SAFESITTER

Designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue and CPR!

SAFE SITTER® CLASS INFORMATION

June 19; July 17; July 31;
or August 11
9 am - 2:45 pm

Elmhurst Hospital
155 E. Brush Hill Road, Elmhurst, Illinois

REGISTRATION INFORMATION

Class fee is $60 per student (must be 11-14 years old)

Students should bring a sack lunch and drink.

Register online at www.eehealth.org/classes-events or call Class Registration at 630-527-6363.
Please register in student's name but with parent's email address.

Healthy Driven
Edward-Elmhurst HEALTH

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SAFESITTER

SAFE SITTER® CLASS CONTENT

SAFETY SKILLS

Students learn how to prevent unsafe situations and what to do when faced with dangers such as power failures or weather emergencies.

FIRST AID & RESCUE SKILLS

Learning skills such as choking rescue and CPR is often students' favorite part of the class. Students also learn a system to help them assess and respond to injuries and illnesses.

LIFE & BUSINESS SKILLS

The ability to screen jobs, discuss fees, and greet employers will set students up for success now and in the future. Students practice these skills through various role plays.

CHILD CARE SKILLS

Students learn tips to manage behavior that will help them stay in control of themselves and the children in their care. Students also learn the ages and stages of child development, as well as practice diapering.

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