



EVOLVE

Competency: SELF-DIRECT

Core Competencies and Associated Attainments

Definition: Self-Direction is the skill that will help you become an independent learner. You will manage your learning process and develop self-awareness of strengths, challenges and interests, and how these shift over time.

Synonyms: Initiate, self-manage

ATTAINMENT	DEFINITION
I can demonstrate self-awareness and own my learning.	Evaluate one's strengths, limitations, motivations, interests and aspirations within different contexts. Take responsibility for learning and solicit input as needed.
I can engage in goal setting and identify strategies to achieve goals.	Develop short-term targets, long-term goals and identify the steps required to reach them.
I can reflect, monitor and adapt my approach.	Evaluate progress against goals, reflect on process, product, successes and failures and adjust approach accordingly.