

SPRINGFIELD PUBLIC SCHOOLS
SPRINGFIELD, NJ 07081

Dear Parents/Guardians:

As part of our health regulations in the Springfield School District, the guidelines request that parents/guardians notify the school nurse if their child is home with a communicable disease. Some examples of reportable diseases to the health office are (but not limited to):

1. Strep infections
2. Staph infections
3. Scarlet fever
4. Fifth Disease
5. Coxsackie
6. Pneumonia
7. Mononucleosis
8. Chickenpox (Note: Even if your child has received the vaccine for chickenpox (Varivax), there is still a chance he/she might contract the disease if exposed to the virus)

Please contact the health office as soon as your health care provider has diagnosed any contagious disease requiring antibiotic and/or exclusion from school.

Sincerely,

School Nurse

When Should I Keep My Child Home?

| Student's Symptoms/Diagnosed Illness | Student May Return to School When |
|---|---|
| Fever greater than 100.0 degrees (orally) | Fever free for a minimum of 24 hours without use of Tylenol or other fever-reducing medications. |
| Rash or rash with fever – new or sudden onset | Rash disappears. Written or phone consent from doctor to school nurse. |
| Colored drainage from eyes, ears, or any other part of the body | Discharge must be gone or student must have been on antibiotics for 24 hours and have a written or phone consent from doctor to school nurse. |
| Vomiting | Symptom free for 24 hours |
| Diarrhea – watery stools | Symptom free for 24 hours |
| Cough: Deep, barking, congested, or productive of colored mucous | Symptom free or student must have been on antibiotics for 24 hours and have a written or phone consent from doctor to the school nurse. Antibiotics are not effective for viral illnesses. When antibiotics are prescribed for bacterial infections, take all medications as prescribed until gone. |
| White, clay-colored, or bloody stool. | Written or phone consent from doctor to school nurse. |
| Yellow color of skin and/or eyes. | Written or phone consent from doctor to school nurse. |
| Brown or bloody urine. | Written or phone consent from doctor to school nurse. |
| Stiff neck or headache with fever. | Symptom free or written or phone consent from doctor to school nurse. |
| Unusually sleepy, lethargic, or grumpy. | Symptom free or written or phone consent from doctor to school nurse. |
| Strep throat diagnosed by health care provider. | Must have been on antibiotic for 24 hours and have written or phone consent from doctor to school nurse. If no antibiotic given, call school nurse before sending child to school. |
| After an illness of two or more weeks, surgery, or other change in health status. | Written instructions from the doctor and parent regarding medication or special health needs must be provided to the school nurse. |

Note: The school nurse may consult with your physician about his or her recommendations to return your child to class.