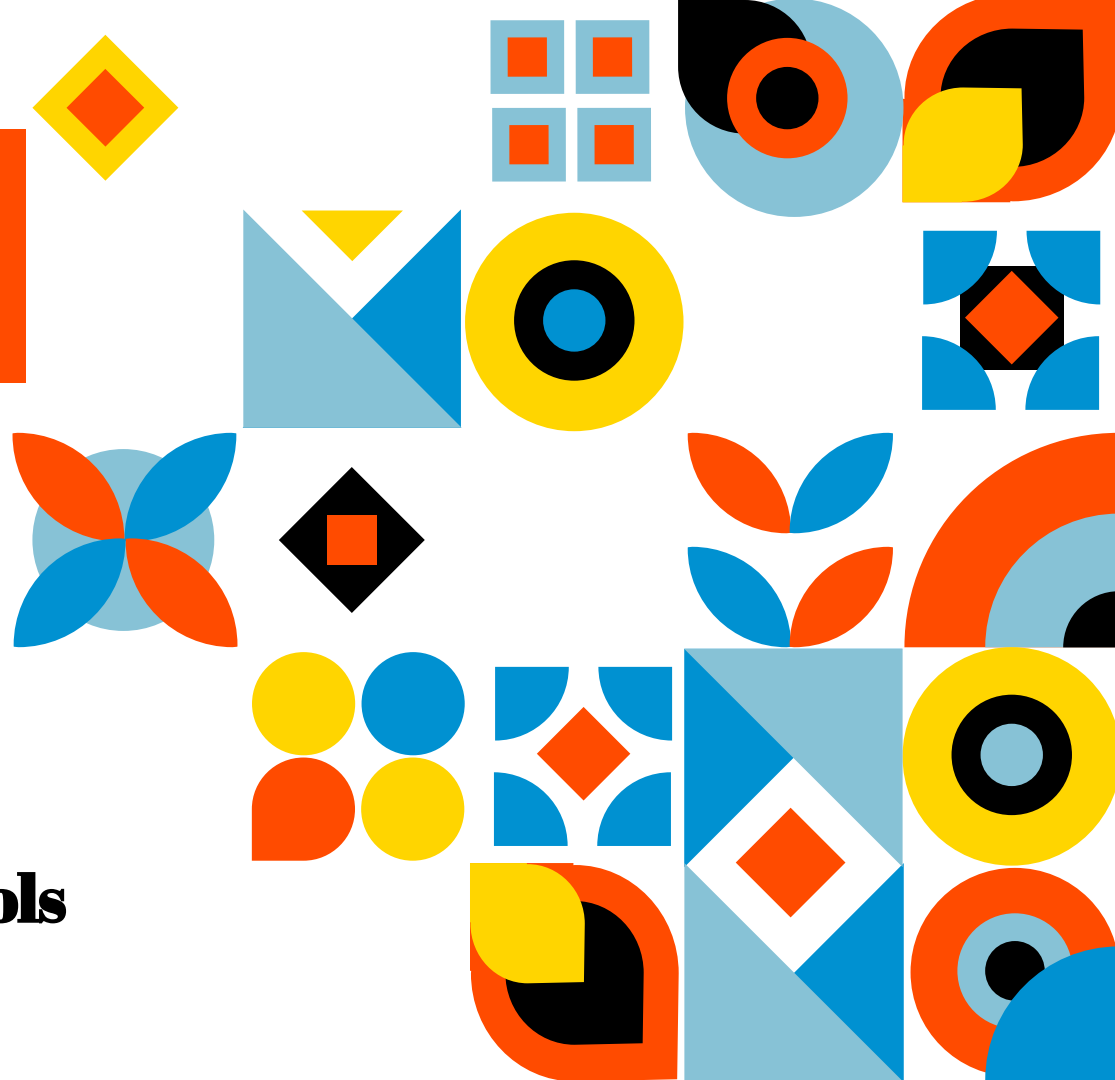


**Wellness and Prevention
Community Conversation**

**Lakota Local Schools
April 5, 2023**



Lori Brown

- **Director of Student Services**
- **Interim Exec Dir of Curriculum and Instruction**

Lauren Webb

- **Assistant Director of Gifted Services**

Megan Cameron

- **Student Wellness Coordinator**



Why do we support prevention and wellness?

#EachChildOurFuture

Ohio's K-12 Social and Emotional Learning Standards

Four Learning Domains

 Foundational Knowledge & Skills Literacy, numeracy and technology	 Well-Rounded Content Social studies, sciences, languages, health, arts, physical education, etc.
 Leadership & Reasoning Problem-solving, design thinking, creativity, information analytics	 Social-Emotional Learning Self-awareness & management, social awareness, relationship skills, responsible decision-making

WE are PERSONALIZED

At Lakota, personalized learning is tailoring the instructional environment to address the individual needs, skills and interests of the whole child, while developing a deep, personal connection to maximize student ownership of learning.

Our students grow academically, socially, emotionally and culturally, while learning critical life skills. We provide a safe and secure environment in which our students can build character and develop their unique strengths as a foundation for their future success.

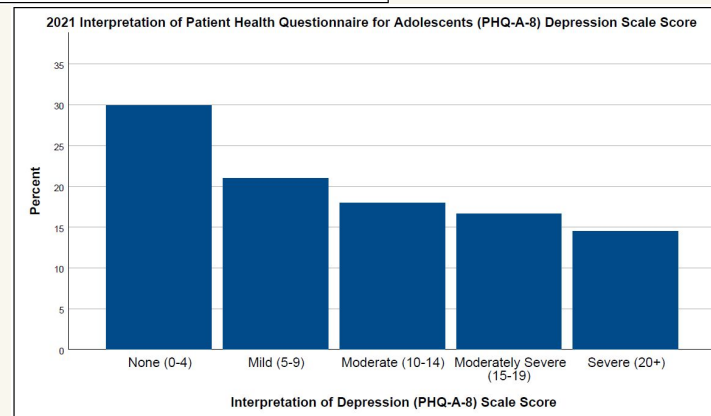
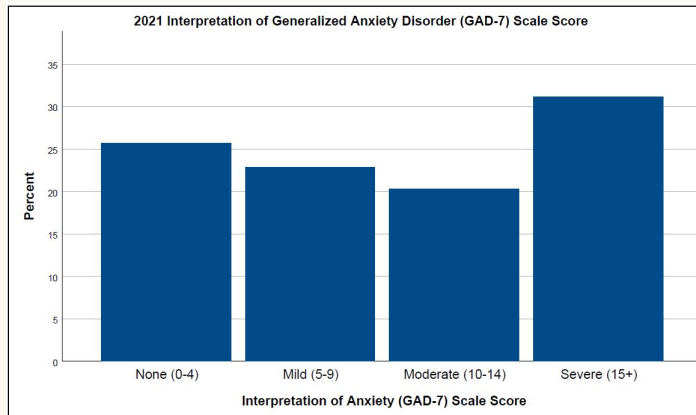
HB 123 – Graduation Plans – HB 318 (PBIS) – Erin's Law



Why do we support prevention and wellness?

Mental Health

- ▶ 119 suicidal ideations this year as of 2/28/23
- ▶ 31.2% of high school students report severe anxiety (2021)
- ▶ 14.8% of high school students report severe depression (2021)
- ▶ 816 students active in school based therapy as of 2/28/23 (90 students on the waitlist)
- ▶ 35 Hospitalizations as of 1/31 (Partial and Inpatient)**

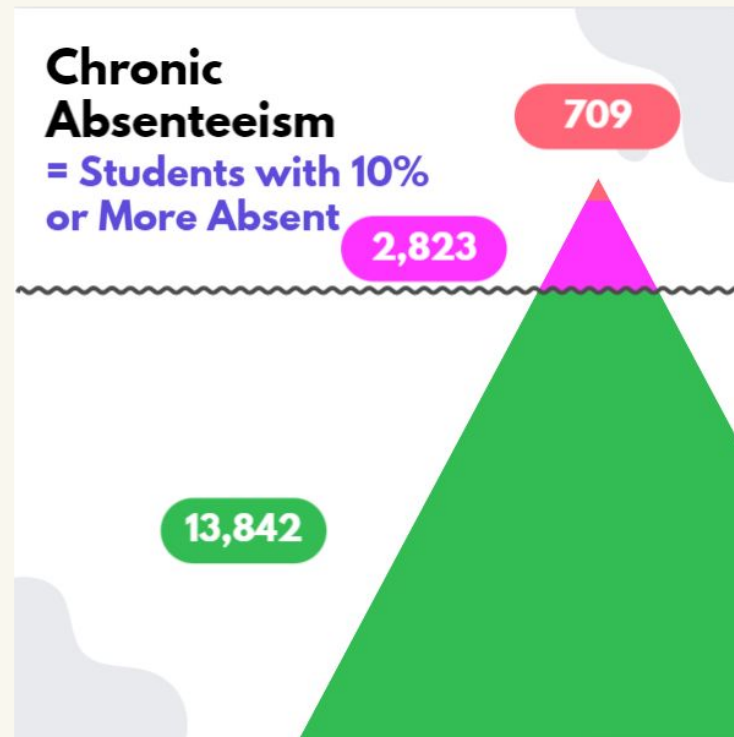




Why do we support prevention and wellness?

Physical Health

- ▶ Student absences averaging 6.16%
- ▶ 20% of Lakota students are chronically absent
- ▶ 73 CPS reports this year as of 2/28/23
- ▶ 46,379 non-scheduled clinic visits this year as of 2/28/23 (minus Nov.)
- ▶ 46.9% Get under 6 hours of sleep (HS 2021)
- ▶ 82.9% get 7.5 hours or less (HS 2021)



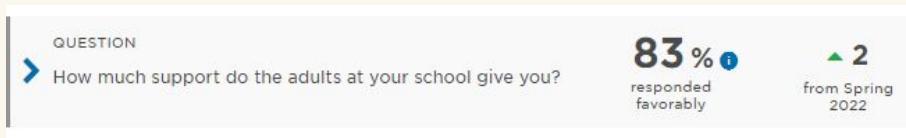


Why do we support prevention and wellness?

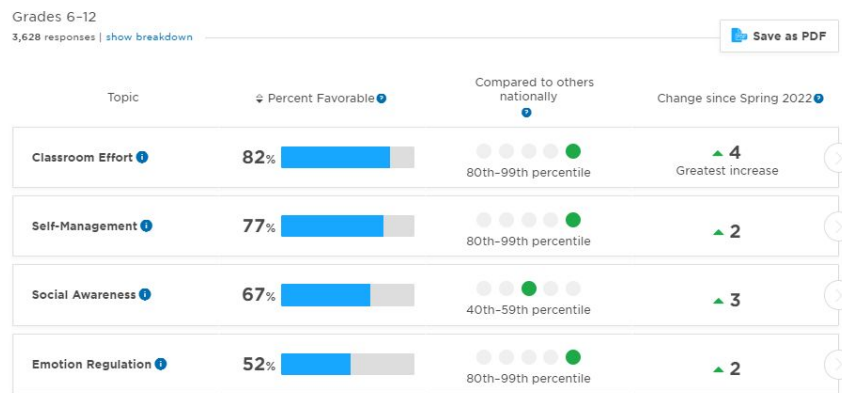
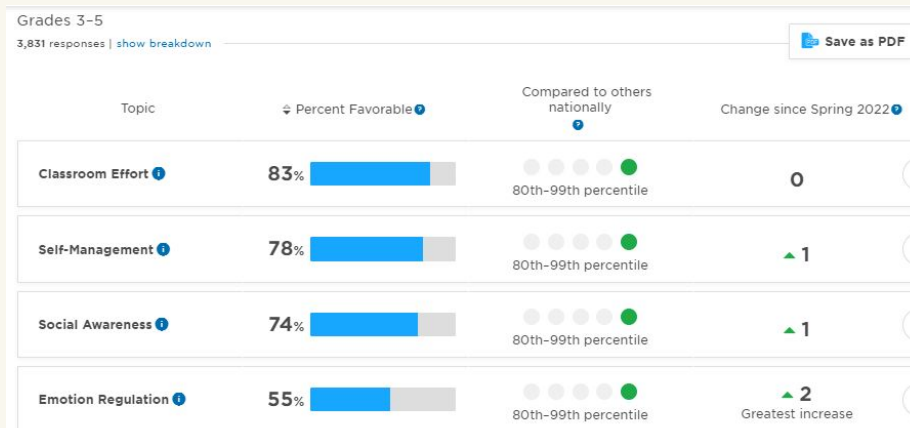
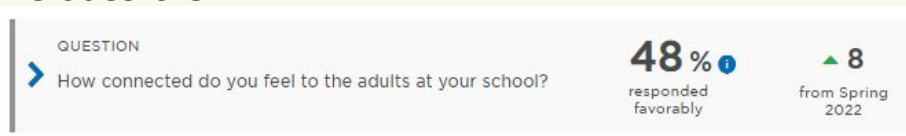
SEL Focus

- ▶ Sense of Belonging
 - ▶ Grades 3-5 = 73% favorable
 - ▶ Grades 6-8 = 55% favorable

Grades 3-5



Grades 6-8



Emotion Regulation Questions:

QUESTION

➤ How often are you able to pull yourself out of a bad mood?

51% 
responded
favorably

 **3**
from Spring
2022

QUESTION

➤ When everybody around you gets angry, how relaxed can you stay?

52% 
responded
favorably

 **1**
from Spring
2022

QUESTION

➤ How often are you able to control your emotions when you need to?

63% 
responded
favorably

 **1**
from Spring
2022

QUESTION

➤ Once you get upset, how often can you get yourself to relax?

54% 
responded
favorably

0
from Spring
2022

**What does this
data mean to
you?**



Prevention Across the District

K-2

- SEL lessons delivered through the SEL special

- All ECS buildings are trained in PAX which is a set of strategies to help students learn important self-management and collaboration skills.

- Small social groups supported by building counselor

3-6

- SEL lessons delivered through the SEL special

- Panorama Survey to measure SEL growth

- Small social groups supported by building counselor

7-8

- Dedicated time to increase SEL skills (Advisory)

- Panorama survey for students to measure SEL growth over time

- Student led Sources of Strength teams at each junior school

9-12

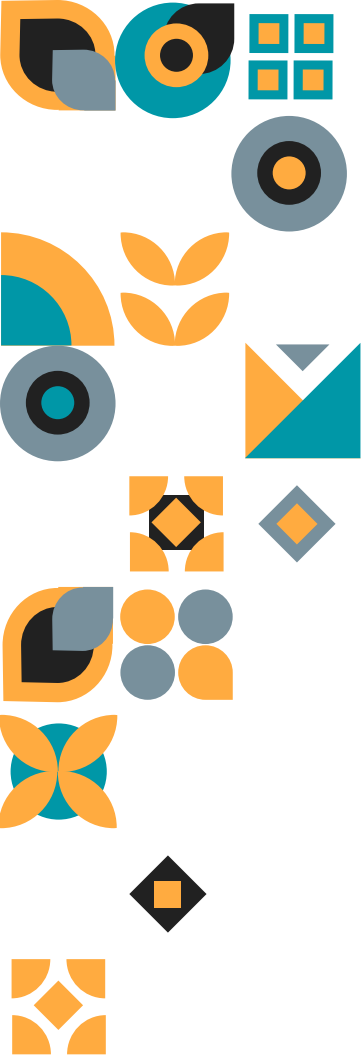
- Dedicated weekly time to focus on Grad Plan

- Real world learning through internships, job shadowing and community service

- Hope Squads engaged 9-12

- Transition to SchoolLinks to incorporate the Grad Plan and eventually 4 year planning

****This is prior to HB 123 & Erin's Law****



Mental Health Updates

- **MindPeace process**
- **Companions on a Journey**
- **Crisis Response Teams (average of 4 responses per year)**
 - **Responding to loss, trauma or events**
- **Hiring crisis**

Moving Forward

- ▶ Responsive to needs and data
- ▶ Leveraging Nexus and Advisory bells to support students
- ▶ Determine how we will meet HB 123 and Erin's Law.



**What would you
request?**

