



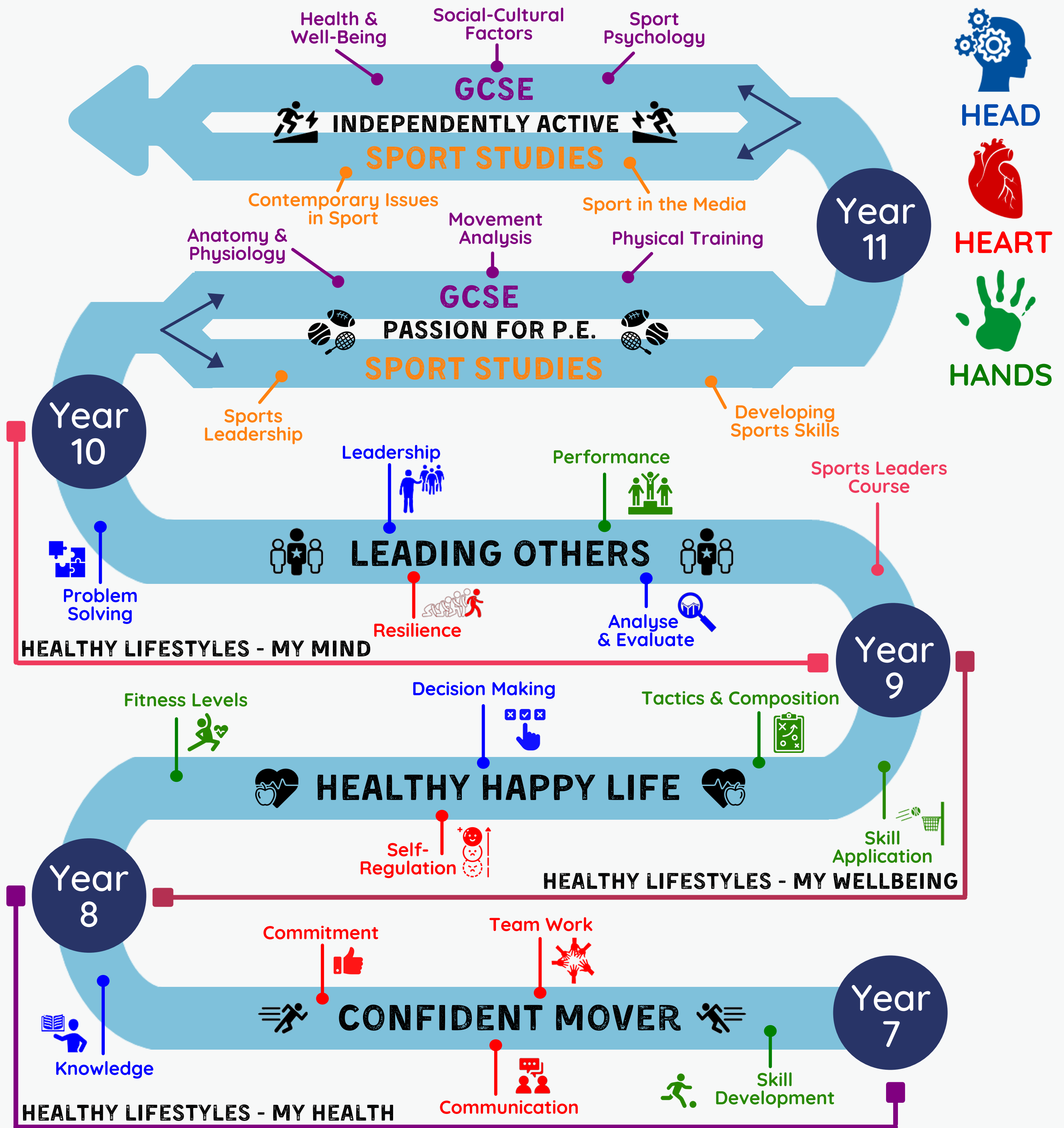
# PHYSICAL EDUCATION

Subject Learning Journey

## OUR INTENT

To cultivate a passion for lifelong learning and enjoyment of Physical Education where students constantly strive to 'believe in their best'. Develop physical literacy, knowledge, understanding and confidence to lead a healthy active lifestyle. To enable students to develop character and life skills to equip them for employment, and life after TBHA.

We teach a variety of sports through these overarching vehicles in physical education; Invasion Games, Outdoor Adventurous Activities, Aesthetic Sports, Athletics, Striking & Fielding and Net Wall Activities. P.E is much more than just playing sport, it is a vehicle for developing the three main domains of learning: Thinking (Head), Feeling (Heart), and the Physical (Hands).



## IMPACT

Students take part in a variety of sports which are engaging and fun, this will develop their skills and knowledge and encourage them to take responsibility for their own health and fitness, thus developing a love of sport leading to a healthy and happy life.

Students can see possibilities for their future in a local and wider world.

