

## 5 Ways to 'In-text Cite'

# MLA 8 Style

### Author's name part of narrative:

Jones and Matthews found that the most important element in comprehending organic chemistry is familiarity with the topic (163).

### Author's name in parentheses:

One study found that the most important element in comprehending organic chemistry is familiarity with the topic (Jones and Matthews 163).

### Organisation/Group as an author:

According to a study sponsored by the National Science Foundation, the average person spends four to six hours in front of screens each day (86).

### OR...

"People average around four to six hours of screen time a day" (American Psychological Association 123).

### Multiple works:

(separate each work with semicolons)

Research shows that spending less time on devices can improve mental and physical health in general (Jones and Matthews 143; Thomas 24).

### Direct quote:

One study found that "the listener's familiarity with the topic of discourse greatly facilitates the interpretation of the entire message" (Jones and Matthews 85).

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