature, and the arts. Integrating all four-language skills (listening, speaking, reading, and writing) will develop basic proficiency competencies, either simply as exposure to a modern Romance language form of expression and the critical thinking skills within or as a foundation for continued study. Students will have many opportunities to utilize the target language in a wide range of activities.

If your son or daughter had a 7<sup>th</sup> or 8<sup>th</sup> grade Spanish language-based full-year course meeting two to five times a week, then he/she is eligible to take a placement test for Spanish 2.

Placement testing for Math and Spanish will take place on Tuesday, April 25<sup>th</sup> or Thursday, April 27<sup>th</sup>. More information will be available if your child is eligible.



# Schedule 2023 - 2024

	Lunch A	Girls 9th and 10th Grade	
1	8:00 AM	8:44 AM	44 minutes
HR	8:48 AM	9:00 AM	12 minutes
2	9:04 AM	9:48 AM	44 minutes
3	9:52 AM	10:36 AM	44 minutes
Lunch	10:40 AM	11:06 AM	26 minutes
4	11:10 AM	11:40 AM	30 minutes
5	11:44 AM	12:44 PM	60 minutes
6	12:48 PM	1:32 PM	44 minutes
7	1:36 PM	2:20 PM	44 minutes

	Lunch B	Girls 11th and 12th Grade	
1	8:00 AM	8:44 AM	44 minutes
HR	8:48 AM	9:00 AM	12 minutes
2	9:04 AM	9:48 AM	44 minutes
3	9:52 AM	10:36 AM	44 minutes
4	10:40 AM	11:10 AM	30 minutes
Lunch	11:14 AM	11:40 AM	26 minutes
5	11:44 AM	12:44 PM	60 minutes
6	12:48 PM	1:32 PM	44 minutes
7	1:36 PM	2:20 PM	44 minutes

	Lunch C	Boys 9th and 10th Grade	
1	8:00 AM	8:44 AM	44 minutes
HR	8:48 AM	9:00 AM	12 minutes
2	9:04 AM	9:48 AM	44 minutes
3	9:52 AM	10:36 AM	44 minutes
4	10:40 AM	11:40 AM	60 minutes
Lunch	11:44 AM	12:10 PM	26 minutes
5	12:14 PM	12:44 PM	30 minutes
6	12:48 PM	1:32 PM	44 minutes
7	1:36 PM	2:20 PM	44 minutes

	Lunch D	Boys 11th and 12th Grade	
1	8:00 AM	8:44 AM	44 minutes
HR	8:48 AM	9:00 AM	12 minutes
2	9:04 AM	9:48 AM	44 minutes
3	9:52 AM	10:36 AM	44 minutes
4	10:40 AM	11:40 AM	60 minutes
5	11:44 AM	12:14 PM	30 minutes
Lunch	12:18 PM	12:44 PM	26 minutes
6	12:48 PM	1:32 PM	44 minutes
7	1:36 PM	2:20 PM	44 minutes

## Daily Rotation

Period	Day A	Day H	Day G	Day F	Day E	Day D	Day C	Day B
1	A	H	G	F	E	D	C	B
HR	HR	HR	HR	HR	HR	HR	HR	HR
2	B	A	H	G	F	E	D	C
3	C	B	A	H	G	F	E	D
4	D	C	B	A	H	G	F	E
5	E	D	C	B	A	H	G	F
6	F	E	D	C	B	A	H	G
7	G	F	E	D	C	B	A	H
DROP	H	G	F	E	D	C	B	A

## Freshman Elective Courses

Freshmen Elective Courses Offered								
Department	Course # & Description	Level (see pp.2+3)	Credit Hours	Course Length	Grade Level			
					9	10	11	12
<b>Performing Arts</b>	511 Dance	Acc	0.5	Semester	✓			
	521 Choir 1	Acc	0.5	Semester	✓			
	532 Speech & Debate	Acc	0.5	Semester	✓			
	533 Musical Theater Workshop	Acc	0.5	Semester	✓			
	541 Music Appreciation	Acc	0.5	Semester	✓			
<b>Fine Arts</b>	551 Studio Art 1	Acc	0.5	Semester	✓	✓		
<b>Human Performance</b>	912 Human Performance 1	Acc	0.5	Semester	✓	✓		
	954 Yoga	Acc	0.5	Semester	✓	✓		

Excerpt from the 2023-2024 Course Guide

All freshmen are required to take a one-half credit elective during their freshman year.

Student's Name: \_\_\_\_\_

### Elective Choices

Please choose your top three electives that are shown in the table above. You will not need 3 electives, but we need you to choose 3 for scheduling purposes. You will be automatically placed into your REQUIRED courses: Math, English, Science, History, Theology, Foreign Language, and Computer Science. Thank you!

My Three Elective Course Choices (Please enter the Course #s)

1.

2.

3.

## 2023-24 Information Verification & Handbook Acknowledgement Form

Dear Parents/Guardians,

Please carefully review the information contained on this form to ensure that everything is correct and list any changes on this form. Please sign at the bottom of this page and return to Malden Catholic before you leave tonight.

<b>Student Information</b>	
Name: _____ <div style="display: flex; justify-content: space-around; font-size: small;"> <span>First</span> <span>Middle</span> <span>Last</span> </div>	Date of Birth: _____  Student's Cell Phone: _____

<b>Parent/Guardian Information</b>	
Please provide current information including email address, cell phone, work and home telephone numbers. <b>* Parents/guardians will be called on their cell phone first and then their work phone.</b>	
<b>***Primary Contact for School Communications***</b>	
<b>Parent/Guardian 1</b> Name: _____ Address: _____  Primary Email: _____ Cell Phone*: _____ Work Phone*: _____ Home Phone: _____ Relationship: _____ Lives w/Student: _____ Employer: _____ Occupation: _____ Highest Edu: _____ College Attended: _____	<b>Parent/Guardian 2</b> Name: _____ Address: _____  Primary Email: _____ Cell Phone*: _____ Work Phone*: _____ Home Phone: _____ Relationship: _____ Lives w/Student: _____ Employer: _____ Occupation: _____ Highest Edu: _____ College Attended: _____

<b>Emergency Contact Information</b>	
<b>Parents/Guardians listed above should <u>not</u> be listed as Emergency Contacts.</b>	
Please provide two phone numbers for each emergency contact in case of an emergency when a parent or guardian cannot be reached.	
<b>Emergency Contact 1</b> Name: _____ Relationship: _____ Cell Phone: _____ Work Phone: _____ Home Phone: _____	<b>Emergency Contact 2</b> Name: _____ Relationship: _____ Cell Phone: _____ Work Phone: _____ Home Phone: _____

Signature of Parent/Guardian

Signature of Student

Date



## Dress Code – Boys Division

We have made our dress code consistent and complementary to our educational goals. We trust that it best serves the image of Malden Catholic and our students. It is our belief that an important part of the educational experience requires a student's attention to his personal appearance. We also maintain that our students should understand the meaning of situation-appropriate attire. Therefore, neatness and cleanliness are the prevailing considerations.

Students are required to be in dress code during the entire school day, and when they are conducting official school business.

**PANTS:** Chino, "Dockert-type" pants or dress corduroy only. Pants must be khaki, navy, or grey, free of designs or embroidery work. No jean styles, cargo or painter's pants, no cut or altered pants. Pants with drawstring waist or banded/elastic cuffs are not allowed.



*Khaki Pants*

**BELTS:** Leather belts in black or brown or the MC-monogrammed belt must be worn. No suspenders.



*MC Monogrammed Belt*

**SHIRTS:** An MC-monogrammed solid color, long or short sleeve, button-down Oxford shirt or an MC-monogrammed polo shirt, purchased only from the MC's online apparel store. Shirts must be buttoned up to (but not including) the top button and must be tucked neatly in one's pants. All students are required to own one Navy blue MC polo shirt.



*MC Polo Shirt - Navy*



*MC Long Sleeve Polo*



*Button-down Long Sleeve  
White Oxford Dress Shirt*

**MC LOGO APPAREL:** MC logo apparel only may be worn over a regulation MC shirt. No other fleece or apparel is authorized. Turtleneck shirts may be worn underneath a regulation MC shirt. Students may not wear "overshirts" or long-sleeved T-shirts under short sleeve MC shirts. MC ¼ Zip Pullover may be worn over an MC Polo shirt. Winter coats are not allowed.

**FOOTWEAR:** Shoes or sneakers and socks are to be worn at all times. Students may not wear slippers, moccasins, or sandals. All shoes must be tied. Students may wear hiking boots during cold or inclement weather provided they are worn inside the pants and laced up.

## Dress Code – Boys Division

**PERSONAL APPEARANCE:** Students must be clean-shaven at all times. Hair is to be neatly trimmed on all sides with the length not to exceed the top of the collar in the back and the eyebrows in the front. There are to be no ponytails, no mullets, nor are there to be any designs shaved into the head. Hair length, style, color, or cuts that present an unkempt, ostentatious appearance, or that reflect poorly on the school will not be tolerated. Students will be given a day to make the correction or face disciplinary action including suspension. Sideburns must be no longer than the bottom of the ear. No extreme hair styles or hair colors. Jewelry of any kind around the neck or wrist is limited to small chains.

- Earrings and body piercing are not allowed (covered or uncovered).
- Shell, rope, and large chain-type necklaces and bracelets are not to be worn.
- Head coverings of any kind shall not be worn in the building at any time during or after school hours, or at any school function.
- Tattoos and body scarring are highly discouraged. Any student with a previously existing tattoo must cover it at all times during the school day, and at all school-sanctioned activities.

### PROVISIONAL DRESS CODE:

**Liturgies, Funerals, Semi-Formal and Other Events:** All students must wear *dress shoes* (no boots or sneakers), *plain white dress shirts*, *khaki pants*, and *Malden Catholic ties* when the school community gathers for school wide liturgies or other occasions as announced by the Administration. Malden Catholic ties can be purchased from the MC uniform store, [Collegiate House](#). When attending school funerals or wakes or other occasions announced by the Administration students are expected to be attired in dress pants, dress shirt, tie and sport coat. Students are expected to be similarly attired at other formal events as announced by the Administration.



*Button-down Long Sleeve  
White Oxford Dress Shirt*



*Khaki Pants*



*MC Tie*



14 High Street, Medford, MA 02155 ~ 781-219-4952

[www.collegiatehouse.com](http://www.collegiatehouse.com) ~ [admin@collegiatehouse.com](mailto:admin@collegiatehouse.com)

## Malden Catholic

### BOYS MANDATORY UNIFORM

2023

QTY	DESCRIPTION	SIZE	PRICE
	* Navy Knit Polo Shirt <b>Short Sleeve</b> w/Embroidery of School Name	Youth Sz – YM, YL, YXL Adult Sz –S, M, L, XL	\$22.99 \$23.99
	* Men's Malden Catholic Tie Mandatory for Mass		\$26.00
	* Navy Charles River ¼ Zip Fleece Pullover	Youth Sz – YM, YL, YXL Adult Sz –S, M, L, XL	\$53.99

### OPTIONAL UNIFORM

	Navy Charles River Dry-Fit Shirt w/Striped Collar <b>Short Sleeve</b> w/Embroidery of School Name	Adult Sz – S, M, L, XL	\$31.99
	Navy Knit Polo Shirt <b>Long Sleeve</b> w/Embroidery of School Name	Youth Sz – YM, YL, YXL Adult Sz –S, M, L, XL	\$23.99 \$24.99
	White Oxford Button Down Long Sleeve Dress Shirt Mandatory for Mass	Adult Sz. – S, M, L, XL	\$23.99
	Men's Navy or Khaki Dress Pants May be purchased anywhere	Waist Size 28 – 40 Inseam – 30, 32, 34	\$34.99
	Navy Charles River Stealth ¼ Zip Pullover	Adult Sz. XS, S, M, L, XL	\$59.99
	Navy Orlon or Cotton Crew Socks	9-11, 10-13	\$ 6.99
	Malden Catholic Belt	Adult Sz. XS, S, M, L, XL	\$26.00

\* New student package - Mandatory for all new students

	AMOUNT PAID->	
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Mail orders: Please include: \$12.00 for shipping, handling, and insurance. Checks not accepted during time of pickup.

**EXCHANGES ALLOWED WITHIN 4 WEEKS OF DATE OF PURCHASE.**
**No cancellations, returns, or exchanges allowed on special orders or embroidered items other than polo shirts.**
**Orders MUST be placed by July 1<sup>st</sup> to ensure delivery in time for the opening of school.**

Name of Student \_\_\_\_\_ Grade Entering \_\_\_\_\_  
(please print)

Address \_\_\_\_\_ Phone \_\_\_\_\_

City, State, Zip \_\_\_\_\_

[Link to Shop Online for MC Boys Uniforms](#)

## Dress Code – Girls Division

We have made our dress code consistent and complementary to our educational goals. We trust that it best serves the image of Malden Catholic and our students. It is our belief that an important part of the educational experience requires a student's attention to her personal appearance. We also maintain that our students should understand the meaning of situation-appropriate attire. Therefore, neatness and cleanliness are the prevailing considerations.

Students are required to be in dress code during the entire school day, and when they are conducting official school business.

**PANTS:** Grey, navy, or khaki-colored pants only. Pants must be free of designs or embroidery work. No jean styles, cargo, yoga, or painter's pants, no cut or altered pants. Pants are required to have a button on the waist band and a zipper. Pants with drawstring waist or banded/elastic cuffs are not allowed.



*Khaki Pants*

**SHIRTS:** An MC-monogrammed navy or grey polo shirt, purchased only from the MC uniform store may be worn. A white button-down oxford/dress shirt may also be worn under an MC monogrammed sweater. All students are required to own one Navy blue MC polo shirt.



*MC Polo Shirt - Navy*



*MC Long Sleeve Polo*



*Button-down Long Sleeve  
White Oxford Dress Shirt*

**MC LOGO APPAREL:** MC logo apparel only may be worn over a regulation MC shirt. No other fleece or apparel is authorized. Turtleneck shirts may be worn underneath a regulation MC shirt. Students may not wear "overshirts" or long-sleeved T-shirts under short sleeve shirts. Hooded sweatshirts and hooded jackets are not allowed. Winter coats are not allowed.

**FOOTWEAR:** Boat shoes, flats or low-cut sneakers and socks are to be worn at all times. Students may not wear heels, slippers, moccasins, sandals or open toe shoes. All shoes with laces must be tied. Students may wear boots during cold or inclement weather provided they are neat.

## Dress Code – Girls Division

**PERSONAL APPEARANCE:** Hair must be neatly groomed and of natural color. Final judgment about what constitutes “natural color” lies with the administration. Students will be given a day to make the correction or face disciplinary action including suspension. No extreme hair styles or hair colors.

- Visible body piercing other than pierced ears, including tongue and nose piercing, is not allowed.
- Head coverings of any kind shall not be worn in the building at any time during or after school hours, or at any school function.
- Tattoos and body scarring are highly discouraged. Any student with a previously existing tattoo must cover it at all times during the school day, and at all school-sanctioned activities.

### PROVISIONAL DRESS CODE:

**Liturgies, Funerals, Semi-Formal and Other Events:** All students must wear dress shoes (no boots or sneakers), plain white dress shirts, khaki pants or skirt, and Malden Catholic v-neck pullover sweater when the school community gathers for school wide liturgies or other occasions as announced by the Administration. Malden Catholic sweaters can be purchased from the MC uniform store, [Collegiate House](#). When attending school funerals or wakes or other occasions announced by the Administration, students are expected to be attired in the mass attire. Students are expected to be similarly attired at other formal events as announced by the Administration.



*Button-down Long Sleeve  
White Oxford Dress Shirt*



*MC V-Neck Sweater*



*Khaki Pants*





14 High Street, Medford, MA 02155 ~ 781-219-4952

[www.collegiatehouse.com](http://www.collegiatehouse.com) ~ [admin@collegiatehouse.com](mailto:admin@collegiatehouse.com)

## Malden Catholic

### GIRLS MANDATORY UNIFORM

2023

QTY	DESCRIPTION	SIZE	PRICE
	* Navy Knit Polo Shirt <b>Short Sleeve</b> w/Embroidery of School Name	Youth Sz – YM, YL, YXL Adult Sz –S, M, L, XL	\$22.99 \$23.99
	* Navy V-Neck Long Sleeve Pullover w/Embroidery MANDATORY FOR MASS	Youth Sz. YM, YL, YXL Adult Sz. S, M, L, XL	\$35.99 \$38.99
	* Navy Charles River ¼ Zip Fleece Pullover w/Embroidery of School Name	Youth Sz – YM, YL, YXL Adult Sz –S, M, L, XL	\$53.99

### OPTIONAL UNIFORM

	Blue Plaid Kilt - Optional ½ sizes add 4" to the width of the regular size garment	Sz. 12 – 18 Sz. 10.5 – 18.5	\$52.99 \$53.99
	Navy Charles River Ladies Dry-Fit Shirt w/Striped Collar Short Sleeve w/Embroidery of School Name	Adult Sz – XS, S, M, L, XL	\$31.99
	Navy Knit Polo Shirt Long Sleeve w/Embroidery of School Name	Youth Sz – YM, YL, YXL Adult Sz –S, M, L, XL	\$23.99 \$24.99
	White Pointed Collar Long Sleeve Blouse <b>MUST BE WORN W/V-NECK PULLOVER BELOW FOR MASS</b>	Sz. XS, S, M, L, XL	\$20.99
	Girls Khaki or Navy Mid-Rise Stretch Pants May be purchased anywhere	Junior sz. 1-15 Junior sz. 17-33	\$30.99 \$31.99
	Navy or Grey Ladies Freestyle Half-Zip Pullover w/Thumb Holes and Embroider of School Name	Sz. XS, S, M, L, XL	\$62.99
	Navy Tights or Leggings MANDATORY IF W/KILT BETWEEN NOVEMBER 1 <sup>ST</sup> AND APRIL 1 <sup>ST</sup>	Tights Leggings	\$12.99 \$21.99
	Navy V-Neck Cardigan w/2 Pockets w/Embroidery of School Name	YL, YXL, S,M,L,XL	\$38.99
	Navy Charles River Stealth ¼ Zip Pullover	Adult Sz. XS, S, M, L, XL	\$59.99
	Navy Opaque, Orlon, or Cotton Knee-Hi	9-11, 10-13	\$ 6.99
	Malden Catholic Belt	Adult Sz. XS, S, M, L, XL	\$26.00

\*New student package - Mandatory for new students

	AMOUNT PAID->	
--	---------------	--

Mail orders: Please include: \$12.00 for shipping, handling, and insurance. Checks not accepted during time of pickup.

**EXCHANGES ALLOWED WITHIN 4 WEEKS OF DATE OF PURCHASE.**

**No cancellations, returns, or exchanges allowed on special orders or embroidered items other than polo shirts.**

**Orders MUST be placed by July 1<sup>st</sup> to ensure delivery in time for the opening of school.**

Name of Student \_\_\_\_\_ Grade Entering \_\_\_\_\_

(please print)

Address \_\_\_\_\_ Phone \_\_\_\_\_

City,State,Zip \_\_\_\_\_

[Link to Shop Online for MC Girls Uniforms](#)

## MC Freshman Experience

When: August 15 – 17, 8:30AM – 12:00PM

Where: Malden Catholic High School

Cost: Free

### **Description:**

---

Incoming 9<sup>th</sup> graders are encouraged to join their classmates in this 3-day comprehensive experience that will acclimate future Lancers in their four-year journey at Malden Catholic.

Though the disciplines of Theology, Math, Science (STEM), English and Fine Arts, students will:

- Be introduced to their peers as the class of 2027 and build life-long relationships.
- Get to know a number of talented faculty and staff prior to school beginning.
- Acquaint and familiarize oneself with the rigor of the Malden Catholic curriculum.
- Work on the written component of the summer reading assignments.
- Learn techniques and strategies to become better organized and prepared for the upcoming school year.
- Learn about Malden Catholic's technology platforms.
- Become versed in Malden Catholic's online platforms and systems.
- Meet their School Counselor.

**Snacks will be provided. Students must bring their Windows 11 Laptop**

## Co-Curricular Activities and Sports Programs

Co-Curricular activities are a key part of the Malden Catholic High School experience. Being involved in clubs and activities allows students to explore and develop new interests, build solid friendships and find a creative outlet. You can learn about the activities on the [Co-Curricular page](#) on our website.

### CO-CURRICULAR ACTIVITIES:

30 Day Challenge	La Colaborativa	On-Camera Club
Bible Study	Lancers Drama Club	Ping Pong Club
Chemistry Club	Lancers-In-Action	Short Story Club
Comicon Club	Latin Dance Club	Spanish Club
Crystal 99 Newspaper	Make-A-Wish Club	Spirit Club
Diversity and Inclusion	Math Team	STEM Club
Gaming Club	Mock Trial	Stock & Trade Club
Green Team	Model Bridge	Student Council
Habitat for Humanity	Model United Nations	Study Skills Club
Investment Club	MC Robotics Team	Yearbook Club

### SPORTS PROGRAMS:

Season	Sport	Boys			Girls		
		Varsity	Junior Varsity	Freshman	Varsity	Junior Varsity	Freshman
Fall	Cross Country	✓			✓		
	Field Hockey				✓	✓	
	Football	✓	✓	✓			
	Golf	✓	✓				
	Soccer	✓	✓	✓	✓	✓	✓
	Cheer				✓	✓	
	Swim				✓		
	Volleyball				✓	✓	✓
Winter	Basketball	✓	✓	✓	✓	✓	✓
	Hockey	✓	✓	✓	✓	✓	✓
	Indoor Track	✓			✓		
	Swim	✓					
	Cheer				✓	✓	
	Wrestling	✓					
Spring	Baseball	✓	✓	✓			
	Golf				✓	✓	
	Lacrosse	✓	✓		✓	✓	
	Outdoor Track	✓			✓		
	Rugby	✓					
	Softball				✓	✓	
	Tennis	✓	✓		✓	✓	



## Athletic Registrations

Malden Catholic uses FamilyID.com for their online athletic registrations. The registration for each season typically opens one month prior to the start of the season. All parent/guardians must register their son/daughter with FamilyID before they start every athletic season and to be permitted to participate in any voluntary off-season workouts with the team.

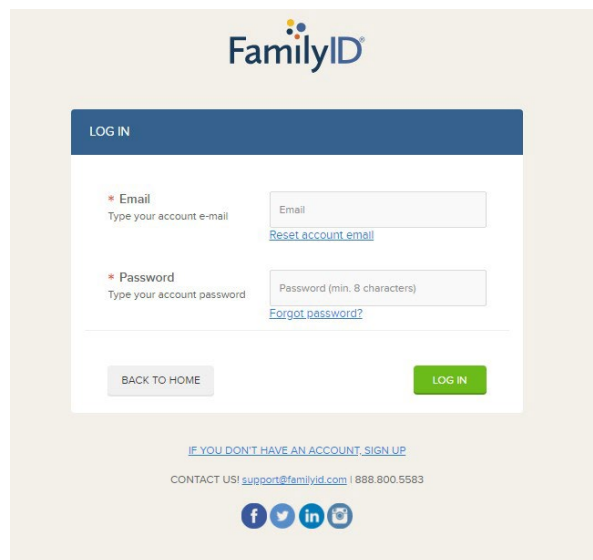
FamilyID registration will assist in meeting the Massachusetts Interscholastic Athletic Association (MIAA) requirements for participation which include having a current physical on file and Concussion Education and Consent to Treat forms for our Athletic Trainer.

Instructions for the new parents and links to the season athletic registration forms are found on the Athletics homepage on the Malden Catholic website <https://www.maldencatholic.org/athletics>.

FamilyID Registration for 2023 Fall Sports will open June 1<sup>st</sup> and must be completed by August 6<sup>th</sup>. The first official practice for 2023 Fall Sports is August 18<sup>th</sup> for Football and August 21<sup>st</sup> for Soccer, Cross Country, Boys Golf, Girls Swimming, Girls Volleyball and Girls Field Hockey. It is advisable to register early so the coaches have your contact information and can keep you informed of any summer workouts, camps, and updates.

Student athletes must have uploaded a copy of their current physical to FamilyID before the School Nurses will clear them to participate in practices.

Please contact the Athletic Department with any questions at 781.475.5320



The image shows the FamilyID login interface. At the top is the FamilyID logo. Below it is a 'LOG IN' header. The form contains two main sections: 'Email' and 'Password'. The 'Email' section has a label 'Type your account e-mail', an input field, and a 'Reset account email' link. The 'Password' section has a label 'Type your account password', an input field with a note 'Password (min. 8 characters)', and a 'Forgot password?' link. At the bottom of the form are two buttons: 'BACK TO HOME' and 'LOG IN'. Below the form, there is a link 'IF YOU DON'T HAVE AN ACCOUNT, SIGN UP', contact information 'CONTACT US! support@familyid.com | 888.800.5583', and social media icons for Facebook, Twitter, LinkedIn, and Instagram.

## MIAA Medical Requirements for Athletes

As per the MIAA Rules and Regulations Governing Athletics [July 1, 2021 – Jun 20, 2023](#);

### 56. **Student Eligibility Coverage/School Requirements: Physical Examinations/Medical Coverage/Concussions**

- 56.1 All students must pass a physical examination prior to participation in High School Athletics. **A physical exam covers the student for 13 months from the exam date.** A student's eligibility will terminate once a physical has reached the 13-month limit.

Physical examinations must be performed by a duly registered Licensed Physician, Physician Assistant or Nurse Practitioner. The Sports Medicine Committee recommended physical examination form is in MIAA Members Only Fillable Forms.

- 56.1.3 All students are required to take the on-line National Federation Concussion Course or other MA Department of Public Health recognized education program following regulations as put forth by the Department of Public Health in regard to the Concussion Law and can be found at <https://www.mass.gov/service-details/statewide-sports-concussion-initiative-ma-law-and-department-of-public-health>.

Important MIAA Rule Update:

### **Rule 56.1 clarification**

Written doctor medical clearance notes do not take the place of an annual physical. MC Clearances will not be accepted.

[Link to MIAA's Recommended Physical Examination Fillable PDF Form](#)

**MIAA RECOMMENDED SPORTS CANDIDATE MEDICAL QUESTIONNAIRE**

(Reference MIAA Rule 56)

**PART A - HISTORY**
**DATE of EXAM:**

Student's Name:

Gender:

Age:

Date of Birth:

Grade:

School:

Sport(s): Fall:

Winter:

Spring:

Address:

Tel.:

Physician:

Tel.:

**IN CASE OF AN EMERGENCY, CONTACT:**

Name:

Relationship:

Tel (H):

Tel (W):

**EXPLAIN "YES" ANSWERS BELOW. CIRCLE QUESTIONS YOU DO NOT KNOW THE ANSWER TO.**

	YES	NO
1. Have you had a medical illness or injury to your chest or arms, shoulders?	<input type="checkbox"/>	<input type="checkbox"/>
2. Have you ever been hospitalized overnight?	<input type="checkbox"/>	<input type="checkbox"/>
3. Have you ever had surgery?	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you have a missing or diseased heart organ?	<input type="checkbox"/>	<input type="checkbox"/>
5. Are you ever taking any prescription or non-prescription (over-the-counter) medications or pills on a regular basis?	<input type="checkbox"/>	<input type="checkbox"/>
6. Have you ever taken any prescription or non-prescription (over-the-counter) medications or pills on a regular basis while you are participating in sports or exercise?	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you have any allergies (for example, to pollen, medicine, food, or clothing items)?	<input type="checkbox"/>	<input type="checkbox"/>
8. Have you ever had a heart attack during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>
9. Have you ever fainted during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>
10. Have you ever been dizzy during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>
11. Have you ever had chest pain during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>
12. Do you get tired more quickly than your friends do during exercise?	<input type="checkbox"/>	<input type="checkbox"/>
13. Have you ever had swelling of your neck or face or throat?	<input type="checkbox"/>	<input type="checkbox"/>
14. Have you had high blood pressure or high cholesterol?	<input type="checkbox"/>	<input type="checkbox"/>
15. Have you ever been told you have a heart murmur?	<input type="checkbox"/>	<input type="checkbox"/>
16. Has a family member or relative died of heart disease or sudden death before age 30?	<input type="checkbox"/>	<input type="checkbox"/>
17. Have you had any chest pain, dizziness (for example, when you stand up quickly), or lightheadedness?	<input type="checkbox"/>	<input type="checkbox"/>
18. Has a physician ever diagnosed you with a heart condition or any heart-related problem?	<input type="checkbox"/>	<input type="checkbox"/>
19. Do you have any other medical conditions, such as diabetes, asthma, or epilepsy?	<input type="checkbox"/>	<input type="checkbox"/>
20. Have you ever had a head injury or concussion?	<input type="checkbox"/>	<input type="checkbox"/>
21. Have you ever been hospitalized because of a seizure, or loss of consciousness?	<input type="checkbox"/>	<input type="checkbox"/>
22. Have you ever had a seizure?	<input type="checkbox"/>	<input type="checkbox"/>
23. Do you have frequent or severe headaches?	<input type="checkbox"/>	<input type="checkbox"/>
24. Have you ever had numbness or tingling in your arms, hands, legs, or feet?	<input type="checkbox"/>	<input type="checkbox"/>
25. Have you ever had a stroke, seizure, or a related seizure?	<input type="checkbox"/>	<input type="checkbox"/>
26. Have you ever been told you have a heart condition or any heart-related problem?	<input type="checkbox"/>	<input type="checkbox"/>
27. Do you cough, wheeze, or have trouble breathing during or after activity?	<input type="checkbox"/>	<input type="checkbox"/>
28. Do you have asthma?	<input type="checkbox"/>	<input type="checkbox"/>
29. Do you have a condition that requires medical treatment?	<input type="checkbox"/>	<input type="checkbox"/>

	YES	NO
30. Do you use any medical devices or equipment (for example, a pacemaker, defibrillator, or insulin pump) or have you ever used any of these devices?	<input type="checkbox"/>	<input type="checkbox"/>
31. Have you had any problems with your eyes or vision?	<input type="checkbox"/>	<input type="checkbox"/>
32. Do you wear glasses, contact lenses, or have any eye problems?	<input type="checkbox"/>	<input type="checkbox"/>
33. Have you ever had a seizure, stroke, or swelling after injury?	<input type="checkbox"/>	<input type="checkbox"/>
34. Have you ever been told you have any heart or blood vessel problems?	<input type="checkbox"/>	<input type="checkbox"/>
35. Do you have any other medical conditions, such as diabetes, asthma, or epilepsy?	<input type="checkbox"/>	<input type="checkbox"/>
36. Do you have any other medical conditions, such as diabetes, asthma, or epilepsy?	<input type="checkbox"/>	<input type="checkbox"/>
37. Do you have any other medical conditions, such as diabetes, asthma, or epilepsy?	<input type="checkbox"/>	<input type="checkbox"/>
38. Do you have any other medical conditions, such as diabetes, asthma, or epilepsy?	<input type="checkbox"/>	<input type="checkbox"/>
39. Record the dates of your most recent medical visits (if any) for:		
Primary Care:		
Specialty:		

Explain "Yes" answers here:

**FEMALES ONLY**

40. When was your first menstrual period?
41. When was your most recent menstrual period?
42. How much time do you usually have from the start of one period to the start of another?
43. How many periods have you had in the last year?
44. What was the longest time between periods in the last year?

**I HEREBY STATE THAT TO THE BEST OF MY KNOWLEDGE, MY ANSWERS TO THE ABOVE QUESTIONS ARE COMPLETE AND CORRECT.**

Signature of athlete:

Date:

Signature of Parent/Guardian:

Date:


**PART – B PHYSICAL EXAMINATION**
**DATE of EXAM:**

STUDENT:

Date of birth:

Height:

Weight:

% Body Fat (optional):

Pulse:

BP:

/

(

/

/

)

Eyes: R20 /

L20 /

Corrected:

☐ Yes

☐ No

Pupils:

Equal

Unequal

	NORMAL	ABNORMAL FINDINGS	INITIALS*
<b>MEDICAL</b>			
Appearance	<input type="checkbox"/>		
Eyes/Ears/Nose/Throat	<input type="checkbox"/>		
Lymph Nodes	<input type="checkbox"/>		
Heart	<input type="checkbox"/>		
Pulses	<input type="checkbox"/>		
Lungs	<input type="checkbox"/>		
Abdomen	<input type="checkbox"/>		
Genitalia (males only)	<input type="checkbox"/>		
Skin	<input type="checkbox"/>		
<b>MUSCULOSKELETAL</b>			
Neck	<input type="checkbox"/>		
Back	<input type="checkbox"/>		
Shoulder/Arm	<input type="checkbox"/>		
Elbow/Forearm	<input type="checkbox"/>		
Wrist/Hand	<input type="checkbox"/>		
Hip/Thigh	<input type="checkbox"/>		
Knee	<input type="checkbox"/>		
Leg/Ankle	<input type="checkbox"/>		
Foot	<input type="checkbox"/>		

\*Station-based examination only

**PART C – CLEARANCE**
☐ Cleared

☐ Cleared after completing evaluation/rehabilitation for:

☐ Not cleared for:

Reason:

Name of physician:

Signature of physician:

Address:

Tel.:

## Concussion Education Summer Requirement

As you know, recent research on head trauma has underscored the need for general awareness of safe practices following head injury. The Commonwealth of Massachusetts Department of Public Health now requires that all students participating in any activity including gym class, intramural sports, and athletics must learn about the consequences of head injury and concussion through on-line training programs and written materials. Since head injury can happen outside of athletics, too, we want all students to be informed through the taking of a short, free on-line summer course.

To help ensure the safety of all Malden Catholic students, we are requiring that all students this summer must complete a free online course and return a certificate of completion to the School Nurse. The certificate will be generated automatically at completion of the course. The program is brief, taking only about 20 minutes. (Parents might benefit from viewing the course, too!)

Students will bring the certificate of completion to their August Orientation, unless they are Fall athletes, in which case they will be required to submit their certificate on the first day of practice in order to participate.

You may choose one of the following free on-line courses:

- The National Federation of High School Coaches:  
<http://nfhslearn.com/courses/38000>
- The Center for Disease Control (CDC):  
<http://www.cdc.gov/headsup/youthsports/training/index.html>  
Student Training Course: <https://www.train.org/cdctrain/course/1089855/>



Please note that both online courses are addressed to coaches, but are open to all. You may be asked to register or create an account to login. The entire course, including registration, can be completed in a brief period of time.

Your certificate will be valid for one year and will need annual renewal while at Malden Catholic. Should you have any questions, please feel free to contact School Nurse Mrs. Elizabeth Paquette R.N. at 781-475-5318 or [paquettee@maldencatholic.org](mailto:paquettee@maldencatholic.org).



## Permission for Emergency Treatment Form

Student's Name: \_\_\_\_\_ YOG: \_\_\_\_\_ Division: ☐ Boys ☐ Girls

The school nurse will see ailing students and determine whether to treat them or to send them home. The nurse will dispense prescribed medication during the day to any student under a doctor's care. Such medication should be accompanied by a doctor's medication order and be in a labeled prescription bottle. (Medication should be kept in the Health Office and not on one's person or in one's locker.)

Additionally, in the event we cannot contact you immediately, we need your permission to administer emergency treatment to your child, and/or to arrange for the transportation of your child to any acute emergency facility. Once at that facility, they may provide treatment that may be medically necessary. All of this is with the understanding that every effort will be made to contact you before a transfer.

The nurse will dispense the following over-the-counter (OTC) medications to your child if the nurse deems it appropriate. Please check appropriate dosage:

Advil 200 mg, by mouth ..... ☐ 1 tablet or ☐ 2 tablets

Extra Strength Tylenol 500 mg, by mouth ..... ☐ 1 tablet or ☐ 2 tablets

Pepto Bismol 262 mg, by mouth ..... ☐ 1 tablet or ☐ 2 tablets

Tums (Calcium Carbonate) 750 mg, by mouth ..... ☐ 1 tablet or ☐ 2 tablets

Any known allergies? ..... ☐ No ☐ Yes, please describe below:

Has Epi-Pen? ..... ☐ No ☐ Yes

Any known medical conditions? ..... ☐ No ☐ Yes, please describe below:

List other medications Student is presently taking below:

Your signature below indicates that we indeed have your permission for emergency treatment and dispensing OTC and prescription medications.

<b>Parent/Guardian:</b>	_____ Name	_____ Relationship
	_____ Signature	_____ Date
<b>Phone Numbers:</b>	_____ Home	_____ Cell
	_____ Work Phone	_____ Ext.

<b>Emergency Contact:</b>	_____ Name	_____ Relationship
	_____ Home	_____ Cell
	_____ Work Phone	_____ Ext.



## Confidential Health & School Counseling Form

*Please assist us in caring for your child by providing the following information. This information will be utilized both confidentially and internally by faculty and staff in order to develop not only a better understanding of your child's health/school counseling status, but also to be able to work more closely with your child socially and academically.*

Student's Name: \_\_\_\_\_ YOG: \_\_\_\_\_ Division: Boys Girls

Services provided to students are connected to a comprehensive counseling model which focuses on the needs of the students in three areas of development: academic, career, and social/emotional. These areas are interrelated and cannot be addressed in isolation. Comprehensive, developmental counseling services are designed for all students. Counselors are guided by the American School Counselors Association ethical standards and are faithful to the tradition of Xaverian education.

Does your child have any limitations in the following areas?

(Please check and give an explanation)

No Yes

Vision: \_\_\_\_\_

If glasses or contacts worn, are they needed in the classroom?

Speech: \_\_\_\_\_

Hearing: \_\_\_\_\_

Other Physical Issues: \_\_\_\_\_

Social/Emotional Concern: \_\_\_\_\_

Food Allergies/Anaphylaxis: \_\_\_\_\_

Has Epi-Pen?

Does your child have a current IEP/504/other education plan? (within the last 2 years).

If yes, the date of the most recent evaluation: \_\_\_\_\_

If yes, please explain the reason for the evaluation and the outcome.

*Please arrange to have all Educational Plans and Assessments sent in with this form no later than June 9<sup>th</sup>. Delayed receipt of Educational Plans and Assessments will result in untimely reporting to appropriate school personnel.*

## Confidential Health & School Counseling Form

Student's Name: \_\_\_\_\_ YOG: \_\_\_\_\_ Division: Boys Girls

No Yes

Is there a family situation which could impact your child's performance?

Examples might include single parent home, serious illness in family, recent death, parent disability, grandparent guardians, parents in process of divorce or separation, recent residency change etc.? *(Please update the School Counseling Office by telephone or email during the school year.)*

Is there any other information that would be useful in helping your child during their high school years?

Are there any issues regarding sharing of information with a non-custodial parent?  
If yes, please explain and send a copy of the court order.

Parent/Guardian:	_____	_____		
	Name	Relationship		
	_____	_____		
	Signature	Date		
Phone Numbers:	_____	_____	_____	_____
	Home	Cell	Work Phone	Ext.



## Student Technology

### Student-Provided:

- **Windows 11 Laptops**

All students are required to bring their own [Windows 11 laptop](#). Other devices such as MacBooks, Chromebooks and iPads are not allowed as some courses require the use of software that will only run on a Windows-based computer.

### MC-Provided:

- **Wireless Network**

Malden Catholic's wireless network is comprised of over seventy-five 802.11ac wireless access points distributed throughout the school building, including one per classroom. This summer, MC will be upgrading our wired and wireless networks. As part of this work, we will be installing state-of-the-art 6E wireless access points that will support next-generation Wi-Fi with software programmable radios supporting 5 and 6 GHz concurrently.

Students must register their Windows 11 laptops in order to access and use MC's wireless network. Registration instructions will be emailed to students this summer.

- **Internet Access**

Students will be able to access the Internet using their registered Windows 11 laptops on MC's wireless network. All inbound and outbound Internet traffic is inspected by a perimeter firewall that protects MC's wireless and wired networks and connected devices from attacks, malware, and other web-based threats. Additionally, since Malden Catholic receives partial reimbursement for our Internet Access from the FCC via their Schools and Libraries E-Rate program, our firewall also has web filtering in place to ensure that Malden Catholic provides all students with [CIPA-Compliant](#) Internet Access.

- **Microsoft 365**

All Malden Catholic students have Microsoft 365 accounts which provides them with access to online services such as OneDrive (cloud storage up to 1 TB), Word, Excel, PowerPoint, OneNote, Outlook, etc.

*Important note: You do not need to purchase Microsoft Office. As part of our license agreement with Microsoft, all students can download and install the latest version of Microsoft Office onto their laptops at no cost.*

- **G Suite for Education**

All Malden Catholic students will also have Google's G Suite for Education accounts which provides them with access to online services such as Google Drive (unlimited cloud storage), Docs, Sheets, Slides, Classroom, etc.

- **[Sophos Endpoint Advanced with Intercept X](#)**

Malden Catholic provides each student with a copy of Sophos Endpoint Advanced with Intercept X that **must be installed** on the student's laptop before the laptop can be used on Malden Catholic's wireless network. This endpoint protection software is integrated with Malden Catholic's Sophos firewall to provide comprehensive protection of all computing resources utilized at Malden Catholic.

## Student Technology

- **MC Email Addresses**

All active students are provisioned with their own @maldencatholic.org email address that they are to use for academic purposes and when communicating with MC Faculty and Staff.

- **Single Sign-On (SSO) Credentials**

Incoming students will be assigned their own single sign-on credentials that will consist of a user ID (MC Email Address) and a unique one-time password. When students activate their SSO account, they will be prompted to enter their unique one-time password and will then be prompted to enter a complex password that meets the following requirements:

- Must be at least 8 characters
- Cannot be longer than 32 characters
- Cannot contain the student's first and/or last name
- Have at least 1 letter (a, b, c...)
- Have at least 1 number (1, 2, 3...)
- Have at least 1 non-alphanumeric characters (special characters): (~!@#\$%^&\* \_ - +=`|\\()\[\]{};:"'<>.,?/)
- Include both uppercase and lowercase letters
- Cannot contain only one character (i.e., "111111" or "aaaaaa")
- Cannot contain consecutive characters (i.e., "123456" or "abcdef")

Students will use their SSO credentials to log into both their Microsoft 365 and G Suite for Education accounts. Students will also use the same user ID to log into LancerLink. While students can select their own LancerLink password, it is highly recommended that they use their SSO password. *Fewer things to remember = fewer things to forget.*

- **Second-Factor Authentication**

Malden Catholic has implemented Second-Factor Authentication on our Microsoft 365 Accounts to protect all student, faculty and staff accounts from unauthorized access by off-campus individuals. New students will be sent instructions in July on how to remotely complete the setup of their MC-provided Microsoft 365 accounts. During this process, each student will be asked to provide their cell phone number to complete the setup of Second-Factor Authentication on their account. On a specified interval, remote Microsoft 365 account users will be asked to reauthenticate by entering an authentication code that Microsoft will send to the account holder's cell phone.

- **Classroom Web Portal - LancerLink**

All Malden Catholic students have accounts to access LancerLink. LancerLink is Malden Catholic's classroom web portal which provides real-time integration with teachers' gradebooks, classroom pages (homework, resources, etc.) and student information. Students can view current grades and scores for their classes on interactive dashboards. LancerLink activation instructions for student accounts will be emailed to parents early in July.

Students will use their MC-provided email address to login to their LancerLink accounts.

## Windows 11 Laptop Requirements

All students are required to bring their own Windows 11 laptop that meet the following minimum specifications.

### ***Windows 11 Laptop***

- Operating System: Windows 11 Pro 64 or Windows 11 Home Edition
- Display: 11" FHD (1024 x 768) Minimum
- Display: 15.6" FHD (1920 x 1080) Recommended
- Graphics: Integrated Intel® UHD Graphics Recommended
- Storage: 256 GB SSD
- DIMM Memory: 16 GB (with potential to upgrade)
- Wireless LAN: Wi-Fi 6 (802.11ax) 5 Ghz
- Built-In Camera and Microphone
- Built-In Speaker
- At least one USB C port
- Minimum Battery Life - 7 hours
- Required Browser – Google Chrome
- Required Antivirus Software – Sophos Endpoint Advanced (Provided by MC)
- Required Accessory – USB Headphones with integrated microphone
- Two AC power adapters
  - One for Home
  - Spare for School
- Laptop Case or Protective Sleeve

### ***Highly Recommended***


- Extended warranty to cover accidental damage
- Insurance policy to cover lost/stolen devices

**Note:** Other devices such as MacBooks, Chromebooks and iPads are not allowed as some courses require the use of software that will only run on a Windows-based computer.


## Parent Resources

### Classroom Web Portal - LancerLink

For parents and guardians to be able to check on the status of their investment (i.e., current grades and scores), parents and guardians will need to activate their LancerLink parent accounts. Since LancerLink uses an email address as an account's Username, any parent or guardian that has provided Malden Catholic with a valid email address will receive an email with account activation instructions. LancerLink activation instructions for parent accounts will be emailed to parents early in July.

 **MALDEN  
CATHOLIC**  
The Codivisional  
High School

## LancerLink



### Login

☐ Remember Me

[Can't access your account?](#)

### School Resources

No School Resources have been posted.

### For Parents on the Go

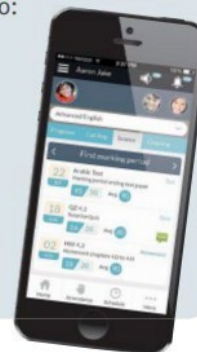
Using the Rediker ParentPlus app, parents and guardians can view the same grades, scores, and homework assignments available on LancerLink from their mobile IOS or Android device.

*Note: One must first activate their LancerLink parent account before the mobile app can be used....*

### Mobile Apps for Parents and Students

ParentPlus and StudentPlus mobile apps for iOS and Android® provide access to:

- ✓ Grades
- ✓ Attendance
- ✓ Class Schedules
- ✓ Discipline
- ✓ Announcements
- ✓ Alerts
- ✓ Calendars and more!




## Parent Resources

### MC Website


Our website contains a wealth of information about all aspects of Malden Catholic. Parents can view the Daily Announcements to learn about what is happening that school day. The Upcoming Events on the homepage list all Academic, School, and Athletic Events that appear on the school calendar for the current day plus the next six days. Current news and MC social media posts are also on the homepage.

A Xaverian Brothers Sponsored School since 1932.
QUICK LINKS
SEARCH
DAILY ANNOUNCEMENTS
PRESIDENT'S UPDATE
in
YouTube
Twitter
Facebook
Instagram



**MALDEN CATHOLIC**  
The Codivisional High School

About Us
Admissions
Academics
Student Life
Athletics
Spiritual Life
Giving
Alumni
In-Person Tour

— NEWS —



Felder Jr. makes a strong case for being the MIAA's best point guard in state-title win



Malden Catholic Holds Chapel Dedication

More News

### — UPCOMING EVENTS —

MON • APR

**4**

Malden Catholic  
Baseball Boys Junior  
Varsity Away St Marys  
Jr/Sr High School-  
Lynn  
4:00 PM - 5:00 PM  
35 Tremont St. Lynn,  
MA 01902

MON • APR

**4**

Malden Catholic  
Baseball Boys Varsity  
Away St Marys Jr/Sr  
High School-Lynn  
4:00 PM - 5:00 PM  
35 Tremont St. Lynn,  
MA 01902

TUE • APR

**5**

Day 1  
all day

TUE • APR

**5**

Malden Catholic  
Outdoor Track Boys  
Varsity Away Boston  
College High School  
4:00 PM - 5:00 PM  
150 William T Morrissey  
Blvd Dorchester, MA  
02125-3391



## Parent Communications

### Parent Email Addresses

Malden Catholic communicates with parents electronically using parent-provided email addresses. To ensure that you receive these communications, it is important that you not only provide us with the email address for at least one parent or guardian, but that you inform the Front Office of any email address changes.

### Academic Information

Academic information and communications sent to parents and guardians is primarily delivered via email. Report Cards are emailed within two weeks after an academic quarter has closed. Course schedules are emailed out mid-July and then right before the start of the first and second semesters.

### Mass Notification System

Malden Catholic uses Rediker's AdminPlus Notify to send out school cancellation notices and other important communication alerts. These notifications can be sent out via email, text messages and phone calls.

### President's Update

Malden Catholic emails out a weekly newsletter to families using Constant Contact. All families are asked to read the newsletter regularly to receive important updates and the latest news from Malden Catholic. You can also view the [President's Update](#) on MC's website.



**MALDEN CATHOLIC**

[f](#) [t](#) [i](#)

### President's Update

Dear Families,

This is our first edition of the *President's Update*. This change in publication title reflects the trend within the Xaverian Brothers school network and in most Catholic and private schools to utilize a President - Principal model. Going forward, all chief administrators at Malden Catholic will have the title of "President" rather than "Headmaster."

Discussions began last year between our Board of Trustees and the Xaverian Schools Sponsored Network (XBSS) regarding the title change. At our Board meeting in February, there was unanimous support and encouragement from the Board to adopt the new title by April 2022. Therefore, effective April 1, my title has changed to "President" and this is reflected in my business cards, school communication and publications including this weekly newsletter. The school's leadership model and my duties/responsibilities will remain the same.

I announced the upcoming change to the faculty and staff a few weeks ago. They were supportive, and I heard some feedback that included teasing about my possible delusions of grandeur. The comments were all good-

## Food Account

Malden Catholic's cafeteria is operated by Aramark. Students can purchase breakfast and lunch with cash or by using their prepaid Aramark food account. Parents can choose to load funds to their child's Aramark food account with cash, checks made payable to "Aramark", or electronically by using PaySchools Central.

### PaySchools Central

Aramark's online portal for loading money onto student lunch accounts is now live. Please visit <https://payschoolscentral.com> and follow steps for new user registration to create an account. Families will be asked to use their child's Student ID number generated by Malden Catholic when creating an account for the first time. Please note that credit card loading carries a 4.35% service fee and \$1.50 transaction charge.



Please note that new accounts cannot be setup until late August. Parents will receive an email from Malden Catholic once Aramark has set up all incoming Grade 9 and transfer students with food accounts. Your child's student ID number will be included in that email.

As a reminder, families may still load funds to student lunch accounts with cash or check payable to "Aramark." Please contact the Business Office with any questions. For immediate inquiries, please contact [foodservices@maldencatholic.org](mailto:foodservices@maldencatholic.org).

## Grade 9 Supply List

- 1) 6 2-Pocket Folders, different colors for each class.



- 2) 6 single subject notebooks.



Recommendation: The type that has reinforced holes – but it can be expensive – watch for sales *at Staples over the summer.*

- 3) A large box (at least 25) of blue or black pens.

Recommendation: [BIC Round Stic Grip Xtra Comfort Ballpoint Pens, Blue 36 Pack](#) or [BIC Round Stic Grip Xtra Comfort Ballpoint Pens, Black, 36 Pack](#)



- 4) A large box (at least 25) of pencils.

Recommendation: [Ticonderoga The World's Best Pencil Wooden Pencils, No. 2 Soft Lead, 2 Dozen \(13924\)](#)



Ticonderoga are best because they sharpen very well in the school sharpeners. (Sometimes the cheaper ones cannot be sharpened.)



- 5) One pencil case that has three-hole rivets on the side.



- 6) One package of multicolor highlighters.



- 7) One pack of graph paper.



- 8) [One Texas Instruments T-I 84 Graphing Calculator.](#)



## Parent Checklist

Malden Catholic must receive all required and completed forms and documents listed below by their specified due dates in order for a student to be fully registered.

Only fully registered students will allowed to participate in required academic events in August and be allowed to start attending classes on Tuesday, September 5, 2023.

Note: Please ☒ check off the boxes as you complete the form/obtain the requested information.

### Required Electronic & Paper Forms:

### Due Date:

- ☐ Information Verification & Authorization Form..... June 9<sup>th</sup>
- ☐ Freshman Elective Course Request Form ..... June 9<sup>th</sup>
- ☐ 2023 Confidential Health & School Counseling..... June 9<sup>th</sup>
- ☐ 2023 Permission for Emergency Treatment Form ..... June 9<sup>th</sup>

### Other Required Documents:

- ☐ Birth Certificate (copy) ..... June 9<sup>th</sup>
- ☐ Official final transcript & health record to be sent by your child's current school ..... July 1<sup>st</sup>
- ☐ Most current physical (copy)..... July 1<sup>st</sup>
- ☐ Concussion Education Certificate of Completion ..... July 1<sup>st</sup>

### Required for Participation in 2022 Fall Sports:

- ☐ Registered Student on FamilyID ..... August 6<sup>th</sup>
- ☐ Most current physical uploaded to FamilyID ..... August 6<sup>th</sup>
- ☐ Concussion Education Certificate of Completion uploaded to FamilyID ..... August 6<sup>th</sup>

### Important Note on Physical Exams:

Malden Catholic follows the guidance of MIAA that a physical exam covers a student for thirteen (13) months from the exam date. Malden Catholic is required to keep in its records a copy of each student's current physical. It is the student's responsibility to ensure that Malden Catholic always has a current copy of their physical. A student's eligibility with the MIA will terminate once a physical has reached the 13-month limit.