

What's on the Menu?

Westport Public Schools
May Menu

Monday

Tuesday

Wednesday

Thursday

Friday



**Week of
May 1-5**

B: Sunbutter & Jelly
C: Muffin Fun Lunch
Soup: Tomato

Grilled Cheese
Seasoned
Broccoli



**Cheese Burger
or Hamburger**
Fries
Seasoned
Veggie

**Breakfast for
Lunch!!**
Waffles
Turkey Sausage
Fruit Compote



Cheese Pizza
Or
Pepperoni Pizza



**Happy Cinco De
Mayo!**
Beef Nachos
Cilantro Lime Slaw
Mood Boost
Happy Recipe

Milk choices
include 1% low-
fat white milk &
fat free chocolate

**Week of
May 8-12**

B: Italian Combo
C: Cereal Fun Lunch
Soup: Chicken
Noodle

**Cheese
Quesadilla**
Seasoned Corn



**Chicken
Parmesan
Sandwich**
Seasoned Veggie

**Breakfast for
Lunch!!**
Egg & Cheese
Biscuit
Tater Tots
Turkey Sausage



Cheese Pizza
Or
Pepperoni Pizza



Pasta & Meatballs
Rosemary
Roasted Tomato
Mood Boost
Alert Recipe

**Leaf-
Is or can be
vegetarian**



**Week of
May 15-19**

B: Ham & Cheese
C: Bagel Fun Lunch
Soup: Tomato

Mac & Cheese
Seasoned
Broccoli



**BBQ Chicken
Patty Sandwich**
Seasoned Corn

**Breakfast for
Lunch!!**
Waffles
Turkey Sausage
Fruit Compote



Cheese Pizza
Or
Pepperoni Pizza



Chicken Tenders
Buffalo Roasted
Broccoli
Mood Boost
Alert Recipe



**Week of
May 22-26**

B: Sunbutter & Jelly
C: Muffin Fun Lunch
Soup: Chicken
Noodle

**Mozzarella
Cheese Bosco
Sticks**
Marinara Sauce
Seasoned
Zucchini



Taco Tuesday!
All Beef Tacos
w/ Black Beans
and Rice



**Breakfast for
Lunch!!**
Egg & Sausage
Cheese Biscuit
Tots



Cheese Pizza
Or
Pepperoni Pizza



Pasta & Meatballs
Carrot Fries
Mood Boost
Confident Recipe



**Week of
May 29-31**

B: Turkey & Cheese
C: Cereal Fun Lunch
Soup: Tomato

**MOOD
BOOST**

**All Beef Hot
Dog**
Baked Beans
Carrot Coins



**Breakfast for
Lunch!!**
Waffles
Turkey Sausage
Fruit Compote



Cheese Pizza
Or
Pepperoni Pizza



Chicken Tenders
Broccoli &
Cheese
Mood Boost
Calm Recipe

All lunches come with
Assortment of Whole
Fresh Fruit Fresh
Veggie Crudité