

September 2, 2022

EMES Mission Statement

"The purpose of our school is to teach all children to become competent, caring citizens and life-long learners through a challenging and relevant curriculum."



Dear EMES Families -

We've had a great start to the school year! It has been such a joy to have your children back with us; our classrooms, hallways, and playground are filled with the buzz of young voices. We've missed them! Our staff greeted students with our new fox mascot t-shirts on the first day of school and "Scout" has visited several classrooms for celebrations since the first day. Students have been working hard to establish and follow classroom and school wide expectations and we've filled many woodchip buckets these past 7 days! Once our tree is full of big woodchips, we will have our first all-school celebration and it doesn't look like it'll be long before this happens :).

As I shared with you in my last newsletter, we are so excited to bring some EMES traditions back this year. Our All School Hike will be on Thursday, October 6th with a rain date of Friday, October 14th. If you'd like to join us on this hike, please see page 3 of this newsletter for additional information. Later this fall, we will have our Harvest Festival and our annual Harvest Feast (dates to come soon). We are also excited to bring back our winter music concerts for both our younger and older students this year. On Tuesday, December 6th, we will have a Chorus and Band concert along with the other WCUUSD elementary schools at 6pm at U-32. Please mark your calendars! We will also have a winter music concert for our K-4 students at EMES in early December (date to come soon). It's such a good feeling to welcome you all back into our school to celebrate your children and our community together.

Our staff has been engaged in both school and district-wide professional learning together. We are in the process of learning a new phonics/spelling program in our K-3 classrooms called Foundations, and our Grades 4-6 classrooms will be implementing a similar program in the coming weeks. EMES staff also spent time getting to know one another better by engaging in some work around the Myers Briggs personality types and will be learning more about ourselves and each other in the coming weeks as we begin to engage in our weekly professional development time together. It's exciting work and I'm so proud of the way our staff work and learn together.

I hope you enjoy the long weekend and we look forward to picking back up where we left off next Tuesday!

Alicia

2022-2023 EMES Family Newsletter

Alicia Lyford, Principal

Upcoming Dates to Note:

- ⇒ Mon, Sept 5: Labor Day—no school
- ⇒ Wed, Sept 7: WCUUSD Community Forum at U-32 6pm
- ⇒ Wed, Sept 14: (5:15—6:15): Parent Information Night
- ⇒ Wed, Sept 21: WCUUSD Board Meeting 6pm
- ⇒ Thur, Oct 6: All School Hike (rain date Oct 14)
- ⇒ Fri, Oct 7: Inservice Day—no school
- ⇒ Mon, Oct 10: Indigenous Peoples' Day—no school
- ⇒ Thur, Oct 13: Lifetouch Picture Day
- ⇒ Tue, Dec 6: WCUUSD Chorus/Band Concert at U-32



Hello EMES Families!

Please find your child's Summary Report in their Friday folder. This is where you will make any corrections to phone numbers, addresses, emails and emergency contact people. Please write any changes on the form and return back to the office by Tuesday September 6, 2022. Thank you!

Happy School Year – Book Club for 4th - 6th Graders is Back!

Our first book clubs will be:

- Tuesday September 20th

4th Grade: *Katie the Catsitter* by Colleen AF Venable

- Tuesday September 27th

5th & 6th Grade: *The Legend of Auntie Po* by Shing Yin Khor

- and BIG NEWS we will hold a combined 4th, 5th, & 6th grade book club on **Thursday October 13th where we will be joined by VT author Katherine Arden**. To come to that book club students should have read any of the books in the *Small Spaces* series (*Small Spaces*, *Dead Voices*, *Deep Water*, *Empty Smiles*). Please note these are middle grade horror and only students who like scary books should read them. Katherine Arden will sign books while she is here and students who have copies of these books should bring them. Bear Pond Books typically has these titles in stock.

What is EMES Book Club?

EMES book club meets about 6 times a year for 4th grade and about 6 times a year for 5th & 6th grade. Each meeting is focused on a middle grade book and they usually come from the current nominees for VT's Golden Dome Book Award. To come to a book club we ask that students have read or are mostly done reading the book for that meeting. Students do not need to attend every book club, they are welcome to come to any that interest them.

What do we do?

Students engage in activities connected to the book and share a special snack

When and Where is EMES Book Club?

Book Club meets after school in the EMES library and typically ends at 5 pm. Some of the book clubs will be for just 4th grade, some will be for 5th & 6th grade, and others will be combined.

How do students sign up and how do parents know?

About a week before a book club, students have the opportunity to sign up to come. Arlyn sends a message out through Infinite Campus/email to the parents/guardians of students who signed up confirming that the student has permission to stay. Please check the library website for upcoming book club titles and dates.

Why do we have EMES Book Club?

Book Club is an opportunity for students to engage in reading through a social event. It further supports students in reading for personal interest and in participating in a community of readers. Ok – we do book club because it is really fun!

As we begin this school year, I want to take a moment to let all parents and guardians know, that once again this year we are able to offer free meals to all students. That being said, if your student wishes to bring his/her own lunch, and wants a milk from the cafeteria, that will cost \$.50.

I am also asking that you please fill out all the free and reduced paperwork this year, even though, we are serving free meals. This helps our school on many levels, not only with our reimbursements from the USDA and the State but many programs are based on our numbers from these forms.

I am looking forward to serving your kiddos this year!
Annie Finegan Chef/ kitchen manager

Please remember to return your beginning of year packets! We rely on the information provided in these forms and students will not be able to use technology for learning without their acceptable use form returned. Thank you!

Volunteering at EMES

There are many opportunities for you to volunteer at EMES in the classroom, on field trips and special events. If you are thinking of volunteering, please look for the volunteer forms that will come home from your child's classroom teacher. They can also be found here - [information](#), [Level 1](#), [Level 2](#). Fill out the forms and return them as soon as possible. If you have any questions please contact Jodi Parker 223 7936 or jparker@u32.org

East Montpelier All School Hike Thursday Oct 6 (rain date Friday Oct 14)

It is time for the East Montpelier all-school hike! prior to Covid, the entire school went on various hikes in Vermont to enjoy the great outdoors. It is time to get back to the hike! This event is a great opportunity to foster a sense of community in our school. Students have the opportunity to hike with others in different grade levels and spend time with teachers they may not know very well. Along with various health benefits, hiking and walking are the number one lifelong fitness activities reported by adults. For some of our students this is their first experience hiking and all of them report having a great time!

The hike committee forms mixed age groups in the hope that students will meet others from different classes and grades and make some new connections and friends. We encourage students to pick a hike that might not include all their friends but suits their fitness and interest. The hike committee will consider individual hiking abilities when making final hike assignments.

Thank you for helping your child choose a hike. Hike assignment forms will be coming home soon. Please return the hike choice form by Friday, Sept. 9. We will send information home about final hike assignments by Friday, Sept. 23.

If you are considering chaperoning a hike, please email Michael Sherwin msherwin@u32.org to confirm you have a volunteer form on file. If you do not, you need to fill out a level 1 volunteer form (available at the front office) and return it to school by Friday, Sept. 9. If you are considering driving students other than your own to a hike, please contact the front office for the driver form and insurance requirements.



Please note that volunteer forms are mandatory in order to chaperone.



Students practicing eating in the cafeteria this week. We will re-introduce eating in the cafeteria during inclement weather this year when we can't eat outdoors.

Scout visits our first-grade classroom for a dance party celebration!





SEPTEMBER 2022

East Montpelier Elementary School

All students eat free.
Adult Breakfast \$4.00
Adult lunch \$5.50



Monday

Tuesday

Wednesday

Thursday

Friday



Brunch for Lunch

Pizza
Cheese or
Pepperoni

NO
SCHOOL

LABOR DAY

Taco Tuesday
Hard or soft shell, seasoned
beef, cheddar, sour cream,
salsa,

Roasted
Chicken
Mashed Potato

Spaghetti with
Marinara
Manghi's Rolls

Anything
Goes

WG Fish
Sticks

Sandwich of the day:
Turkey & Cheese

Taco Tuesday
Hard or soft shell, seasoned beef,
cheddar, sour cream, salsa

Sandwich of the day:
Tuna Salad

Pizza
Cheese, Pepperoni
Meat lovers
Sandwich of the day:
Ham & Cheese

Bacon Ranch
Pasta Salad
Sandwich of the day:
Egg Salad

WG Popcorn
Chicken
Oven Fries
Sandwich of the day:
TBD

WG Corndog
Tater Tots

Sandwich of the day:
Turkey & Cheese

Taco Tuesday
Hard or soft shell, seasoned beef,
cheddar, sour cream, salsa

Sandwich of the day:
Tuna Salad

Macaroni &
Cheese
Sandwich of the day:
Ham & Cheese

Grilled Burgers
Wg roll, cheese
Sandwich of the day:
Egg Salad

Chicken Stew
Buttermilk Biscuit
Sandwich of the day:
TBD

Chicken Patty
Parmesan
Marinara, mozzarella
Sandwich of the day:
Turkey & Cheese

Taco Tuesday
Hard or soft shell, seasoned beef,
cheddar, sour cream, salsa
Sandwich of the day:
Tuna Salad

Meatball
Sub
Marinara, mozzarella
Sandwich of the day:
Ham & Cheese

Pizza
Cheese, pepperoni,
chicken bacon ranch
Sandwich of the day:
Egg Salad

Brunch For
Lunch
No sandwich of the day

This institution is an equal opportunity provider
Menu Subject to Change

Vegetarian option available daily, students and staff need to order vegetarian.

Salad Bar, Fresh Fruit and Milk offered Daily

Breakfast served daily: choice of Cereal, Bagel, Muffin, and Special Entree



LEARN TO PLAY HOCKEY



Registration closes **SOON!**

Enroll today at:

BlackBearHockey.org/LearnToPlay



FREE! 1 HR CLINICS – AGES 4-9

The Vermont State Amateur Hockey Association (VSAHA) provides all of the hockey equipment for you to use during the clinic, for free!

 **9.25 | 10.23 | 2.4**

LITTLE BRUINS: \$180

Includes a full set of brand new hockey equipment (a \$550 retail value!), and 4 one-hour instructional sessions hosted at Norwich University!

 **10.9 | 10.16 | 10.23 | 10.30**

INTRO TO HOCKEY: \$175

Includes two practices every week. Learn to play hockey in a fun and supportive environment with no pressure or long-term commitment!

 **LATE OCTOBER - JANUARY**