

MODIFIED TOP FIVE OVERALL TRACK AND FIELD

55H		
Girls	Time	Year
Madalyn Motsay	8.88 sec	'13
Haley Smout	9.61 sec	'14
Hannah Mance	9.9 sec	'15
Samantha Stewart	10.22 sec	'15
Kayla Silverstein	10.25 sec	'16
BOYS		
Breydon Nelson	9.5 sec	'16
Vincent Orologio	9.63 sec	'14
Zach Woodruff	9.68 sec	'13
Michael Green	9.68	'16
Thomas Motsay	9.95	'16
800		
GIRLS		
Anna Kostarellis	2:24	'12
Emily Tabone	2:38	'15
Kayla Storie	2:45.5	'17
McKenna Arguien	2:45.8	'17
Riley Harling	2:48	'15
Kyliee Quayle	2:49	'14
Sharissa Morton	2:54	'12
Kayla Storie	2:54	'16
Zoe Lucyshyn	2:55.158	'16
Abby Allchin	2:57.22	'16
BOYS		
Keegan Metcalfe	2:22.5	'17
Justin Micillo	2:24	'14
Keegan Metcalfe	2:34	'16
Isaac Perkins	2:35	'14
Aidan Townsend	2:36	'15
Josh Conrad	2:40	'14
Aiden Healy	2:40	'15
Ethan Wilson	2:40	'15
100		
Girls		
Rachel Corwin	13.23	'15
Madalyn Motsay	13.34	'14
Lillya Valoshka	13.5	'12
Taylor Calus	13.62	'16
Kalyssa Ormsby	13.68	'14

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BOYS		
Joey Gibson	11.78	'17
Tyshaun Ragland	12.12	'17
Alfred Brewer	12.132	'17
Tevon Shell	12.132	'17
Zach Vaughn	12.51 sec	'12
Isaac Valentin	12.61	'17
Michael McLaughlin	12.76 sec	'16
Matt Proulx	12.78 sec	'17
Kyle Louison	12.9 sec	'15
Cameron Burnette	13.09	'16
Jake Mance	13.1 sec	'12
Greg Czolgosz	13.12 sec	'14
400		
GIRLS		
Emily Tabone	1:08.51	'15
Emma Burke	1:08.58	'15
Laura Clar	1:11.0	'15
Michal Walz	1:13.0	'12
Molly Reyngoudt	1:13.0	'12
Charley Bromage	1:13.3	'17
Crystal Siriphanthong	1:13.62	'16
Leah Ward	1:14.3	'17
Lina Huyhn	1:14.0	'14
Jamie Cooper	1:14.0	'12
Sarah Farnum	1:14.0	'12
BOYS		
Joey Skuza	58.02	'17
Cam Burke	1:02.3	'17
Wes Burke	1:03.0	'13
Brandon Reusch	1:04.00	'16
Greg Czolgosz	1:04.27	'15
Peter Kostarellis	1:05.0	'14
Nathaniel Goulart	1:06.0	'12
55 Dash		
Girls		
Mya Mahon	7.4 sec	'15
Abby Preston	7.56 sec	'14
Jenna Schiano	7.811	'17
Haley Smout	7.82 sec	'14
Jade Distant	7.83 sec	'15
Ciera Medina	7.843 sec	'17
Janelle Max	7.90 sec	'13

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Jenna Schiano	7.90 sec	'16
Molly Alessi	7.97 sec	'13
BOYS		
Cameron Burnette	6.4 sec	'16
Michael McLaughlin	7.03 sec	'16
Tyshawn Ragland	7.09 sec	'16
Thomas Accorso	7.3 sec	'13
Ian Quinn	7.3 sec	'13
Ryan Lamp	7.3 sec	'13
Pat Collins	7.3 sec	'12
Anthony Ginevra	7.3 sec	'17
Tyshaun Ragland	7.31 sec	'17
Myles McKinney	7.32 sec	'12
Keo Phophanthong	7.38 sec	'15
Justin Lewis	7.39 sec	'15
Nolan McInerny	7.47 sec	'15
Nate Swanson	7.52 sec	'14
200		
Girls		
Emma Burke	28.23 sec	'15
Abby Allchin	28.83 sec	'16
Mary Munding	30.01 sec	'15
Macaylah Arieno	30.32 sec	'13
Allie Draper	30.6 sec	'17
Jenna Guarino	30.80 sec	'14
Vanessa Dawley	30.80 sec	'15
Kayla Silverstein	30.94 sec	'16
Marina Smith	30.99 sec	'15
Emily Tabone	31.01 sec	'15
Crystal Siriphathong	31.1	'16
Samantha Stewart	31.29 sec	'15
Leah Ward	31.34 sec	'16
Nicole Matthewson	31.5 sec	'17
Kalyssa Ormsby	31.6 sec	'14
BOYS		
Sam Vaughn	25.7 sec	'17
Zach Vaughn	26.06 sec	'12
Jaron Nesmith	26.39 sec	'14
Joey Gibson	26.66	'17
Cam Burke	26.73 sec	'17
Michael Green	27.00 sec	'15
Dan Martin	28.0 sec	'12
David Meisenzahl	28.07 sec	'15

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1500		
GIRLS		
Quinn Metcalfe	5:31	'14
Haley Arguien	5:40	'14
Kayla Storie	5:41	'17
Kayla Storie	5:47	'16
Molly Reyngoudt	5:48	'13
Emily Tabone	5:50	'15
Riley Harling	6:00	'15
Jennifer Zambuto	6:02	'15
Rebecca Czolgosz	6:08	'12
BOYS		
Justin Micillo	4:45	'14
Isaac Perkins	4:53	'15
Keegan Metcalfe	4:56.7	'17
Tanner Metcalfe	5:01	'12
Isaac Perkins	5:07.4	'15
Jon Skuza	5:25	'14
Josh Brink	5:27	'16
Matt Ruhland	5:28	'12
4X100		
Girls All-time		
Schiano/Hartman/Kane/Medina	58.6	'17
E. Tabone/C. Curley/M. Hartman/T. Calus		
E. Tabone/Curley/Pathammavong/Calus	59.09	'16
K. Allen/Czolgosz/Stewart/Kostarellis	59.25 sec	'16
Schiano/Jones/Kane/Medina	59.65	'17
Jones/Schiano/Norris/Tabone	60.0 sec	'12
Jones/Schiano/Norris/Siriphanthong	60.01	'16
Tabone/Curley/Pathammavong/Calus	60.01	'16
Taroni/Curley/Pathammavong/Calus	60.01	'16
Tabone/Curley/Pathammavong/Corwin	60.28	'16
Lander/Moreland/Kohlman/Daniszewski	60.06	'17
G. Brady/Sloan/Wooton/E. Brown	60.73	'16
Motsay anchor	62.0 sec	'12
Curley/Clar/Distant/Preston	62.0 sec	'14
E. Mance anchor	61.57 sec	'15
E. Mance/Cullen/Hunyh/Sauer	62.56 sec	'14
	62.63 sec	'13
BOYS		
Ragland/Skuza/Vaughn/Gibson	52.49	'17
Wilson/Lockwood/Wellin/Czoglosz	52.97	'15
Ragland/Brewer/Shell/ A Ginevra	53.4	'17

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Millard/Collins/Killion/Brock	54.0	'12
McLaughlin/Gonzales/Donner/Pocock	55.04	'16
McLaughlin/Motsay/Donner/Pocock	55.56	'16
Lawyer/Vaughn/Mance/Kashmer	56.0	'12
McLaughlin/Gonzales/Donner/Burnette	56.72	'16
Burke/Lawyer/Lawyer/Longfellow	57.0	'13
Proulx/Gibson/Jeffers/_____	57.28	'17
Trimper/Baker/Pokvacki/Green	57.4	'15
4x200		
GIRLS		
O'Connor/Stafford/Kuhlkin/Tran	2:06.6	'14
Mc.Arguien/Storie/Matthewson/Storie	2:09.69	'17
Beach/Burke/E. Dick/M. Smith	2:10.7	'15
Allchin/Arguien/Perkins/Draper	2:10.7	'17
Storie/Allchin/Mathewson/Lucyshyn	2:15.7	'16
Q. Metcalfe/Wiesmore/Stafford/Kuhlkin	2:17.01	'13
L. Ward/Zielke/Croce/Penner	2:21	'16
L. Ward/Croce/Lucyshyn/Storie	2:23.03	'16
H. Arguien (anchor)	2:25.01	'13
Muniz/Valoshka/Damiani/Gelsomino	2:26.01	'12
BOYS 4X200		
L.Hopkins/J.Skuza/M.Lipari/S.Vaughn	1:53	'17
Millard/Collins/Killion/Brock	1:57.4	'12
McArthur/James/Phaphanthong/Louison	1:57.56	'15
E. Wilson/A. Townsend/G.Perkins/I. Perkins	1:59.01	'15
m. Lipari/T. Ragland/S. Vaughn/L. Hopkins	1:59.63	'16
Reusch/Brink/Iwasko/Philippy	1:59.7	'16
Millard/Martin/Killian/Brock	2:01	'12
LONG JUMP		
Girls		
Haley Smout	13'0"	'14
Leanna Pathammanvong	13'0"	'16
Emma Burke	12'9"	'15
Abby Preston	12'8"	'15
Lina Huynh	12'7"	'14
McKenzie Jefferson	12'4"	'14
Quinn Metcalfe	12'3"	'14
Gracie Viera	11'11"	'16

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BOYS		
L. Hopkins	15'6"	'17
Joey Skuza	15'3"	'17
Terrance Wilson	15'3"	'15
Ethan Wilson	15'2"	'15
Jaron Nesmith	15'1"	'14
Josh Brink	15'1"	'16
Alfred Brewer	15'0"	'17
Jon Jeffers	14'11"	'17
Toya Lalnunmawia	14'9"	'13
Nathaniel Goulart	14'8"	'12
Chris Millard	14'5"	'12
Triple Jump		
Girls		
Marina Smith	29'0"	'15
Hannah Mance	28'7"	'15
Lina Huyhn	27'9"	'14
Ayanna Simmons	27'7"	'13
Eliza Mance	26'10"	'14
BOYS		
Matt Sutter	33'3"	'13
Brandon Reusch	31'6"	'16
Dan Killion	31'4"	'12
Wes Burke	30'1.5"	'13
Ryan Brock	29'1"	'12
Greg Czolgosz	29'0"	'15
SHOT		
GIRLS		
Emily Tabone	23'8"	'16
Maddie Coccia	23'5"	'16
Leah Ward	23'3"	'17
Shania Clark	22'10"	'13
Jennifer Zambuto	21'4"	'15
Kianna Jackson	19'8"	'14
Cassidy Sloan	19'7"	'12
Emily Brown	19'1.5"	'12
Charley Bromage	18'10"	'17
BOYS SHOT		
Dan Martin	35'1"	'12
Tyler Ajitsingh	33'9"	'16
Jacob Weaver	33'5"	'17

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Tyler Passamonte	31'11"	'14
Tony Calamita	31'10"	'15
Keo Phaphothong	29'11"	'15
Andrew Price	28'7"	'13
DISCUS		
Girls		
Abby Allchin	65'5"	'17
Morgan Zielke	58'3"	'17
Shania Clark	50'4"	'13
Morgan Zielke	49'3"	'16
Anna Trapani	44'11.25"	'17
Renee Silvernail	44'5.5"	'13
Meagan Arguien	44'1"	'12
Jade Distant	43'8"	'15
Taylor Bliss	43'7"	'17
Cassidy Wiesmore	43'5"	'14
Rachel Kuhn	43'5"	'12
Emily Kuhlkin	42'8.5"	'14
Isabelle LePore	42'8.5"	'16
BOYS		
Zach Vaughn	105'11"	'12
Luca DiRose	90'10"	'16
Sam McArthur	82'4"	'15
Aaron Mantegna	77'10"	'17
Alex Wellin	77'2"	'15
Garrett Lisowski	77'0"	'14
Matt Proulx	76'5.5"	'17
Vincent Orologio	73'9.5"	'14
HIGH JUMP		
Girls		
Courtney Curley	4'8"	'15
Emily Tabone	4'6"	'16
Samantha Stewart	4'4"	'14
Kenzi Allen	4'4"	'12
Mya Mahon	4'4"	'15
McKenna Arguien	4'4"	'17
Samantha Stewart	4'4"	'15
Alyssa Walrath	4'2"	'14
Allison Polito	4'2"	'14
Abby Sauer	4'2"	'14
Alaina Jones	4'2"	'16
BOYS		

