

# Try saying something else

<b>I can't improve</b> (Fixed mindset)	<b>I can improve with the right strategies</b> (Growth mindset)

Cut out these phrases and decide which column to glue or tape them into:

I can't do this.	This is too hard.	I need help understanding this.	It's not going to work anyway.
I can learn from this mistake.	What can I learn from my friend?	It'll take me some time to get this.	I'll never get any better at this.
I give up.	I tried and it didn't work.	I'm just not good at this.	I'll try it a different way.