

October 7, 2022

EMES Mission Statement

“The purpose of our school is to teach all children to become competent, caring citizens and life-long learners through a challenging and relevant curriculum.”



Dear EMES Families -

We had the most spectacular fall day for our All-School-Hike yesterday! Often-times at this point in the year, it takes several hours for the fog to lift and the weather can be quite unpredictable. Yesterday, the sun was shining brightly as students and chaperones headed out for the day, and it only got better as the day went on. I'm sure your children were exhausted last night (as were we!), and it was such a wonderful day for all of us. The East Montpelier Trail hike had two special guests join us—school board chair and East Montpelier resident, Flor Diaz Smith, and our superintendent, Meagan Roy. It was great to have them join us and engage with some of our youngest students! We are thankful to have had the opportunity to enjoy various parts of our town and state in this way. Vermont is a wonderful place to explore the outdoors and we try to find ways to do this as a school during each season.

Parents and caregivers, if you would like to join us on future trips (we will have more of them this year!) and have not filled out Level 1 or Level 2 volunteer paperwork, please consider doing so soon and not just before our next event. To be a Level 2 (ability to be left alone with a child, such as driving them), it takes several weeks for the information to come back to us as it involves getting fingerprinted. Not waiting until the last minute helps us all ensure that everything is in place when it's time for the trip :). We LOVE having parent and family volunteers join us!

I hope you enjoy the long weekend with your children—it looks like it's going to be peak foliage in many parts of our state, including our area. Please remember that Monday is a holiday and there will be no school. Also, please remember that picture day is next Thursday for all of our students.

Best,
Alicia

2022-2023 EMES Family Newsletter

Alicia Lyford, Principal

Upcoming Dates to Note:

- ⇒ Mon, Oct 10: Indigenous Peoples' Day—no school
- ⇒ Thur, Oct 13: Lifetouch Picture Day
- ⇒ Tues, Oct 18: PTNO Meeting at EMES 7pm
- ⇒ Wed, Oct 19: WCUUSD Board Meeting at U-32 6pm
- ⇒ Fri, Oct 28: Monster Mash 6-8p
- ⇒ Wed, Nov 2: WCUUSD Community Forum at U-32 6pm
- ⇒ Fri, Nov 11: Parent/Teacher Conferences—no school
- ⇒ Wed, Nov 16: WCUUSD Board Meeting at U-32 6pm
- ⇒ Tue, Nov 22: PTNO Meeting at EMES 7pm
- ⇒ Wed, Nov 23—Fri, Nov 25: Thanksgiving break—no school
- ⇒ Fri, Dec 2: EMES Music concert for Grades K-4 2:30pm
- ⇒ Tue, Dec 6: WCUUSD Chorus/Band Concert at U-32
- ⇒ Wed, Dec 7: EMES Harvest Feast (more details to come!)





East Montpelier soccer players had an opportunity to play at Norwich University this past week. Norwich players and coaches ran the clinic and hosted games. What a great opportunity for our players!



EMES students recently filled our tree in the lobby with our big woodchips. As part of our all-school celebration, each student got their own Fox t-shirt. Students were excited to have some fox-gear of their own!



Makerspace 2022-2023

What is Makerspace? Makerspace is a time for students to explore and create for themselves. Each Makerspace session will focus on creating using specific materials and will run about 5 to 6 weeks and are open to 2nd, 3rd, or 4th grade students. The Unified Arts teachers are organizing and managing Makerspace this year.

When is Makerspace? Makerspace will meet in the EMES Library on Wednesdays at lunch and recess.

How do Students Join? Each Makerspace session can have about 15 students participate. Students who are interested should sign up for their first choice and second choice. Students (or teachers) can use the [google form linked here](#) and posted on the library website under Makerspace to indicate their preferences.

Session1: Cardboard construction and Pop-up Paper Cards

Oct 5 to through Nov 9

Teachers: Ms. Mishkin and Arlyn

Open to students in 2nd and 3rd grades

Session 2: Making Board Games

Nov 16 to Dec 21

Teachers: Ms. Langevin and Arlyn

Open to students in 3rd and 4th grades

Rotation 3: Sewing, Knitting, and Needle Felting

January 11 to February 15

Teachers: Arlyn and Ms. Campbell

Open to students in grades 3 and 4

Rotation 4: Cardboard Construction and Puppets

March March 8 to April 12

Teachers: Arlyn and Ms. Langevin

Open to students in grades 2nd, 3rd and 4th

Rotation 5: Dreamcatchers and Fairy Houses

May 3 to May 31

Teachers: Mr. Blanchard and Ms. Mishkin

Open to students in grades 2nd, 3rd and 4th

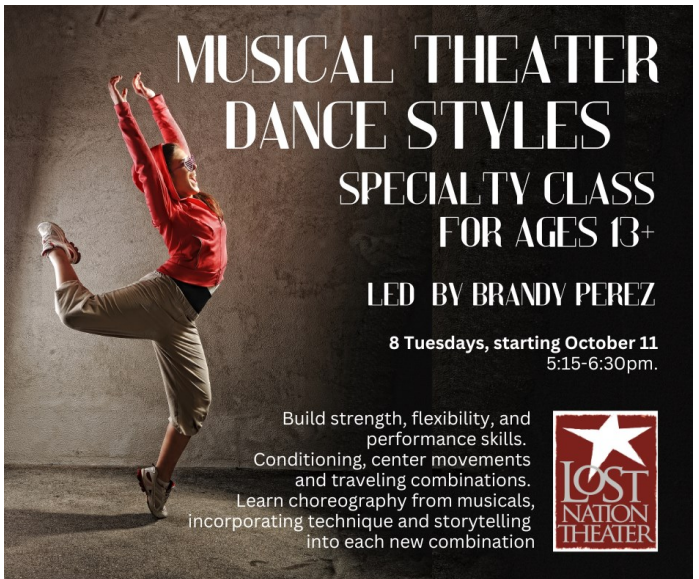




**THEATRICAL
PLAY
FOR
CREATIVE
KIDS**

**led by Kathleen Keenan
& Brandy Perez**

Fun Intro Class!
Acting, Singing, Dance
for ages 6-8
Sat's: Oct 29-Nov 12
10:15am-12:15pm

**MUSICAL THEATER
DANCE STYLES**

**SPECIALTY CLASS
FOR AGES 13+**

LED BY BRANDY PEREZ

**8 Tuesdays, starting October 11
5:15-6:30pm.**

Build strength, flexibility, and
performance skills.
Conditioning, center movements
and traveling combinations.
Learn choreography from musicals,
incorporating technique and storytelling
into each new combination



Broadway Here I Come!

specialty movement class for age 9-12

led by Brandy Perez

Step out of the audience and onto
the stage for this fun class!

Dance to Broadway show tunes.
Build needed strength
for dancing safely
Learn steps
combination
& how to use
movement
to tell a story



**8 Tuesdays, starting Oct 11
4:00-5:00pm.**



Join us for
Peck Farm Orchard's

Trunk or Treat

When: Saturday, October 29th, 6-8pm

***Fireworks by Northstar when darkness falls**

Where: 750 Sibley Road, East Montpelier

Wear: Your Halloween best

*https://www.gofundme.com/f/tom-kayla-for-donating-the-fireworks-show?utm_source=customer&utm_medium=copy_link&utm_campaign=p_cf+share-flow-1

The U-32 affiliated Mini Metro basketball program is looking for players in grades 4-6 for the upcoming Mini Metro boys basketball season. Games are on Sundays, starting November 6 and running until February 19. Game sites are often as close as Spaulding or Crossett Brook or sometimes in the greater Burlington area. We hope to begin practicing one or two nights a week (location TBD) in mid-October up until Thanksgiving break. There would be no practices after that, just games. Cost will be determined once we know the numbers. We are also looking for a coach for this team.

We need a certain number of players to be able to field this team. The sooner we know that we have the numbers the sooner we can start pulling everything together. Interested players (or a coach) should contact Jack Zeilenga, Blue Raider Mini Metro Administrator, at jack.zeilenga@vermont.gov or text 802-595-4381 to be added to the roster.





Get your costumes ready
because the

MONSTER MASH

IS FRIDAY OCTOBER 28!!!

6-8PM

Games from 6-7, Dance from 7-8

\$10/family suggested donation

All Proceeds go to support the EMES PTNO

*** All students must be supervised by an adult and please
no scary costumes/masks or weapon accessories. **If you are
wearing something scary you may be asked to remove it.**

we are looking for volunteers for the evening. If you would like to help out
please let me know. Return form to office

----- I can provide something for the snack table.

----- I can volunteer at a game. You will have students to help you.

----- I can help at the snack station.

Name: _____ Email: _____



OCTOBER 2022

East Montpelier Elementary School

All students eat free.
Adult Breakfast \$4.00
Adult lunch \$5.50

Monday

Cheese Ravioli **3**
Marinara

Sandwich of the day:
Turkey & Cheese

Tuesday

Nacho Tuesday **4**
seasoned beef, cheddar, sour
cream, salsa

Sandwich of the day:
Tuna Salad

Wednesday

Fish Sticks **5**

Sandwich of the day:
Ham & Cheese

Thursday

All School Hike **6**
Bagged Lunches
If it is raining, we will do
the menu from October
14

Friday

No **7**
School

No **10**
School

Chicken Ramen **11**
Vegetable Ramen

Sandwich of the day:
Tuna Salad

Chicken Tenders **12**
Oven Fries

Sandwich of the day:
Ham & Cheese

Pizza **13**
Cheese, pepperoni,
chicken bacon ranch
Sandwich of the day:
Egg Salad

Mackenzie Hot **14**
Dogs
WG Roll
Sandwich of the day:
TBD

Chicken Noodle Soup **17**
Manghi's rolls

Sandwich of the day:
Turkey & Cheese

Taco Salad **18**
seasoned beef, cheddar, sour
cream, salsa, lettuce
Sandwich of the day:
Tuna Salad

Mashed **19**
Potato Bar

Sandwich of the day:
Ham & Cheese

Brunch For **20**
Lunch
Sandwich of the day:
Egg Salad

Tomato Basil **21**
Flatbread
Sandwich of the day:
TBD

Grilled Cheese **24**

Sandwich of the day:
Turkey & Cheese

Taco Tuesday **25**
Hard or soft shell, seasoned beef,
cheddar, sour cream, salsa
Sandwich of the day:
Tuna Salad

WG Chicken Nuggets **26**
Tater Tots

Sandwich of the day:
Ham & Cheese

Homemade **27**
Spaghetti O's
Sandwich of the day:
Egg Salad

Anything **28**
Goes

Spooktacular **31**
Lunch

Sandwich of the day:
Turkey & Cheese



This institution is an equal opportunity provider

Menu Subject to Change

Vegetarian option available daily, students and staff need to order vegetarian.

Salad Bar, Fresh Fruit and Milk offered Daily

Breakfast served daily: choice of Cereal, Bagel, Muffin, and Special Entree