



## **STRUTHERS CITY SCHOOLS**

BOARD OF EDUCATION OFFICE  
99 EUCLID AVENUE STRUTHERS, OHIO 44471  
330-750-1061 FAX 330-750-5516

*Mr. Peter J. Pirone Jr., Superintendent*

*Mr. Ryan R. Cene, Treasurer*

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Child nutrition programs gives children an understanding of the relationship between proper eating habits and good health. Schools must follow the meal pattern which involves planned menus meeting at least minimum daily quantities of milk, meat, vegetable, fruits and grains

The USDA requires cafeteria employees to take part in furthering their education yearly with online classes that are available thru the state and also thru our local health department. This includes not only nutrition but also food safety. All nutritional information is readily available within our schools. Special dietary needs are also meet and overseen by our cafeteria personnel along with our school nurses.

# Struthers City Schools

## Ohio Nutritional Standards

### March 2023

Struthers City Schools follows the Ohio Nutritional ODE Standards. The two policies that focus on nutritional and wellness standards adopted by the state and enforced by the school district are the wellness policy #8510 and the food service policy 8500. The district only purchases food from vendors who ensure that all products meet nutritional standards.

All menus are board approved which are available on site and also online on the districts website. Our district takes pride in making sure that all of our students receive a healthy breakfast and lunch. We also offer an after school program as well as a summer program.

#### Sample Menu:

Lunch Menu Struthers Elementary School				
Wildcats				
<b>Wildcats</b> To receive a free lunch, please bring a valid ID card to school. If you do not have an ID card, please contact the school office at 330.444.4444.	<b>Monday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Tuesday</b> Beef & Noodles Macaroni & Cheese Green Beans Fruit	<b>Wednesday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Thursday</b> Beef & Noodles Macaroni & Cheese Green Beans Fruit
<b>Friday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Saturday</b> Beef & Noodles Macaroni & Cheese Green Beans Fruit	<b>Sunday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Monday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Tuesday</b> Beef & Noodles Macaroni & Cheese Green Beans Fruit

Lunch Menu Struthers High School				
Wildcats				
<b>Wildcats</b> To receive a free lunch, please bring a valid ID card to school. If you do not have an ID card, please contact the school office at 330.444.4444.	<b>Monday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Tuesday</b> Beef & Noodles Macaroni & Cheese Green Beans Fruit	<b>Wednesday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Thursday</b> Beef & Noodles Macaroni & Cheese Green Beans Fruit
<b>Friday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Saturday</b> Beef & Noodles Macaroni & Cheese Green Beans Fruit	<b>Sunday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Monday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Tuesday</b> Beef & Noodles Macaroni & Cheese Green Beans Fruit

Lunch Menu Struthers Middle School				
Wildcats				
<b>Wildcats</b> To receive a free lunch, please bring a valid ID card to school. If you do not have an ID card, please contact the school office at 330.444.4444.	<b>Monday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Tuesday</b> Beef & Noodles Macaroni & Cheese Green Beans Fruit	<b>Wednesday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Thursday</b> Beef & Noodles Macaroni & Cheese Green Beans Fruit
<b>Friday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Saturday</b> Beef & Noodles Macaroni & Cheese Green Beans Fruit	<b>Sunday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Monday</b> Chicken & Rice Macaroni & Cheese Green Beans Fruit	<b>Tuesday</b> Beef & Noodles Macaroni & Cheese Green Beans Fruit



# STRUTHERS CITY SCHOOLS

BOARD OF EDUCATION OFFICE  
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## Sample Carb Count:

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Serving	Fiber	Carbohydrates		Serving	Fiber	Carbohydrate		Serving	Fiber	Carbohydrates		Serving	Fiber	Carbohydrates		Serving	Fiber	Carbohydrates
Mini Corn				Mac n				Taco				Chicken							
Dogs	6 each	1gr	30gr	Cheese	1 c	1 g	32 g	Meat	3.17oz	2gr	5gr	Patty	1	3gr	16gr	Pizza	1	2gr	39gr
Com	1/2 c	2gr	18gr	Broccoli	3/4 c	3 gr	5 g	Chips	1	3gr	30gr	Sweet				Salad	1c	1gm	2 gr
Banana	1 each	3gr	27gr	Peaches	1/2 c	1gr	17gr	Salsa	1.5oz	0	3gr	Potato fry	3.17oz	3gr	17gr	Mix fruit	1/2 c	1 gr	17gr
								Black beans	1/2 c	6gr	23gr	Applesauce	1/2c	1	14gr				
								Strawberries	1/2c	2gr	22gr								





# BREAKFAST @SCHOOL

**For first-class learning!**

Struthers City Schools



## BREAKFAST MENU

This institution is an equal opportunity provider.



Featuring Healthy Fruits & Grains!

*The original value meal & still a fantastic deal!*

Paid            Reduced             
\$1.50 \$ .40

Free and Reduced applications are available

First things First

Choose at least **ONE** serving of **FRUIT** and at least **THREE** items **TOTAL** as your meal counts as a Complete Breakfast

**BREAKFAST@SCHOOL**  
For first-class learning!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of Cereal Choice of 100% Juice Choice of milk	Oatmeal Choice of 100% juice Choice of Milk	Choice of Cereal Choice of 100% Juice Choice of Milk	Oatmeal Choice of 100% Juice Choice of Milk	Pancakes / French Toast Choice of 100% Juice Choice of Milk
Fresh Fruits Available Daily	Pick Up Items Available Daily			



## Board or Governing Authority Meeting Presentation

\*4. Date of board or governing authority meeting presentation:

Date 3/21/ 2023

\*5 Name of district or school staff person responsible for ensuring that the school district or school meets

The nutrition standards as required by law:

Name:

Mary Spatholt

Title:

Cafeteria Manager

Phone Number:

330-750-1062 ext. 41328

Email Address:

Mary.Spatholt@StrothersCitySchools.org

## District or School Information

**Each district or school will provide copies of the report available to the public upon request.**

State law in Ohio requires each school district board of education and each chartered nonpublic school board or governing authority to adopt and enforce nutrition standards governing the types of food and beverages available for sale on the premises of its schools. Additionally, the board or governing authority must specify the time and place each type of food or beverage is available for sale. The standards specified for beverages and food are minimum standards. Local districts and schools may adopt higher standards.

Each board or governing authority assigns staff to make sure that the district or school meets the nutrition standards in state law. The staff prepares an annual report regarding the district's or school's compliance with the standards. Completion of this survey fulfills the district or school's requirement to report to the Ohio Department of Education its compliance with state law. The board or governing authority must schedule an annual presentation on the report at one of its regular meetings and include the date of the annual presentation in this survey.

\* 1. IRN:

044859

\* 2. Organization Name:

Struthers City Schools

\* 3. By checking this option I attest that...



The district or school named above has adopted and is enforcing a nutrition standards policy that considers the requirements of Ohio Revised Code 3313.814 and governs the types of food and beverages that may be sold on the premises of its school(s).



The district or school named above has not adopted and/or is not enforcing a nutrition standards policy that considers the requirements of Ohio Revised Code 3313.814 and governs the types of food and beverages that may be sold on the premises of its school(s).

Struthers City School Board Meeting

March 21<sup>st</sup> 2023

Struthers High School Cafeteria

Shives\_\_\_\_\_ Baber\_\_\_\_\_ Carcelli\_\_\_\_\_ Bundy\_\_\_\_\_ Noble\_\_\_\_\_



Book	Policy Manual
Section	8000 Operations
Title	FOOD SERVICES
Code	po8500
Status	Active
Adopted	January 1, 2015
Last Revised	November 19, 2019

#### 8500 - **FOOD SERVICES**

The Board of Education shall provide cafeteria facilities in all school facilities where space and facilities permit, and will provide food service for the purchase and consumption of meals for all students. The Board shall also provide a breakfast program in accordance with procedures established by the Department of Education. The Board shall annually encumber the funds needed to operate the program.

The food-service program shall comply with Federal and State regulations pertaining to the selection, preparation, consumption, and disposal of food and beverages, including but not limited to the current USDA's school meal pattern requirements and the USDA Smart Snacks in School nutrition standards, as well as to the fiscal management of the program.

The Board does not discriminate on the basis of race, color, national origin, sex (including sexual orientation or transgender identity), disability, age (except as authorized by law), religion, military status, ancestry, or genetic information (collectively, "Protected Classes") in its educational programs or activities. Students and all other members of the School District community and third parties are encouraged to promptly report incidents of unlawful discrimination and/or retaliation to a teacher, administrator, supervisor, or other District official so that the Board may address the conduct. See Policy 2260 - Nondiscrimination and Access to Equal Educational Opportunity.

The Board shall approve and implement nutrition standards governing the types of food and beverages that may be sold on the premises of its schools and shall specify the time and place each type of food or beverage may be sold. In adopting such standards, the Board shall:

- A. consider the nutritional value of each food or beverage;
- B. consult with a dietitian licensed under R.C. Chapter 4759, a dietetic technician registered by the commission on dietetic registration, or a school nutrition specialist certified or credentialed by the school nutrition association;
- C. consult and incorporate to the maximum extent possible the dietary guidelines for Americans jointly developed by the United States Department of Agriculture (USDA) and the United States Department of Health and Human Services; and
- D. consult and incorporate the USDA Smart Snacks in School nutrition guidelines.

No food or beverage may be sold on any school premises except in accordance with the standards approved by the Board.

In addition, as required by law, a food safety program that is based on the principles of the Hazard Analysis and Critical Control Point (HACCP) system shall be implemented with the intent of preventing food-borne illnesses. For added safety and security, access to the facility and the food stored and prepared therein shall be limited to food service program staff and other authorized persons.



The Board shall provide a Federal food service program for students during summer intervention programs that are mandated under Federal law. If the Board determines that it is unable to provide a Federal food service program during the summer, for financial reasons, the Board will communicate that decision to its residents in a manner it determines to be appropriate.

During all times while the food service program is operating and students are being served food, at least one (1) employee shall be present in the area in which the food is being consumed who has received instruction in methods to prevent choking and demonstrated an ability to perform the Heimlich maneuver.

### **Substitutions**

If determined appropriate by a student's Section 504 team, substitutions to the standard meal requirements shall be made, at no additional charge, for students for whom a health care provider who has prescriptive authority in the State of Ohio has provided medical certification that the student has a disability that restricts his/her diet, in accordance with the criteria set forth in 7 C.F.R. Part 15b. To qualify for such substitutions the medical certification must identify:

- A. the student's disability and the major life activity affected by the disability;
- B. an explanation of why the disability affects the student's diet; and
- C. the food(s) to be omitted from the student's diet and the food or choice of foods that must be substituted (e.g., caloric modifications or use of liquid nutritive formula).

If determined appropriate by a team of qualified individuals including, but not limited to, the Principal, school nurse, parent, Director of Food Services, substitutions to the standard meal requirements may be made, at no additional charge, for a student who is not a "disabled person," but has a signed statement from a qualified medical authority that the student cannot consume certain food items due to medical or other special dietary needs. To qualify for such consideration and substitutions the medical statement must identify:

- A. the medical or dietary need that restricts the student's diet; and
- B. the food(s) to be omitted from the student's diet and the food(s) or choice of foods that may be substituted.

For non-disabled students who need a nutritionally equivalent milk substitute, only a signed request by a parent or guardian is required.

Meals sold by the school may be purchased by students and staff members and community residents in accordance with administrative guidelines established by the Superintendent. Meals may be made available, free of charge, to senior citizens who are serving as volunteers to the District.

The operation and supervision of the food-service program shall be the responsibility of the Food Service/Treasurer. In accordance with Federal law, the Food Service/Treasurer shall take such actions as are necessary to obtain a minimum of two (2) food safety inspections per school year, which are conducted by the State or local governmental agency responsible for food safety inspections. The report of the most recent inspection will be posted in a publicly visible location, and a copy of the report will be available upon request.

A periodic review of the food-service accounts shall be made by the Treasurer. Any surplus funds from the National School Lunch Program or the Healthy, Hunger-Free Kids Act of 2010 (P.L. 111-296) shall be used to reduce the cost of the service to students or to purchase cafeteria equipment. Surplus funds from a-la-carte foods may accrue to the food-service program.

Bad debt incurred through the inability to collect meal payment from students is not an allowable cost chargeable to any Federal program. Any related collection cost, including legal cost, arising from such bad debt after they have been determined to be uncollectable are also unallowable.

The Superintendent is authorized to develop and implement an administrative guideline regarding meal charge procedures. This guideline will provide consistent directions for students who are eligible for reduced price or paid meals but do not have funds in their account or in hand to cover the cost of their meal at the time of service.

This guideline shall be provided in writing to all households at the start of each school year and to households transferring to the school or School District during the school year.

With regard to the operation of the school food service program, the Superintendent shall require:



- A. the maintenance of sanitary, neat premises free from fire and health hazards;
- B. the preparation of food that complies with Federal food safety regulations;
- C. the planning and execution of menus in compliance with USDA requirements;
- D. the purchase of food and supplies in accordance with State and Federal law, USDA regulations, and Board policy; (see Policy 1130, Policy 1214, Policy 3113, Policy 3214, Policy 4113, Policy 4214, and Policy 6460)
- E. complying with food holds and recalls in accordance with USDA regulations;
- F. the administration, accounting, and disposition of food-service funds pursuant to Federal and State law and USDA regulations;
- G. the safekeeping and storage of food and food equipment pursuant to State and Federal law and USDA regulations;
- H. the regular maintenance and replacement of equipment;
- I. all District employees whose salaries are paid for with USDA funds or non-Federal funds used to meet a match or cost share requirement must comply with the District's time and effort record-keeping policy (see Policy 6116).

In accordance with the nutritional standards adopted by the Board, the placement of vending machines in any classroom where students are provided instruction, unless the classroom is also used to serve meals to students, is prohibited.

The District shall serve only nutritious food in accordance with the nutritional standards adopted by the Board in compliance with the current USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition guidelines. Foods and beverages in competition with the District's food-service program must comply with the current USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition guidelines, and may only be sold in accordance with Board Policy 8550.

The Superintendent will require that the food service program serve foods in the schools of the District that are wholesome and nutritious and reinforce the concepts taught in the classroom.

The Superintendent is responsible for implementing the food service program in accordance with the adopted nutrition standards and shall provide a report regarding the District's compliance with the standards at one of its regular meetings annually.

Revised 11/23/15

Revised 5/19/16

Revised 5/18/17

Revised 6/18/19

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Legal

R.C. 3313.81, 3313.811-815

A.C. 3301-91

42 U.S.C. 1758

Healthy, Hunger-Free Kids Act of 2010 and Richard B. Russell National School Lunch Act, 42 U.S.C. 1751 et seq.

Child Nutrition Act of 1966, 42 U.S.C. 1771 et seq.

7 CFR Parts 15b, 210, 215, 220, 225, 226, 227, 235, 240, 245, 3015

OMB Circular No. A-87USDA Smart Snacks in School Food Guidelines (effective July 1, 2014)

SP 32-2015 Statements Supporting Accommodations for Children with Disabilities in the Child Nutrition Programs