

August 19, 2022

EMES Mission Statement

“The purpose of our school is to teach all children to become competent, caring citizens and life-long learners through a challenging and relevant curriculum.”



Dear EMES Families -

Welcome to the 2022-2023 school year! I hope this newsletter finds you wrapping up a wonderful summer break and getting ready to send your children back to school. No matter how long summer is, it always seems to fly right by and this summer has been no exception.

EMES staff have spent this week engaging in professional learning and team building at both the school and the district level. Teachers have also been working tirelessly to get their classrooms up and ready for next Wednesday. Our school and classrooms are looking great and we can't wait to welcome your children back soon!

As I shared with you in my letter earlier this month, our staff identified several beginning of the year dates and activities for families that will be important to mark on your calendars. First off, we will be welcoming parents back for an in-person **Parent Informational Night** on Wednesday, September 14th from 5:15—6:15. This is a time for parents to meet their children's teachers and learn about the year ahead. More specifics about this time will come out in the next newsletter. Please mark your calendars! Also, we are so excited to bring our **All School Hike** back this year and would love for parents/families to join us! We are exploring dates with the bus company and once it's nailed down, we will share that with you. It will likely be at the end of September. If you think you would like to join us on a hike, please read the information on page 2 about filling out volunteer paperwork for this. If you didn't complete volunteer paperwork in the spring of 2022, you will need to fill it out again. We will also be bringing back our **Saturday Harvest Festival** and a **school music concert** in early December. Please look for these dates in the coming weeks.

As our first day of school is on a Wednesday this year, please remember that our dismissal time is at 3:00 and not 3:30. Unlike the past two years, we will not have 1/2 days this year, but we will continue with our practice of 3:00 dismissal on Wednesdays. Our dismissal procedures will also stay very much the same as they have been in the past two years with parents picking students up in the loop out front and students being called as parents arrive, beginning at 3:25.

I hope you enjoy these final days of summer break with your children and we look forward to seeing you soon!

Best,
Alicia

Upcoming Dates to Note:

- ⇒ Wed, Aug 24: First Day of School: 3:00 dismissal
- ⇒ Mon, Sept 5: Labor Day—no school
- ⇒ Wed, Sept 14: (5:15—6:15): Parent Information Night
- ⇒ Fri, Oct 7: Inservice Day—no school
- ⇒ Mon, Oct 10: Indigenous Peoples' Day—no school
- ⇒ Thur, Oct 13: Lifetouch Picture Day (retake day hasn't been scheduled yet)



Alicia Lyford, Principal

2022-2023 EMES Family Newsletter

Volunteering at EMES

There are many opportunities for you to volunteer at EMES in the classroom, on field trips and special events. If you are thinking of volunteering, please look for the volunteer forms that will come home from your child's classroom teacher. They can also be found here - [information](#), [Level 1](#), [Level 2](#). Fill out the forms and return them as soon as possible. If you have any questions please contact Jodi Parker 223 7936 or jparker@u32.org

Mentoring Opportunities for EMES Students!

Would your child benefit from having some extra time, support and encouragement from another caring adult in their life?

Girls/Boyz First Mentoring is a wonderful community-based mentoring program serving children aged 8-18. It matches children one-on-one with an adult volunteer from the community. Mentor pairs spend 1-2 hours together every week doing things like taking walks, doing arts and crafts, playing sports or cooking together. Mentoring has been shown to improve success in school, relationships with peers and others, and long-term outlook on life.

For more information, email: info@girlsboyzfirst.org or visit their website at www.girlsboyzfirst.org. Mentee applications are available in the office. Please note, this program will be changing its name to "Youth First Mentoring" in the coming months.

East Montpelier Rec Soccer Registration and Merchandise

2023 Fall Soccer registration is open! Please click below to find program details and a link to register your player. Program fee will increase by \$10 if registered after August 25th. This program is for PreK through 6th grade. If you have any questions feel free to reach out to me: kcbean8@gmail.com

<https://www.eastmontpelierrecreation.org/soccer/registration-and-general-information>

For merchandise: <https://www.customink.com/g/hzj0-00cm-mfws>
Closes August 31.



Honoring the Amazing Robin Gannon!

At our district welcome on Thursday at U-32, we recognized Mrs. Gannon for her incredible 40 years of service to East Montpelier Elementary School! Mrs. Gannon has devoted four decades of her life in service to our school and community. She has brought a love of learning, especially science, to the lives of countless East Montpelier children. We are so fortunate to have her!





AUGUST 2022

East Montpelier Elementary School

All students eat free.

Adult Breakfast \$4.00

Adult lunch \$5.50

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

5

8

9

10

11

12

15

16

17

18

19

22

23

Chicken Nuggets
Dipping sauce

24

Hot Dog
WG Roll
Tater Tots

25

Caprese Pasta
Salad
Tomatoes, basil,
mozzarella

26

Turkey or Ham
Sandwich
wg bread, cheese

29

Taco Tuesday
Hard or soft shell, seasoned
beef, cheddar, sour cream,
salsa,

30

Grilled Burgers
wg roll, cheese

31



This institution is an equal opportunity provider

Menu Subject to Change

Vegetarian option available daily, students and staff need to order vegetarian.

Salad Bar, Fresh Fruit and Milk offered Daily

Session #1, August 24 - October 7, 2022

East Montpelier/Calais

Community Connections

~ *Bringing School and Community Together* ~

Phone: 223-7936 x305 ~ handerson@u32.org

Starting at \$8* a day for our morning program, you can drop-off your child at school beginning at 7:30 any day of the school year. We play games in the gym & cafeteria until school starts. Please make sure we have a 2022-23 registration form.

Morning programs are located at each school. Afterschool is located at East Montpelier, Calais students are transport via the normal bus route to EMES.

Please NOTE: Space for programs may be limited due to staffing available.

Please contact Heather or Kim for more information!

Summer Schedule of Events		
August 24	First Day of School	
September 5	Labor Day	No School
October 7	Holiday	No School- Camp TBD

Families that have income within the guidelines on the next page may qualify for some state childcare subsidies, allowing some to be able to send your child to Community Connections at no cost! The State has recently updated their guidelines, apply to find out! Ask us for an application.

AFTER-SCHOOL Monday – Friday Afternoons :

We will be outside on the playground daily, weather permitting.

We will play Ice Breaker Games along with free play and nature exploration. When inside we will have individual arts and craft activities, along with Homework help and hands-on



East Montpelier/Calais

Community Connections

~ Bringing School and Community Together ~

Heather Anderson: Site Coordinator

802-223-7936 x305

Kimberly Bolduc: CC Director ~ kbolduc@u32.org

Dear Families,

Here is the registration packet for **East Montpelier/Calais Community Connections Before and After School Programs - Session #1**. Please look over the enclosed materials and **return the registration and planned attendance calendar to school by August 19th**.

JUST A FEW THINGS:

- Our fee structure is a sliding scale of **\$13-19/day for afternoons 3:35 to 5:30 P.M. (Wednesday s 3:00-5:30p.m.)** and **\$8-14/day for Morning care 7:30 to 8:30 A.M.** A *Family Income Guideline* has been included below to help you determine the amount to pay. It is a suggested guideline, and we ask you to indicate on the sign-up form the highest amount you can afford to help support the program and promote its sustainability.
- As always, **alternative funding** (state subsidies, reduced fees, sibling discounts, etc.) may be available if cost is a concern (please talk to Kimberly Bolduc).
- **Space is limited based on staff to child ratios**, so your child *may not* be able to participate in all days they sign up for if the number of kids already registered fill all slots, so sign up soon. • **Drop-in space is not guaranteed**, families must have prior approval please let the site know as soon as you are aware of the need.
- **Payment is due at the beginning of the session unless payment arrangements are made**, in which case full/final payment would be due no later than October 1. There is an extra \$10 charge for invoice billing (if payments are not made at the beginning of each session or payments are not made per the agreed upon arrangement).
- **There are no refunds for days that are missed due to sickness or absence. If family schedules change a credit is possible with 72 hour to a weeks notice, in the first 5 sessions.**
- Every afternoon starts with a healthy snack provided by us, fruits, veggies and a grain/starch!
- Please make sure your child comes to school **dressed appropriately for outdoor recess** (jackets, boots, hats, etc.) **All** kids will go out daily for a recess break before any special programs or activities start. When appropriate, sunscreen and bug spray are needed as well.
- Before care runs from 7:30am to 8:30am. After school programs run from 3:35-5:30pm. A **late fee will be charged if you are later than 5:30pm to pick-up your child**. The fee is \$20 for every 15 minutes that you are late.

Thank you,

Kimberly Bolduc

Community Connections, Director

Suggested Family Income Guideline for Sliding Scale Placement

	<u>Over \$95,000</u>	<u>\$70-\$95,000</u>	<u>\$45-\$70,000</u>	<u>Below \$45,000*</u>
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<u>Mornings</u>	<u>\$14 perday/per child</u>	<u>\$12 per day/per child</u>	<u>\$10 per day/per child</u>	<u>\$8 per day/per child</u>
<u>Afternoons</u>	<u>\$19 per day/per child</u>	<u>\$17 per day/per child</u>	<u>\$15 per day/per child</u>	<u>\$13 per day/per child</u>

**Families at this level should explore whether they qualify for assistance through the Vermont Child Care Subsidy Program.*



East Montpelier & Calais Community Connections

Sign Up Form - Session 1, 2022-2023

Kindergarten- Sixth Grade

Child's Name _____ Grade _____ Teacher _____

Child's Name _____ Grade _____ Teacher _____

Child's Name _____ Grade _____ Teacher _____

Please circle the dates and sessions your child will be attending.

AND return by August 19th

Monday	Tuesday	Wednesday	Thursday	Friday
		Aug 24 AM PM	25 AM PM	26 AM PM
29 AM PM	30 AM PM	31 AM PM	Sept 1 AM PM	2 AM PM
5 NO SCHOOL	6 AM PM	7 AM PM	8 AM PM	9 AM PM
12 AM PM	13 AM PM	14 AM PM	15 AM PM	16 AM PM
19 AM PM	20 AM PM	21 AM PM	22 AM PM	23 AM PM
26 AM PM	27 AM PM	28 AM PM	29 AM PM	30 AM PM
Oct 3 AM PM	4 AM PM	5 AM PM	6 AM PM	7 HOLIDAY TBD

Please calculate your payment using the chart below

AM Care # of AM days X \$8-14/day Sliding Scale Fee = Total Cost of AM Care

PM Care # of PM days X \$13-19/day Sliding Scale Fee = Total Cost of PM Care

TOTAL Total Cost of AM Care + Total Cost of PM Care = TOTAL DUE:

Parent Signature _____

Phone(s) _____ Email(s) _____

What do mentor pairs do together?

- ✦ hike, bike, ski, snowboard, skate, walk
- ✦ learn a new skill like carpentry, sewing, photography
- ✦ volunteer in the community
- ✦ read out loud
- ✦ go to a ball game
- ✦ fish or ride horses
- ✦ woodworking
- ✦ take apart computers
- ✦ arts and crafts
- ✦ hang out, talk and laugh
- ✦ play games
- ✦ play kickball or shoot hoops
- ✦ cook a meal or bake cookies



Frequently asked questions

What children participate in Girls/Boyz First Mentoring and how do they get involved?

Any child who would enjoy more one-on-one time with another caring adult can benefit from having a mentor. Children get connected to the program by a parent, school, social service agency or hear about it from a friend. Program staff schedule a visit with interested families and children to answer questions.

How do mentors apply to the program?

Apply online at: bit.ly/GBFmentorapplication or email: info@girlsboyzfirst.org. Mentors are carefully screened with multiple background checks and references, then provided with orientation, training and support.

How are matches made?

Program staff look for compatible personalities and common interests, as well as preferred activity level. We use an interest inventory and interviews to explore activity preferences.

We rely on individual donations and community support. Please consider a donation.

Donate at:

www.girlsboyzfirst.org

girls/boyz
mentoring
FIRST



"I love seeing his face light up when I get there each week!"

~ Girls/Boyz First Mentor

Our Mission

Girls/Boyz First provides our mentees with high-quality, long-term mentoring relationships that inspire, support and enable them to realize their full potential and prepare for successful futures as productive, responsible and caring individuals.

Girls/Boyz First Mentoring Strengthens Communities



Mentors and mentees meet once a week in the community. Activities may include hiking, strawberry picking, biking, reading, cooking, swimming and much more.

Benefits for Mentees:

- + Increased self-esteem and confidence
- + Improved relationships with peers and adults
- + Increased academic success
- + Extra encouragement to explore interests
- + Learn new skills
- + Explore careers and make connections

Benefits for Mentors:

- + Joy of connecting with a young person
- + Reward of sharing wisdom and skills
- + Learn new skills
- + Improved physical and mental health
- + Sense of belonging to the mentoring community
- + Satisfaction in "giving back" to the community

Become a Mentor

Whether you're a working professional, work-at-home artist, retiree, or an empty nester, mentoring is a great way to support Vermont children and build community.

A mentor is someone who:

- + Cares about kids
- + Is a good listener
- + Models healthy behavior
- + Likes to have fun
- + Is positive and encouraging
- + Is a companion, guide, teacher, someone to dream with...all wrapped up in one

Apply online: bit.ly/GBFmentorapplication



Become a Mentee

Girls/Boyz First serves youth from Berlin, Calais, East Montpelier, Middlesex, Montpelier, and Worcester.

Would your child benefit from more one-on-one time with another caring adult in their life? Contact us for a mentee application.



Girls/Boyz First Mentoring
802-552-0249 - info@girlsboyzfirst.org
www.girlsboyzfirst.org

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